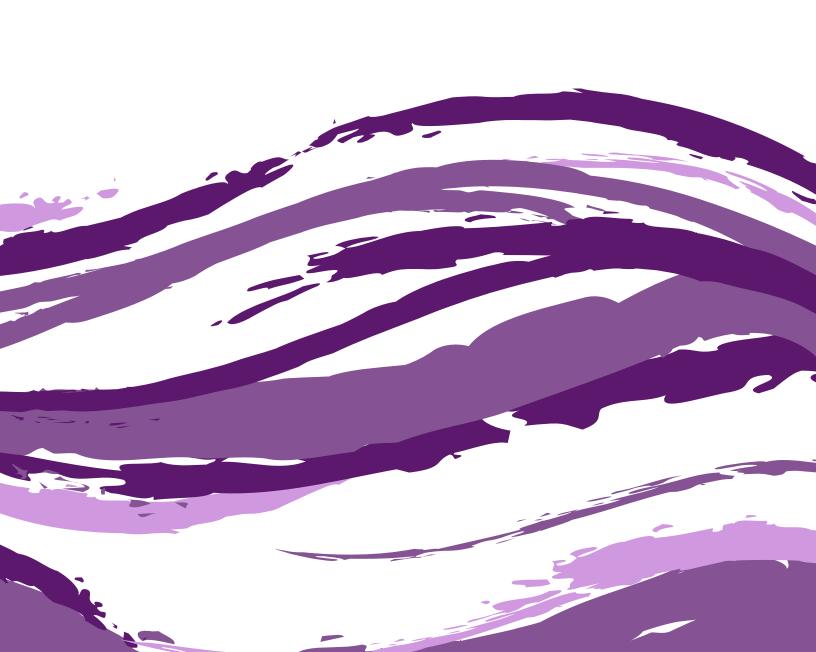
# POSTVENTION RESOURCES IN MARYLAND

RESOURCES FOR AFTER A SUICIDE-LOSS



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# **Western Maryland**

Alle	egany	Cour	ity

Organization

Villa Maria Behavioral Health

**Meeting Times** 

Monthly on the last Tuesday at 5:30pm

**Support Group** 

**Phone** 

667-600-2118

**Address** 

308 Virginia Avenue Cumberland, MD 21502

Organization

Western Maryland Health System

Hotline

**Crisis Line** 240-964-1339 (call this number for immediate crisis support)

Hours

Hotline operates 24/7.

## **Frederick County**

## Organization

Mental Health Association of Frederick County

Adult group for suicide loss survivors. New members may join at any time but please call prior to attending for information.

**Meeting Times** 

Second Monday of the month from 7 pm to 8:30 pm

Cost

None

**Support Group** 

**Contact** 

Suzi Borg or Nancy Miller

301-663-0011 sborg@fcmha.org nmiller@fcmha.org

**Address** 

263 W. Patrick Street

	Frederick, MD 21701
	Website
	www.fcmha.org/how-we-help/support-groups
	Organization
	Hospice of Frederick County
	Psychoeducational support group for adult survivors of suicide loss that is
	limited to several times a year. Bereavement camp for ages 6-14 for loss of a
	loved one that is offered twice a year.
Support Group	Cost
	None
	Phone
	240-566-3030
	Website
	www.hospiceoffrederick.org/Grief-Loss.aspx
	Organization
	Whole Heart Grief and Life Resource Center
	Offers support groups, one on one coaching, and a resource center for those
Support Group	grieving the loss of a loved one.
	Dhawa
	<b>Phone</b> 800-682-0585
	Organization
	Mental Health Association of Frederick County
	Offers a walk-in behavioral health center for individuals to meet with crisis
	specialists. Open 7 days a week.
	Hotline
Crisis Line	211 press 1 or 1-866-411-6803 (call this number for immediate crisis support)
	Address
	226 S. Jefferson Street
	Frederick, MD 21701
	Website
	Website www.fcmha.org/how-we-help/24-hour-mha-call-center
	www.iciiiia.org/now-we-nerp/24-nour-nina-can-center

## **Garrett County**

## Organization

**Garrett County Sunrise Support Group** 

Support group for anyone who has suffered the loss of a friend or relative from suicide. Members must be at least 15 years old.

## **Meeting Times**

First Thursday of the month from 6:30 pm to 8 pm

## **Support Group**

Cost

None

#### **Phone**

301-359-0177

## Website

www.garretthealth.org/download/588

## **Washington County**

## Organization

**Hospice of Washington County** 

Survivors of Suicide

## **Meeting Times**

Meeting are held during a 6 week, closed-ended support group at various times throughout the year. Please call for information.

#### Cost

None

## **Support Group**

## Contact

Cathy Campbell 301-791-6360

cmcampbell@hospiceofwc.org

#### Address

747 Northern Avenue Hagerstown, MD 21742

## Website

www.hospiceofwc.org/grief-support/bereavement-services

## **Central Maryland**

## **Anne Arundel County**

Organization

The Chesapeake Life Center

Offers grief counseling, grief support groups, family-centered grief support,

and bereavement camps. Registration is required for all groups.

