

Maryland State School Health Council: Executive Committee Meeting

MEETING INFORMATION

Date: 1/15/2020

Attendees: Ann Kuhn, Beth Marshall, Erin Hager, Jasmia Shropshire, Jason Semanoff, Kristi Corona, Leslie Sessom-Parks, Lisa Lachenmayer, Marla Caplon, Nancy Lever, Rachel Deitch, Sara Booker

Time: 2:30pm-4:00pm

Location: President's Boardroom
University of Maryland, Baltimore
Saratoga Building, 14th Floor
220 Arch Street
Baltimore, MD 21201

Call-in Information:

Join by WebEx: <https://umaryland.webex.com/umaryland/j.php?MTID=m2380b243fad9fcc6163b61221ef10bd2>
Meeting number: 734 306 138 Password: MSSHC

Join by phone

+1-415-655-0001 US Toll

Access code: 734 306 138



AGENDA

I. Introductions & Overview of Meeting Purpose (Erin; 5 minutes)

- Meeting began with introductions from all attendees.

II. Follow-up from last meeting (Erin & LRC; 10 minutes)

1. Legislative update: e-cigarettes
 2. Op-ed: Washington Post
 3. Discussion
- Erin has drafted an Op-ed on the topic of vaping
 - Angle: How do we help those that already addicted?
 - To be submitted to the Washington Post.
 - Will get approval from necessary parties prior to submitting.
 - **ACTION ITEM: Tina to follow up regarding affiliation with MSSHC.**

III. Presentation: *Maryland Wellness Policies and Practices Project* (Erin & Jasmia; 30 minutes)

Handouts: Maryland Report

Erin Hager, PhD

*Associate Professor, University of Maryland School of Medicine
Chair, Maryland State School Health Council*

Jasmia Shropshire

*Project Coordinator
Maryland Wellness Policies & Practices Project*

- Erin reviewed the most recent MWPPP findings and shared the feedback session process to report back to school systems.

IV. Structured Discussion: 2020 SHIP Conference (30 minutes)

Handouts: 2019 Agenda, Discussion form

1. Recall: Feedback from 2019 (Kristi)
- Overall positive feedback!
 - Highlights: Panels, Gallery walk, Legislative Process.
 - Suggestions: more networking time, focus on vaping, more time during gallery walk.
 - Broke into groups for brainstorming session.
2. Conference Ideas (small groups):
 - i. General Themes/Topics

- Discuss how health departments collaborate with school systems when it comes to promoting physical activity.
 - Vaping - Perhaps have Dawn Berkowitz come present and pair with a gallery walk that provides resources for schools.
 - Concentrate on poverty grants through Kirwan – perhaps have schools who have already received concentration of poverty grants discuss what have done with the funding.
 - If majority of attendees came last year, do a School Health Council 201?
 - Physical activity break that can be taken back to schools
 - Have principal talk about what health and wellness has done for both the students and staff.
 - Legislative update – have separate discussion about what we can expect next year and what we can do to prepare.
 - Have round table discussions during lunch vs. a speaker?
 - Family and community engagement - panel discussion at minimum
- ii. Keynote speakers
- Someone from MSDE
 - Local school health council leader– speak about importance of leadership at a district level (superintendent)
- iii. Breakout sessions
- Do longer breakout sessions for gallery walk 10 minutes vs 5 minutes - gives extra time for networking.
 - Ways to encourage networking throughout the year – identifying networking strategies.
- iv. Dr. Lake Award Criteria
- System or state level
 - Legacy type award
 - Someone involved >5 years
 - Contributed to positive change
 - A role model for other school districts
 - Application: description of their impact in bullet points
 - Anyone in WSCC model focused on school health
 - Identify by June
- v. Other ideas
- Pre-action planning then also do something at the end of the conference like last year.
3. Reporting Out & Group discussion

V. General Updates: (Erin; 10 minutes)

1. Webinar and Executive Committee Schedules/ Membership Review
2. Dr. Lake Award Subcommittee Chair: Develop nomination process, review nominations, etc.
3. August In-Person Meeting at SHIP: First meeting in February

4. Others?

VI. Other New Business/ Open Mic (5 minutes)

2019-2020 MSSHC Executive Board Calendar

Month/Date	In-Person Meetings (general topics)	Webinar Topic	Speaker ideas/ comments
September 18 th 2:30-4:00pm	Recap/ set goals for 2019-2020		
October 30 th 3:30-4:30pm		<u>Community Involvement</u>	-Heidi Burke <i>Greater Rochester Health Foundation Rochester, NY</i> -Brian Griffith <i>Frederick County Public Schools</i>
November 20 th 2:30-4:00pm	E-Cigarettes: Presentations from Dawn Berkowitz and Brooke Torton		
December January 16 th		<u>Counseling, Psychological and Social Services</u>	Focus: Suicide Prevention -Holly Wilcox, PhD (JHSPH) -Carroll County Public Schools UMSOL partners- legislative session
January 15 th 2:30-4:00pm	MWPPP findings (Erin, Jasmia, others)		
February 25 th 3:30-4:30 <i>(tentative)</i>		<u>Physical Environment</u>	Focus: Water Access -CDC Water Access in Schools working group -Baltimore County Public Schools -UMSOL partners- legislative session update
March 18 th 2:30-4:00pm	Action Building Exercise: Part 1?		Idea: Spring activity- group model building with local school system partners
April Date TBD		<u>Health Services</u>	Tina is organizing- possibly tick-borne illnesses? UMSOL partners- legislative session update
May 20 th 2:30-4:00pm	Action Building Exercise: Part 2?		
June Date TBD		<u>WSCC model</u>	Idea: how to incorporate the whole model into your local school health council or school <i>(Speaker Ideas...)</i> Recess as a WSCC unifying practice: Gabby (NOPREN)
July	No meeting		
August	-----State-Wide Meeting at SHIP-----		