

# Maryland State School Health Council: Executive Committee Meeting

## MEETING INFORMATION

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Date: 4/17/19

Attendees:

Time: 2:00pm-3:00pm

Location: 1<sup>st</sup> Floor Conference Room  
737 West Lombard Street  
Baltimore, MD 21201

Call-in Information: 1-866-453-8413  
Code: 1880729



## MEETING MINUTES

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### I. Introductions (5 minutes)

### II. Webinar Planning (20 minutes)

1. Wednesday April 24<sup>th</sup>, 3:30 PM – 4:30 PM
  - i. Topic: Social & Emotional Climate.
  - ii. Poll Discussion (to discuss below)
  - We have three speakers lined up:
    - CASEL, Baltimore City Office of the Whole Child, and Brooke Torton.
    - Lea Jaspers will possibly moderate.
2. June Topics discussion: Family Engagement
  - i. June 6, 2019, 3:30 – 4:30PM
  - ii. Speaking Ideas:
    1. Family Engagement Toolkit
    2. Extension could talk about Family Engagement for the summer.
    3. Summer meals for families.
  - iii. Should cover Smart Snack Standards in October
  - Highlight family engagement initiatives.
  - Megan will talk to Sam and Bruce for ideas (where/how to locate summer meals – apps, websites, etc)
  - Perhaps a Food Services Director that already has a presentation to show how they deliver meals?

### III. SHIP Preconference Planning (20 minutes)

1. Tuesday, August 6<sup>th</sup> 2019
2. Initial ideas: **Pre-Conference Agenda (see meeting notes for further topic ideas)**
  - 9:00am – 9:30am Registration
  - 9:30am – 10:00am – Introduction – Invite someone to do the introduction
  - 10:00am -12:00pm –Building School Health Council Capacity
    - 1 hour Panel
    - 1 hour small group activity
  - 12:00pm – 1:00pm Lunch Speaker on Legislative Process in Maryland
  - 1:00pm - 3:30pm Hot Topics in School Health
3. Webinar Poll Questions
4. Preconference planning committee:
  - i. LEA Representative

- ii. Kristi sent out minutes from 1<sup>st</sup> meeting, along with a doodle poll for the next call. Please let us know what date works, if you're interested.
- 5. Will have a Save the Date slide during April webinar.
- 6. Other ways to promote.
  - **OBJECTIVE : Capacity Building for LSHC (LEA Level)**
  - Best practices on enhancing LSHC – needs to be communicated to LSHC's that aren't there yet.
  - Morning: Gallery walk or interview piece – Reaching Schools and supporting through Funding and Resources
    - LSHC's that are reaching schools through Principals, Parents or Student. (Howard, Kent, Anne Arundel)
    - LSHC's that have been able to visit every school (Calvert, Anne Arundel, Montgomery)
    - Paid wellness teams in every school (Prince Georges , Annapolis High School's Wellness Coordinator)
    - Parent Engagement/ leveraging the parents for the right initiatives – have a parent talk about their involvement in a school and what's changed bc of it.
    - How to find funding opportunities to support at a school level.
    - Resource: Score Card
    - Follow up with a worksheet – currently doing, topics discussed (check boxes), etc.
    - Will develop an action plan and specific steps on how to achieve goals/increase capacity.
  - Lunch discussion – 20 minutes on skills-based health education (Lea)
  - Pair and Share at end of day with something they will take back from the interview piece.

**IV. Future meeting agendas (5 minutes):**

- 1. AHA Voices for Healthy Kids. – Save for 2019-2020 School Year.

**V. Standing Agenda Items (10 minutes)**

- 1. Efforts for the 2019-2020 school year.
  - i. Healthy Schools Award.
  - ii. Building the Executive Committee and the broader MSSHC membership.
    - Should invite new members to preconference.

**VI. Other New Business/ Open Mic**

Updated poll for April webinar:

Connected ●

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Poll Questions:

1. How interested are you in attending the MSSHC SHIP Pre-Conference on August 6th?

- A. Very likely
- B. Would possibly consider
- C. Not likely to attend

2. What topics would you like to see at the SHIP Pre-Conference Workshop? (Select All that Apply)

- A. E-cigarettes/ Tobacco
- B. Food Fundraisers
- C. Health Literacy
- D. Opioids
- E. Mental Health
- F. Physical Activity in the Classroom
- G. Recess
- H. Restorative Practices/ Alternative Discipline
- I. School Safety
- J. Suicide Prevention

3. Other topics you would like to see considered for the SHIP Pre-Conference Workshop?

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Question

Type:  ▼

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Answer

Record individual responses

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