**Contact** 

410-987-2129

Support Group griefinfo@chesapeakelifecenter.org

**Address** 

90 Ritchie Highway Pasadena, MD 21122

Website

www.hospicechesapeake.org

Organization

Anne Arundel County Mental Health Agency

**Hotline** 

**Crisis Line** 410-768-5522 (call this number for immediate crisis support)

**Hours** 

Hotline operates 24/7. Mobile crisis team operates 10 am to 12 am from

Sunday to Thursday and 10 am to 2:30 am on Friday and Saturday.

## **Baltimore County**

## Organization

**Baltimore County Crisis Response** 

Provides mobile crisis services, mental health urgent care appointments (clients seen within 48 hours), critical incident stress management, community education, and in-home intervention team.

**Hotline** 

410-931-2214 (call this number for immediate crisis support)

**Crisis Line** 

**Hours** 

Call center operates 24/7. Mobile crisis operates 10 am to 1 am 7 days a week.

Phone

410-931-2116

#### Website

www.thesantegroup.org/baltimore-county-crisis

#### Organization

**SEASONS Suicide Bereavement Support Group** 

The group is open for suicide loss survivors. New members may join at any time.

## **Meeting Times**

Monthly on the third Tuesday of the month from 7:30 pm - 9:30 pm

## Cost

None

## **Support Group**

## **Contact**

John Buck or Linda Buck

410-683-0159

<u>jbuckaroo@comcast.net</u> lindabuck@comcast.net

## **Address**

St. Paul's Lutheran Church (Spangler Hall) 1609 Kurtz Avenue Lutherville, MD 21093

## Organization

Art for Life

The group is intended for survivors of suicide loss and survivors of suicide attempts. The group is open and new members may join at any time but registration is required. Art skills are not necessary.

## **Meeting Times**

First Sunday of the month from 1 pm to 3 pm Third Sunday of the month from 1 pm to 3 pm

## **Support Group**

## Cost

Suggested donation of \$20

## **Contact**

Julia Anderson 410-627-9668

andersenjulia2@gmail.com

## **Address**

Baltimore County Arts Guild 1101 Maiden Choice Lane Baltimore, MD 21229

#### Website

www.afsp.org

## Organization

Artful Grief

Meetings are held twice a month; contact for more information. Individual appointments are scheduled as needed. New members may join at any time.

#### Cost

\$100 per individual session \$50 per group art therapy session

## **Support Group**

## Contact

Sharon Strouse 410-667-9384

devotion5@hotmail.com

## **Address**

10709 Pot Spring Road Cockeysville, MD 21030

## Website

www.artfulgrief.com

## Organization

**SOS Lighthouse** 

New members may join at any time.

## **Meeting Times**

First Tuesday of the month from 7:30 pm to 9 pm

## Cost

None

## **Support Group**

## **Contact**

Sharon Doughney 410-916-7175

sdoughney@gmail.com

Chris Bogdan 410-245-4695

soslighthouse@yahoo.com

## **Address**

St. John's Lutheran Church

The Smith Building 8808 Harford Road Parkville, MD 21234

## Organization

**SOS Baltimore Support Group** 

## **Meeting Times**

Second and fourth Tuesdays of the month from 7:30 to 9 pm

## Cost

None

## **Support Group**

#### **Contact**

sos@sosbaltimore.org

#### **Address**

Church of the Redeemer Grace United Methodist Church Baltimore, MD 21210

#### Website

www.sosbaltimore.org

## **Baltimore City**

## Organization

Baltimore Crisis Response, Inc.

Provides crisis hotline services including mental health crisis information and intervention, substance use counseling, suicide crisis intervention, shelter assistance and adolescence crisis intervention, mobile crisis services, and community crisis debriefing opportunities.

#### **Hotline**

## **Crisis Line**

410-433-5175 (call this number for immediate crisis support)

#### **Hours**

Call center operates 24/7. Mobile crisis operates 7 am to 12 am 7 days a week.

## Phone

410-433-5255

#### Website

www.bcresponse.org

## Organization

Baltimore Child and Adolescent Response System

Provides mobile crisis, emergency department diversion, community-based crisis services, urgent care clinic, short-term intensive individual/family therapy, psychiatric rehabilitation services, psychiatric assessment and medication management, and crisis response to Baltimore City Public Schools.

## Hotline

Hours

**Crisis Line** Call center operates 24/7.

**Phone** 

667-600-2880

**Address** 

1118 Light Street

Suite 200

Baltimore, MD 21230

Website

<u>www.catholiccharities-md.org/bcars-baltimore-child-adolescent-response-</u> system

## **Carroll County**

## Organization

"Triple S" – Suicide Loss Survivors and Overdose Support Group

This group is dedicated to helping loved ones who have lost a family member of friend to suicide or overdose. Light refreshments and snacks are served.

## **Meeting Times**

First and third Saturdays of the month from 11 am to 12:30 pm

Cost

**Support Group** 

**Crisis Services** 

None

Contact

Barbara Cataneo

410-795-2777 or 407-446-0590

bcataneo731@gmail.com

**Address** 

Wesley Freedom United Methodist Church

961 Johnsville Road Eldersburg, MD 21784

Organization

**Carroll County Crisis Services** 

Offers crisis hotline, mobile crisis services, critical incident stress management,

substance use services, and in-home intervention team.

