

.47 First Aid and CPR.

A. An operator shall arrange the staffing pattern so that the center has in attendance at all times at least one individual who is responsible for supervision of children, including children engaged in an activity away from the premises of the center, who holds a current certificate indicating successful completion of approved:

- (1) Basic first aid training through the American Red Cross, or a program with equivalent standards; and**
- (2) Cardiopulmonary resuscitation (CPR) training through the American Heart Association, or a program with equivalent standards, which is appropriate to all child age groups for which the center is approved.**

INTENT: A child care center must be prepared at all times to give appropriate emergency assistance to a child in care who becomes injured or needs resuscitation.

INSPECTION REPORT ITEM: "Certified staff in attendance as required"

COMPLIANCE CRITERIA:

- There is at least one center employee present at all times who is currently certified in approved first aid and CPR (see list of approved sources under Notes below).
- Both certifications are appropriate to all ages of children approved for care in the center.
- The CPR certificate states "successful completion" of requirements.

ASSESSMENT METHOD:

- Identify the certified employee(s) present at the time of inspection and verify that both of the person's certifications are current and appropriate.
- Review the current staffing pattern and activity schedule to determine whether a properly certified employee is present at all other times (including during off-site activities).

Notes:

The approved first aid and CPR certification sources shown below were current as of the date this Manual was completed. It is possible that additional certification sources may have been approved since then. If an operator is considering enrolling one or more center employees in a first aid or CPR course that is certified by a source not listed below, the operator should first check with the OCC Regional Office to determine if that source is approved by OCC.

- For first aid training, currently approved certification sources include the following:
 - American Lifeguard Association
 - American Red Cross
 - American Safety and Health Institute
 - Anne Arundel Community College
 - E.M.S Safety Services
 - EMT Certification
 - Medic First Aid
 - National Safety Council
 - URSUS Lifesavers and Aquatics
- For CPR training, currently approved certification sources include the following:
 - American Heart Association
 - American Lifeguard Association
 - American Red Cross
 - American Safety and Health Institute
 - E.M.S. Safety Services
 - EMT Certification
 - Medic First Aid
 - National Safety Council
 - URSUS Lifesavers and Aquatics

B. Effective July 1, 2000, an operator of a center with an approved capacity of more than 20 children shall have in attendance, in a ratio of at least one staff member for every 20 children present, staff members who are currently certified in approved first aid and CPR as specified in §A of this

regulation.

INTENT: Larger numbers of children increase the likelihood that two or more children may experience an emergency at the same time. Therefore, it is necessary to have a sufficient number of properly certified staff present to ensure that multiple emergencies can be attended to immediately.

INSPECTION REPORT ITEM: "Certified staff in attendance as required"

COMPLIANCE CRITERIA: In a center with an approved capacity of more than 20 children, there is at least one properly certified staff member for every 20 children present (including children participating in an off-site activity), or fraction thereof.

ASSESSMENT METHOD: After identifying the certified staff member(s), observe to verify that the required ratio is met. If observation is not possible, review the staffing pattern and activity chart to verify that the required ratio is met.

C. An operator shall maintain first aid supplies, as required by the office, conveniently accessible for each group of children at the center and on field trips.

INTENT: There must be an adequate supply of appropriate first aid supplies immediately available at all times for use in the event of injury to a child.

INSPECTION REPORT ITEM: "First aid supplies"

COMPLIANCE CRITERIA:

- There is a first aid kit maintained at the center which contains all items required by the office and which is readily accessible to center staff.
- Either this kit is portable for off-site activity use, or there is another similarly equipped kit for off-site use.

ASSESSMENT METHOD:

- Observe to verify the existence of the first aid kit, the appropriateness of its contents, and its accessibility to center staff.
- If a similar kit is maintained for off-site use, conduct similar observations with regard to that kit.

Notes:

- Items required by the office are specified in OCC's "[First Aid Supply List](#)," which is included as Appendix A-18 of this Manual.
- Syrup of ipecac should not be maintained at the facility and may not be given to a child to encourage vomiting after swallowing a poisonous substance. Vomiting will usually not help a child who may have been poisoned. Also, syrup of ipecac may interfere with the effectiveness of other anti-poisoning treatments currently used in many hospital emergency rooms. If a child ingests a toxic substance, center staff should immediately call the Maryland Poison Control Center (1-800-222-1222). However, if the child is convulsing, has stopped breathing, or has become unconscious, center staff should immediately call 911.