

## Advisory Council on Health and Physical Education – Fall 2021

Monday, October 18th

11 am – 1 pm

Virtual

### Attendees

Jason Semanoff - Maryland State Department of Education

Lea Jaspers - Maryland State Department of Education

James Knauss - Maryland State Educators Association

John White - APE Steering Committee

Dennis Frazier - Maryland Association of Counties

Brian Griffith - SHAPE Maryland

Deb Marcus - Anne Arundel County Public Schools

Michelle Proser - Baltimore County Public Schools

Bill Keswick - Talbot County Public Schools

Matt Golonka - Charles County Public Schools

Nick Thompson - Wicomico County Public Schools

Kristi Pier - Maryland Department of Health

Eric Bishop - Howard County Public Schools

Nana Donkor - Prince George's County Public Schools

Ellie Mitchell - MOST Network

Cara Grant - Co Chair, Montgomery County Public Schools

Christiana Walsh - Co Chair, Anne Arundel County Public Schools

Daniel Griffin - Level the Playing Field

Tracey Leonard - Allegany County Public Schools

Rebecca Aiken - Garrett County Public Schools

Josh Gabrielse - Baltimore City Public Schools

Jim Barry - Institutions of Higher Education

Members of the Public – None

### Notes

11:00 Greetings & Introductions

11:15 SHAPE America & SHAPE Maryland Updates, Brian Griffith

- State Convention - Canceled. Shifted to regional PD opportunities and will partner with LSSs and institutions of higher education.
- Many leadership opportunities to join the SHAPE Maryland board and serve in other capacities.
- The national HE & PE standards are under revision.
- The national convention will take place in New Orleans, LA - April 26-30.
- Leveling the Playing Field has been helpful at providing equipment around Maryland

11:25 LSS Highlight - [Physician Letter](#), Christiana Walsh

- The form helps providers identify what the student is or is not physically capable of doing so teachers can provide the appropriate modifications and adaptations as required by COMAR

- The medical care provider can choose from a list of activities - “No restrictions, Modify, and Omit.”
- This form is not for short-term illnesses (one to two weeks)
- Cara Grant shared [Montgomery County Public School’s form](#)
- Discussed how the form is used and strategies for dissemination
  - Many LSSs ask the school nurses to distribute the form
- Can physicians have the form on hand and complete it as needed to speed up the process?

11:35 Maryland Department of Health, Kristi Pier

- [Maryland Walkability Virtual Walking Academy](#)
  - They are seeking applications from interdisciplinary community teams, which could be governmental or non-governmental organizations, to participate in the Maryland Walkability Virtual Academy (Maryland WVA) to increase walking and walkability in their communities. Must be submitted by November 5th.
  - The purpose of the academy is to prepare interdisciplinary teams from Maryland communities to pursue policy, systems, and environmental (PSE) supports for walking and walkability with an anticipated start of January 2022
  - Defined activities - an example would be a path that connects a local library to a school.
  - Can accept up to 10 teams in the academy.
- Joint commission request (JCR) MDH worked with MHEC on chronic disease in higher ed. Kristi will send the report to the council.

11:45 Maryland State Department of Education

- Physical Education Updates, Jason Semanoff
  - [PE COMAR](#) was adopted in July 2021
    - Defined participation requirements
    - Defined assessments
    - Created an “action plan” for students temporarily unable to participate
  - MSDE is proposing changes to the fitness and athletic equity report. The office accountability would like to include a data set on the number of students who receive adapted PE services on their IEP.
  - Online APE courses have been well attended.
  - Physical Education Framework Phase 3 will include assessments, a list of critical elements, and potentially remove the GLOs that do not align with the updated COMAR. A workgroup will be created this winter to get those documents published this Spring.

- Summer 2022 Teacher Workshop - Create additional cognitive and affective assessments
- Create a “myths and facts” or “FAQ” document to define high-quality PE further
- Create a Maryland specific observation form for administrators
- Discussed the recently updated [Covid-19 Guidance](#) document
  - The document as written is helpful!
- Health Education Updates, Lea Jaspers
  - High School [Graduation Requirements](#) are changing. An additional .5 credit of health education will be required.
  - A Scope and Sequence for Health I and II anticipated in the next 30-60 days. Local school systems can utilize this document to update the high school curriculum to meet the [Maryland Health Education Framework](#) and graduation requirements.
  - Online Health - MSDE is working on a contract to develop an online health education course locals can use for graduation credit with high school students.
  - There are new online teacher training modules for health education. Currently, there is an elementary drug prevention education and an elementary sexual abuse and assault prevention module. There are secondary versions of these modules coming soon.
    - To access the modules - Go to the [MSDE Canvas homepage](#).
    - Select Educator Resources → Health Modules
  - Discussion
    - Parent talking points for the opt-out would be helpful.
    - Dual enrollment - How will that be scheduled given the increased graduation requirements? PGCPs and MCPs participate in dual enrollment. BCPS is phasing out dual enrollment.
    - There are not enough certified health education applicants to fill the current and increasing positions.

12:05 Break

12:10 Institutes of Higher Education, Jim Barry and Lea Jaspers

- Towson - Combined H/PE program will likely not be ready until 2023
- Loyola - Working with Lea and others to develop an MAT concentration for Health Education
- Salisbury - Working on a Health Education Minor. Then possibly a MAT in Health Education. Looking to host a virtual job fair type event with all LSS supervisors and IHE
- UMGC - Lea is exploring a possible Health Education MAT with the Program Director of Education
- UMD - Cara has advocated for a dual MCERT in HE and PE as well as a standalone MCERT in HE
- Frostburg - Program changes are in process. Planning to offer a health education track that may expand the pool of candidates who can become certified in health education. Planning to recruit from the nursing program and others.

*There are no graduate pathways in the state of Maryland for health education. There is only one undergraduate program at Frostburg. As we try to expand the pool of qualified health education teachers, we need programs in Maryland.*

- *How are locals recruiting for health education positions?*
  - Discussed separating job applications for health and physical education and hosting internal hiring fairs
  - Discussed the lack of [IHE for HE](#) compared to other subject areas
  - How can we recruit HS students to join the profession?

#### 12:20 Council Business

- Selected a new Co-Chair - Christiana Walsh (vote 12-0-1)
- Discussed LSS data on their HS Health and PE credit requirements and elective offerings
- New State Superintendent - In the past, we met with the superintendent or designee. Participants completed a Padlet to discuss potential meeting topics. The results can be found on page 5.
- Next meeting - Hybrid - Monday, May 16th from 11-1 PM @ Community Place, Crownsville

#### 12:40 All Member Update

- None

#### 12:55 Public Comment

- None

#### Action Items

1. Ask MSDE Superintendent Choudhury to write a letter to IHE asking to expand health education teacher preparation pathways.
2. Ask members to provide data on high school Health I and II implementation with course titles.
3. Ask members to provide data on the different funding sources and amounts local school systems use to support their health and PE programs.