**Hotline** 

410-952-9552 (call this number for immediate support)

#### **Hours**

Hotline operates 24/7. Mobile crisis team operates seven days a week between 9:00 am and 12:00 am.

## **Harford County**

## Organization

Harford County Office of Mental Health

Provides referrals and links to other community resources, such as inpatient treatment, mental health clinics, psychiatric rehabilitation, and case

management.

## Phone

## **Behavioral Health** Service

410-803-8726

## **Address**

2231 Conowingo Road Bel Air, MD 21015

#### Website

www.harfordmentalhealth.org/

## Organization

**Harford County Crisis Services** 

Provides mobile crisis, mental health outpatient services, walk-in mental health and substance use urgent care, and crisis residential beds for adults.

## **Hotline**

## Crisis Line, **Behavioral Health** Service

410-874-0711 or 1-800-NEXT-STEP (639-8783) (call these numbers for

immediate crisis support)

## **Hours**

Hotline and mobile crisis operate 24/7.

Mental health outpatient services and walk-in urgent care operate 7 days a week from 7 am to 7 pm.

## **Address**

802 Baltimore Pike, Suite A

Bel Air, MD 21014

#### Website

www.healthyharford.org/mental-health/harford-crisis-center

## **Howard County**

## Organization

**Grassroots Crisis Intervention Services** 

Provides call and chat crisis hotline, mobile crisis, walk-in counseling for individuals in need of immediate support, and short-term follow up.

## **Hotline**

410-531-6677 (call this number for immediate crisis support)

#### **Hours**

#### **Crisis Line**

Hotline operates 24/7. Mobile crisis operates Monday to Friday 8 am to 11 pm and Saturday and Sunday 9 am to 11 pm.

#### **Address**

6700 Freetown Road Columbia, MD 21044

## Website

www.grassrootscrisis.org/services/crisis-intervention/

## Organization

Compassionate Friends

## **Meeting Times**

First Thursday of the month at 7 pm

#### Phone

410-356-3374

## **Address**

## **Support Group**

St. John's Episcopal Church 9120 Frederick Road

Ellicott City, MD 21042

Meeting is in the auditorium. Look for the red double doors facing Frederick Avenue. Please note the chapter Facebook page for occasions when meetings are moved to Reflection Chapel.

## Website

www.TCFPatapscoValley.org

## Organization

Grassroots Crisis Intervention Center, Inc.

**Howard County Survivors** 

## **Meeting Times**

First and third Thursdays of the month

## Cost

None

**Support Group** Contact

Amanda Ganoe 410-531-6677

amanda@grassrootscrisis.org

**Address** 

6700 Freetown Road Columbia, MD 21044

Website

www.grassrootscrisis.org/services/crisis-intervention/

## **Southern Maryland**

## **Calvert County**

Organization

Calvert County Behavioral Health

Offers individual counseling (crisis and ongoing), peer support services, and psychiatric medication management. Walk-in or by appointment.

Phone

410-535-3079

**Behavioral Health** 

Service

**Address** 

280 Stafford Road Barstow, MD 20610

Four locations throughout the county: Chesapeake Beach, Prince Frederick,

Barstow, and Lusby.

Website

www.calverthealth.org

Organization

**Calvert County Hospice** 

Phone

410-535-0892

**Support Group** Address

238 Merrimac Court

Prince Frederick, MD 20678

Website

	www.calverthospice.org/#
	Organization
	Compassionate Friends Southern Maryland
	Meeting Times
	Fourth Monday of each month at 7:30 pm
	Contact Carol Paschall
Support Group	301-855-3068
Support Group	capaschall@gmail.com
	<u>capascrian@gman.com</u>
	Address
	Trinity United Methodist Church
	Rt. 231 East (Crossover Rt. 4)
	Prince Frederick, MD
	Website
	www.compassionatefriendssomd.com
	Organization
	NAMI Connection Recovery Support Group – Southern Maryland
	Meeting Times
	First and third Mondays of the month from 7:30 pm – 9 pm
	Contact
Support Group	301-399-4148
	namisouthernmaryland@gmail.com
	Address:
	St. John Vianney Church
	Basement 105 Viannov Lane
	105 Vianney Lane Prince Frederick, MD 20678
	Organization
	Crisis Intervention Center
Crisis Line	St. Sid Title Territori
	Hotline
	410-535-1121 (call this number for immediate crisis support)

	Charles County
	Organization University of Maryland Charles Regional Medical Center Provides emergency psychiatric services.
Hospital, Crisis Line	Hotline 301-609-4012 (call this number for immediate crisis support)
	<b>Phone</b> 301-609-4160
	Address 5 Garrett Avenue La Plata, MD 20646
	Organization Charles County Department of Health Mental Health Services Offers individual, group, and family psychotherapy in a variety of approaches, as well as psychiatric evaluations, medication management, and an anger management program.
Behavioral Health Service	<b>Phone</b> 301-609-6700
	Hours Monday to Thursday 8 am to 8 pm Friday 8 am to 5 pm
	Address 4545 Crain Highway White Plains, MD 20695
	Website www.charlescountyhealth.org/health-services/mental-health/
	Organization Operated by the Center for Abused Persons in Waldorf
Crisis Line	Hotline 301-645-3336 (call this number for immediate crisis support)
	Hours Hotline operates 24/7.
	Organization Compassionate Friends Southern Maryland
	Meeting Times Third Monday of each month at 7:30 pm

**Contact** 

Janet Sutton

**Support Group** 

301-932-7335

tcf\_somd@netzero.net

**Address** 

Good Samaritan Presbyterian Church

13025 Good Samaritan Drive

Waldorf, MD

Website

www.compassionatefriendssomd.com

## **Montgomery County**

Organization

Jewish Social Service Agency (JSSA)

Offers two support groups for suicide loss survivors, one for adults and one for

teens ages 14-17.

**Meeting Times** 

Twice monthly on Monday evenings

Cost

None

**Support Group** 

Contact

301-816-2708

elebedow@jssa.org

**Address** 

6123 Montrose Road Rockville, MD 20852

Website

www.jssa.org/get-help/counseling-and-support/suicide-grief-support/

Organization

**Caring Matters** 

Support groups for adult survivors of suicide loss. Registration is required

before attending.

**Meeting Times** 

Please call for meeting times and locations.

Contact

Support Group

Jim Rossi

301-990-0854

jimr@caringmatters.org

Address

518 S. Frederick Avenue Gaithersburg, MD 20877

Website

www.caringmatters.org/adult-grief-support

Organization

Yellow Ribbon Suicide Support Group

**Meeting Times** 

Please call for meeting times.

Cost

Support Group No

None

Contact

Mary McCausland or Debbie Scott

301-530-4761

yellowribbonmary@aol.com

**Address** 

10100 Old Georgetown Road

Bethesda, MD 20814

## **Prince George's County**

Organization

Circle of Love Suicide Support Group of Prince George's County

**Meeting Times** 

Second Monday of the month from 7 pm to 8:30 pm

Cost

Support Group

None

Contact

William and Naomi Powell 240-460-1452 or 301-249-3836 suicidesupportgroup@gmail.com

**Address** 

First Baptist Church of Highland Park Education Building, Room 116

6801 Sheriff Road Landover, MD 20785 Organization

Prince George's County Crisis Services

Offers crisis hotline, mobile crisis services, urgent care appointments for mental health, critical incident stress management, substance use services,

**Crisis Services** 

and in-home intervention team.

**Hotline** 

301-429-2185 (call this number for immediate support)

**Hours** 

Hotline operates 24/7. Mobile crisis team operates seven days a week between 10:00 am and 1:00 am.

**Phone** 

301-429-2183

**Address** 

4372 Lottsford Vista Rd Lanham, MD 20706

St. Mary's County

Organization

MedStar St. Mary's Hospital Hospice Bereavement Grief support groups for children, adolescents, and teens.

**Meeting Times** 

Please call for meeting times and locations.

**Support Group** 

Cost

Suggested donation if able

Phone

301-994-3078

Website

www.hospiceofstmarys.org/grief-support/

Organization

Pathways Inc.

Offers crisis intervention, psychiatry, counseling, and group therapy.

**Phone** 

Hollywood location: 301-373-3065 ext. 241 Lexington Park location: 301-373-3065 ext. 339

**Hours** 

Behavioral Health Hollywood location: Monday to Friday 8:30 am to 4:30 pm

Service	Lexington Park location: Thursday 9 am to 5 pm
	Address
	44101 Airport View Drive
	Hollywood, MD 20636
	, ,
	21155 Lexwood Drive
	Suite D
	Lexington Park, MD 20653
	Website
	www.pathwaysinc.org/index.html
	Organization
	Vesta Inc.
	Offers psychiatric rehabilitation, outpatient mental health clinic, and
	telepsychiatry.
	Phone
	301-863-4543
Behavioral Health	
Service	Hours
	Monday to Friday 8:30 to 5 pm
	Address
	46940 S. Shangri La Drive
	Suite 100
	Lexington Park, MD 20653
	Lexington Fark, IVID 20033
	Website
	www.vesta.org
	Organization
	Operated by the Walden Center
	Hotline
	301-863-6661 (call this number for immediate crisis support)
	TTY
Crisis Line	301-863-6664
	Hours
	Hotline operates 24/7.
	Website
	www.waldensierra.org/

## **Eastern Shore**

Carol	ine	Coui	nty

Organization

Caroline County Grief Support Group

**Meeting Times** 

Every Tuesday from 4 to 6 pm for eight weeks. Please call for schedule.

Cost

**Support Group** \$25 but no one will be turned away for inability to pay

**Contact:** 443-262-4108

wlarrimore@compassregionalhospice.org

**Address** 

St. Luke's United Methodist Church

100 S. 5<sup>th</sup> Ave Denton, MD

Organization

Caroline Behavioral Health Counseling and support groups.

Contact

410-479-3800 or 410-479-1882

**Behavioral Health** 

Hours

Service, Support

Monday to Friday: 8 am to 5 pm

**Group** Monday, Tuesday, and Thursday evenings by appointment only

**Address** 

606 Sunnyside Avenue Denton, MD 21629

Website

www.carolinehd.org

Organization

Corsica River

Offers crisis intervention, general mental health education, mobile treatment, urgent care appointments, walk-in, support groups, and dialectical behavior

therapy (DBT).

Contact

410-479-0511

Behavioral Health Service corsicaclinic@crmhsinc.com

**Hours** 

Tuesdays and Thursdays 8:30 am to 5 pm

**Address** 

322 N. Main Street Federalsburg, MD 21632

Website

www.crmhsinc.com/

Organization

For All Seasons, Inc.

Provides crisis intervention, urgent care appointments, youth mobile crisis stabilization services, counseling, support groups, and psychoeducational groups.

**Hotline** 

1-800-310-7273 (call this number for immediate crisis support)

**Hotline Hours** 

Hotline operates 24/7.

**Office Hours** 

Crisis Line, Behavioral Health Service Monday to Thursday 8 am to 5 pm

Friday 8 am to 4:30 pm

Monday to Friday evenings and Saturdays by appointment only

**Contact** 410-479-4788

blangrell@forallaseasonsinc.org

**Address** 

114 Market Street

Suite 207

Denton, MD 21629

Website

www.forallseasonsinc.org

## **Cecil County**

## Organization

Eastern Shore Crisis Response and Resource Helpline

Provides mobile crisis services, mental health urgent care appointments

Crisis Line	(clients seen within 24 hours), critical incident stress management, community education, in-home intervention services, and follow-up and services for up to one year following a referral and mobile crisis dispatch.
	Hotline
	1-888-407-8818 (call this number for immediate crisis support)
	Hours
	Call center and mobile crisis operate 24/7.
	Organization
	Sunrise Suicide Grief Support Group
	Sunrise group is open to new members.
	Meeting Times
	Monthly the second Tuesday of each month from 7 pm to 9 pm
	р поред
	Cost
Support Group	None
Support Group	Hone
	Contact
	410-658-2886
	mrmurray@zoominternet.net
	Address
	Shelemiah United Methodist Church
	357 Old Bayview Road
	North East, MD
	Organization
	Cecil County Public Schools Community Resource Guide Baltimore Chapter
Information and	Provides prevention, intervention, and postvention services and resources.
Referral	
	Phone
	410-321-7053
	Organization
	The Compassionate Friends Cecil County Chapter
	For parents who have experienced the death of a child.
Support Group	Tot parents who have experienced the death of a child.
Support Group	Contact
	Contact
	410-398-7378
	Theresalee.smith@hotmail.com
	Organization
	Upper Bay Counseling & Support Services
	Crisis intervention, urgent care appointments, mobile treatment team,
	psychoeducational groups, death and dying counseling, and art therapy.
	Contact
	410-620-7161 or 410-620-7168

info@upperbay.org

**Behavioral Health** 

Service

**Hours** 

Monday to Thursday 8 am to 6 pm

Friday 8 am to 3 pm

**Address** 

1275-B W. Pulaski Highway

Elkton, MD 21921

Website

www.upperbay.org

## **Dorchester County**

Organization

Community Behavioral Health

Counseling, support groups, psychoeducation, urgent care appointments, and

psychiatric rehabilitation programs.

Contact

844-223-5264 or 888-509-0010

info@communitybehavioralhealth.net

**Behavioral Health** 

Hours

Service

Monday to Thursday 8 am to 6 pm

Friday 8 am to 5 pm Please call for Saturday

**Address** 

426 Dorchester Avenue Cambridge, MD 21613

Website

www.communitybehavioralhealth.net

Organization

Corsica River Mental Health Services

Offers crisis intervention, general mental health education, mobile treatment, urgent care appointments, walk-in, support groups, and dialectical behavior

therapy (DBT).

Contact

443-225-5780

**Behavioral Health** 

Service

corsicaclinic@crmhsinc.com

**Hours** 

Monday to Thursday 8:30 am to 5 pm

Friday 8:30 am to 4 pm

**Address** 

502 Poplar Street Cambridge, MD 21613

## Website

www.crmhsinc.com/

## Organization

Eastern Shore Hospital Center

Provides crisis intervention, counseling, mental health support groups, pet assisted therapy, and psychoeducational groups.

#### Contact

410-441-2300 or 888-216-8110

## Hospital

**Address** 

5262 Woods Road PO Box 800 Cambridge, MD 21613

## Website

www.health.maryland.gov/ESHC

## Organization

For All Seasons, Inc.

Provides crisis intervention, urgent care appointments, youth mobile crisis stabilization services, counseling, support groups, and psychoeducational groups.

#### Hotline

1-800-310-7273 (call this number for immediate crisis support)

## **Contact**

Crisis Line, **Behavioral Health**  blangrell@forallaseasonsinc.org

Service

**Hours** 

Monday to Thursday 8 am to 5 pm

Friday 8 am to 4:30 pm

Monday to Friday evenings and Saturdays by appointment only

**Address** 

208 Cedar Street Cambridge, MD 21614

Website

www.forallseasonsinc.org

Organization

Warwick Manor Behavioral Health

Provides crisis intervention, hotline, trauma groups, psychoeducational groups,

support groups, dialectical behavior therapy (DBT), and counseling.

Contact

410-943-8108

**Behavioral Health** 

Hours

Service

Monday, Wednesday, and Friday 8 am to 5 pm

Tuesday and Thursday 8 am to 7:30 pm Weekend hours available as needed

**Address** 

3680 Warwick Road

East New Market, MD 21631

Website

www.warwickmanor.org

## **Kent County**

## Organization

**Eastern Shore Psychological Services** 

Offers psychiatric rehabilitation programs, counseling, support groups, death

and dying counseling, and psychoeducational groups.

**Phone** 

443-282-0102

**Hours** 

Behavioral Health Services Monday to Thursday 8 am to 8 pm

Friday 8 am to 6 pm

Saturday 8 am to 4 pm

**Address** 

315 High Street

Suite 201

Chestertown, MD 21620

Website

www.espsmd.com

Organization

For All Seasons, Inc.

Provides crisis intervention, urgent care appointments, youth mobile crisis stabilization services, counseling, support groups, and psychoeducational

groups.

Hotline

1-800-310-7273 (call this number for immediate crisis support)

**Hours** 

Crisis Line, Behavioral Health Services Hotline operates 24/7. Business hours are Monday to Thursday 8 am to 5 pm, Friday 8 am to 4:30 pm, and Monday to Friday evenings and Saturdays by appointment only.

Contact

410-778-5147

blangrell@forallaseasonsinc.org

**Address** 

516 Washington Avenue

Suite 4

Chestertown, MD 21620

Website

www.forallseasonsinc.org

Organization

Kent County Behavioral Health

Offers crisis intervention, urgent care appointments, counseling, death and

dying counseling, and support groups.

Phone

410-778-5783

**Behavioral Health** 

Hours

Service

Monday to Thursday 8 am to 6 pm

Friday 8 am to 5 pm

**Address** 

300 Scheeler Road Chestertown, MD 21620

Website

www.kenthd.org

## **Queen Anne's County**

Organization

**Compass Regional Hospice** 

HALOS (Healing After a Loved One's Suicide)

**Meeting Times** 

Second Wednesday of the month from 6:30 pm to 8:30 pm

Cost

None

**Support Group** 

Contact

Rhonda Knotts 443-262-4109

rknotts@compassregionalhospital.org

**Address** 

255 Comet Drive Centreville, MD 21617

Website

www.compassregionalhospice.org/hopeandhealing/index.html

Organization

Community Behavioral Health

Offers counseling, support groups, psychoeducation, urgent care appointments, and psychiatric rehabilitation programs.

Contact

844-224-5264 or 888-509-0010

info@communitybehavioralhealth.net

Behavioral Health Service

**Hours** 

Monday to Thursday 8 am to 6 pm

Friday 8 am to 5 pm Please call for Saturday

**Address** 

142 Coursevall Drive Centreville, MD 21613

Website

www.communitybehavioralhealth.net

Organization

Corsica River Mental Health Services

Offers crisis intervention, general mental health education, mobile treatment, urgent care appointments, walk-in, support groups, and dialectical behavior therapy (DBT).

**Contact** 

410-827-6300

corsicaclinic@crmhsinc.com

Behavioral Health

Hours

Service

Monday to Thursday 8:30 am to 5 pm

Friday 8:30 am to 4 pm

**Address** 

206 Del Rhodes Avenue

Suite 203

Queenstown, MD 21658

Website

www.crmhsinc.com/

Crisis Line, Behavioral Health Service Organization

For All Seasons, Inc.

Provides crisis intervention, urgent care appointments, youth mobile crisis stabilization services, counseling, support groups, and psychoeducational groups.

**Hotline** 

1-800-310-7273 (call this number for immediate crisis support)

**Hotline Hours** 

Hotline operates 24/7.

**Office Hours** 

Monday to Thursday 8 am to 5 pm

Friday 8 am to 4:30 pm

Monday to Friday evenings and Saturdays by appointment only

Contact

410-822-1018

blangrell@forallaseasonsinc.org

**Address** 

300 Talbot Street Easton, MD 21601

Website

www.forallseasonsinc.org

Organization

Anne Arundel Counseling

Offers urgent care appointments, death and dying counseling, support groups,

and psychoeducational groups.

**Contact** 

410-768-5988

info@annearundelcounseling.com

Behavioral Health Service

**Address** 

633 Railroad Avenue Centreville, MD 21617 101 Log Canoe Circle

Suite C3

Stevensville, MD 21666

Website

www.annearundelcounseling.com

## **Somerset County**

## Organization

**Eastern Shore Psychological Services** 

Provides psychiatric rehabilitation programs, counseling, support groups,

death and dying counseling, and psychoeducational groups.

Contact

410-651-4200

infoprincessanne@espsmd.com

**Behavioral Health** 

Hours

Service

Monday to Thursday 8 am to 8 pm

Friday 8 am to 6 pm Saturday 8 am to 4 pm

**Address** 

11120 Somerset Avenue Princess Anne, MD 21853

Website

www.espsmd.com

## **Talbot County**

## Organization

Shattering the Silence

The group meets during a specific timeframe during the year. Please call for more information. Registration is required.

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## **Meeting Times**

Tuesdays from 6:30 pm to 8:30 PM

Cost

**Support Group** 

None

Contact

Becky Demattia, LCSW-C

410-822-6681

bdemattia@talbothospice.org

## **Address**

Talbot Hospice House 586 Cynwood Drive Easton, MD 21601

## Organization

Survivors of Suicide Victims Support Group

## **Meeting Times**

Second and fourth Tuesdays of the month from 6:30 pm to 8 pm

## **Support Group** Contact

Tina Mills 410-822-0444

#### **Address**

Talbot Hospice House 586 Cynwood Drive Easton, MD 21601

## Organization

Corsica River Mental Health Services

Provides crisis intervention, general mental health education, mobile treatment, urgent care appointments, walk-in, support groups, and dialectical behavior therapy (DBT).

## Contact

410-745-8028

corsicaclinic@crmhsinc.com

## **Behavioral Health**

Service

#### **Hours**

Tuesday 8 am to 4:30 pm

Wednesday by appointment only

#### **Address**

933 S. Talbot Street St. Michaels, MD 21663

## Website

www.crmhsinc.com/

## Organization

**Eastern Shore Psychological Services** 

Offers psychiatric rehabilitation programs, counseling, support groups, death and dying counseling, and psychoeducation groups.

## **Contact**

410-822-5007

infoeaston@espsmd.com

## **Behavioral Health**

Service

## **Hours**

Monday to Thursday 8 am to 8 pm

Friday 8 am to 6 pm Saturday 8 am to 4 pm

#### **Address**

29250 Canvasback Drive Easton, MD 21601

#### Website

www.espsmd.com

## Organization

For All Seasons, Inc.

Offers crisis intervention, urgent care appointments, youth mobile crisis stabilization services, counseling, support groups, and psychoeducation groups.

## **Hotline**

1-800-310-7273 (call this number for immediate crisis support)

## **Hours**

## Crisis Line, Behavioral Health Service

Hotline operates 24/7. Business hours are Monday to Thursday 8 am to 5 pm, Friday 8 am to 4:30 pm, and Monday to Friday evenings and Saturdays by appointment only.

## Contact

410-822-1018

blangrell@forallaseasonsinc.org

## **Address**

300 Talbot Street Easton, MD 21601

## Website

www.forallseasonsinc.org

## Organization

**Balance Point** 

Grief counseling and equine assisted psychotherapy.

## Contact

Brighton Laznovsky, CHT, LCADC, LCSW-C

443-786-2768

b.laznovsky@gmail.com

**Behavioral Health** Ann Wilson, LCSW-C

**Service** 410-310-3403

annhwilson@gmail.com

**Hours** 

By appointment only

**Address** 

408B N. Washington Street

Easton, MD 21601

Organization

Kim Chase, LCSW-C

Death and dying counseling.

Contact

Kim Chase 410-725-6965

kimchasetherapist@gmail.com

**Behavioral Health** 

Service Hours

By appointment only

**Address** 

21 N. Hanson Street

Suite 99

Easton, MD 21601

Website

https://kim-chase-lcsw-c.business.site/

## **Wicomico County**

Organization

Community Behavioral Health

Provides counseling, support groups, psychoeducation, urgent care

appointments, and psychiatric rehabilitation programs.

Contact

844-224-5264 or 888-509-0010

info@communitybehavioralhealth.net

**Behavioral Health** Hours

Service Monday to Thursday 8 am to 6 pm

Friday 8 am to 5 pm Please call for Saturday

**Address** 

809 and 821 Eastern Shore Drive

Salisbury, MD 21804

## Website

www.communitybehavioralhealth.net

## Organization

**Eastern Shore Psychological Services** 

Offers psychiatric rehabilitation programs, counseling, support groups, death and dying counseling, and psychoeducation groups.

## Contact

410-334-6961

infosalisbury@espsmd.com

## **Behavioral Health**

## Service

## **Hours**

Monday to Thursday 8 am to 8 pm

Friday 8 am to 6 pm Saturday 8 am to 4 pm

## **Address**

1113 Healthway Drive Salisbury, MD 21801

## Website

www.espsmd.com

## Organization

**Lower Shore Clinic** 

Provides mobile treatment, same day access, urgent care appointments, counseling, psychoeducation groups, and dialectical behavior therapy (DBT).

## Phone

410-341-3420

## Hours

## **Behavioral Health**

#### Service

Monday and Thursday 8 am to 8 pm Tuesday and Wednesday 8 am to 5 pm

Friday 8 am to 4 pm

#### **Address**

505 E. Main Street Salisbury, MD 21804

## Website

www.lowershoreclinic.org

## Organization

Life Crisis Center

	Hotline
	410-749-HELP (4357), 211, or 1-800-273-TALK (8255) (call these numbers for
Crisis Line	immediate crisis support)
CHSIS LINE	illinediate crisis support)
	Hotline Hours
	Hotline operates 24/7.
	Houme operates 2 1/71
	Website
	www.lifecrisiscenter.org
	Organization
	Life Crisis Center
	Offers an 8 week support group for suicide attempt survivors.
	Contact
Support Group	Donna Leffew
Support Group	
	410-749-0771 ext. 114
	dleffew@lifecrisiscenter.org
	Website
	www.lifecrisiscenter.org
	Organization
	Life Mark
	Offers a 7 week support group for those dealing with a death of a loved one.
	Meeting Times
	Please call for meeting times and locations.
	<b>G</b>
	Cost
	\$30 per session
Support Group	
	Contact:
	Heather Radish
	443-859-8584
	Address
	116 W. Main Street
	Suite 204
	Salisbury, MD 21801
	Website
	www.lifemark.pro/group-sessions
	Organization
	Bethany Lutheran Church
	Griefshare is a 13 week video seminar on grief recovery and a support group
	for anyone that has lost a loved one.
	Meeting Times

Wednesdays from 1 pm to 3 pm

**Support Group** 

Cost

\$15 registration fee

Contact

Linda Balfany 410-742-1737

balsany@comcast.net

Organization

Coastal Hospice & Palliative Care

**Meeting Times** 

Fridays at 1 pm

Contact

Nicole Long 443-614-6142

**Support Group** 

**Address** 

**MAC Center** 

900 Progress Circle Salisbury, MD 21804

Website

www.coastalhospice.org/how-we-help/hospice-programs-help/bereavement-

support/

## **Worcester County**

## Organization

Worcester County Health Department

Offers crisis intervention, psychiatric mobile response teams, urgent care appointments, walk-in, death and dying counseling, counseling, and psychoeducation groups.

## Contact

410-629-0164 (Berlin)

410-957-2005 (Pocomoke City)

**Hours** 

Monday to Friday 8 am to 5 pm

Behavioral Health Service Evenings and Saturdays by appointment only Pocomoke Health Center is closed on Fridays

**Address** 

Berlin Health Department

9730 Heathway Drive Berlin, MD 21811

Pocomoke Health Center 400 Walnut Street

Pocomoke City, MD 21851

#### Website:

www.worcesterhealth.org

## Organization

Worcester County Health Department and the Jesse Klump Memorial Fund Survivors of suicide support group.

## **Meeting Times**

Third Wednesday of the month from 6 pm to 7:30 pm

## Cost

Contact for information.

## **Support Group**

## **Phone**

410-629-0164

## Contact

Kim Klump 410-726-3090

kak2522@yahoo.com

#### **Address**

9730 Healthway Drive Berlin, MD 21811

## Website

www.worcesterhealth.org

## Organization

Life After Loss Support Group

## **Meeting Times**

Fourth Wednesday of the month from 6:30 pm to 8 pm

## Cost

None

## Contact

## **Support Group**

Gail Mansell 410-641-9725

gmansell@atlanticgeneral.org

**Address** 

Atlantic General Hospital Conference Room 1 9733 Healthway Drive Berlin, MD 21811

Website

www.atlanticgeneral.org/events-calendar/event-details/?event=8009

## Other

## Statewide

## Organization

American Foundation for Suicide Prevention Healing Conversations Program Peer support volunteers who are also suicide loss survivors provide support in person, by phone, or video call.

## **Peer Support**

Contact

Natalie Hung 667-401-2193

hccmaryland@afsp.org

## Website

www.afsp.org/find-support/ive-lost-someone/healing-conversations/

## Organization

Maryland's Helpline

#### Hotline

211 press 1 or text 898-211

## **Crisis Line**

## **Hotline Hours**

Hotline operates 24/7.

## Website

www.211md.org

## **Other Resources and Toolkits**

## Organization

American Foundation for Suicide Prevention List of books for suicide loss survivors.

## **Resource Guide**

## Website

www.afsp.org/find-support/ive-lost-someone/resources-loss-survivors/books-

	loss-survivors/
	Organization
	Suicide Prevention Resource Center, Education Development Center, and
	American Foundation for Suicide Prevention
	The real real action for sale active resembles
Toolkit	After a Suicide: A Toolkit for Schools
Toomic	Tyter a saleact Troomity or schools
	Website
	https://www.sprc.org/resources-programs/after-suicide-toolkit-schools
	Organization
	A Higher Education Mental Health Alliance Project
Toolkit	Postvention: A Guide for Response to Suicide on College Campuses
	Website
	http://hemha.org/wp-content/uploads/2018/06/jed-hemha-postvention-
	guide.pdf
	Organization
	Maryland Suicide Prevention and Early Intervention Network (MD-SPIN)
Fact Sheet	What Survivors of Suicide Want You to Know
	Website
	https://bit.ly/2xOnpMp
	Organization
	Maryland Suicide Prevention and Early Intervention Network (MD-SPIN)
	,
Webinar	What Survivors of Suicide Want You to Know
	Triacountrions of Sundiac Transcrout to Milet
	Website
	https://csmh.adobeconnect.com/pkxa9bhr2ajn/?proto=true
	Organization
	Maryland Suicide Prevention and Early Intervention Network (MD-SPIN)
Webinar	ivial yland Sulcide i revention and Early Intervention Network (IVID-SPIN)
VVEDITIAI	Postuantian as Proventian, Supporting Suisida Loss Survivors
	Postvention as Prevention: Supporting Suicide-Loss Survivors
	Website
	https://www.youtube.com/watch?reload=9&v=Yh_wCilQJYA&feature=youtu.b
	<u>e</u>
	Organization
	American Association of Suicidology
_	
Resources	Books & Resources for Survivors
	Website
	https://www.suicidology.org/suicide-survivors/suicide-loss-survivors