# Heroin and Opioid Education and Community Act of 2017 (HB 1082, Chapter 573) Start Talking Maryland

## Behavioral and Substance Abuse Programs and Services Workgroup

Friday August 25, 2017 9:00 a.m. to 11:30 p.m., 8<sup>th</sup> Floor, Conference Room 6 Nancy S. Grasmick State Education Building Maryland State Department of Education 200 West Baltimore St., Baltimore, MD 21201

**Purpose:** Chapter 573 requires the State Department of Education to convene a workgroup of local health officers, behavioral and substance abuse disorder counselors and therapists, representatives of the Maryland Association of Boards of Education, the Public School Superintendents Association of Maryland, the Maryland State Education Association, AFT-Maryland and other interested stakeholders to:

- Evaluate (Review) programs that provide behavioral and substance abuse disorder services in the public schools in the State
- Develop proposals to expand the programs evaluated (reviewed) to other jurisdictions (school systems), if appropriate, including recovery schools
- On or before December 2017 report its findings and recommendation to the General Assembly

#### Meeting #2

### **Meeting Outcomes:**

- Evaluate (Review) preliminary results of the survey of programs that provide behavioral and substance abuse disorder services in the public schools in the State
- Discuss the criteria and process for proposal to expand the programs evaluated (reviewed) to other jurisdictions (school systems), if appropriate, including recovery schools

### Agenda:

- Welcome, Introductions, Minutes and Agenda Overview (9:00 am 9:05 am)
- Purpose—Rationale, Activities, Outcomes (9:05 am-9:10 am)
- Overview of Behavioral Health Initiatives (9:10 am-9:30 am)

Shanna Wideman, M.A.

Chief, Child and Adolescent Substance Use Services

Behavioral Health Administration

• Curriculum and Instruction Update (9:30 am-9:50 am)

Kirsten Roller

**Health Education Specialist** 

Maryland State Department of Education

- Discussion /Reviewing programs and services data (9:50 am-10:15am)
- Criteria for expansion of programs (10:15am-10:45 am)

- Creating a template and process for review and expansion of programs (10:45 am-11:00 am)
- Public Comments (11:00 am-11:20 am)
- Wrap Up / Next Steps (11:20 am-11:30 am)

#### **Meeting Minutes:**

Members in attendance: Albert Zachik, Maryland Department of Health; Barbara Brookmyer, Frederick County Health Department; Denise Gomez, Family Services, Inc.; Earl Stoner, Washington County Health Department; Jenelle Meyer, Allegany County Health Department; Meenakshi Brewster, St. Mary's County Department of Health; Rebecca Bonner, The Bridge Way School; Lynne Muller, the MSDE; Reginald Burke, the MSDE; Jonathan Turner, the MSDE; Deborah Nelson, the MSDE; Maura Taylor, Maryland State Education Association; Ed Singer, Carroll County Health Department, Michelle Daley, the MSDE; Kara Aanenson, DJS

*Members of the Public:* Izzy Kovach, Michael Bucci, Patty Winters, Rachael Faulkner, Christina Arungura, Janice Royal, and Jen McLaughlin

#### Welcome, Introductions, Minutes and Agenda Overview

Dr. Muller welcomed the workgroup, fellow colleagues, and members of the public officially starting the meeting at 9:12 AM. Dr. Muller introduced colleagues from the Maryland State Department of Education (MSDE) and reminded everyone that the meeting was open to the public and was subject to the Open Meetings Act. Dr. Muller asked the workgroup to read over the meeting minutes from the first meeting in order to vote for approval. The workgroup reviewed the meeting minutes and voted to approve the meeting minutes from the first meeting.

Dr. Muller led a round of introductions for the entire workgroup.

#### Purpose—Rationale, Activities, Outcomes

Dr. Muller reviewed the purpose and focus of the workgroup citing the legislation from the Heroin and Opioid Education and Community Act of 2017. Dr. Muller reviewed the key tasks of the meeting with the workgroup.

# Overview of Behavioral Health Initiatives presented by Shanna Wideman, M.A., Chief, Child and Adolescent Substance Use Services Behavioral Health Administration

Shanna Wideman from the Behavioral Health Administration presented on Substance Use Programs and Initiatives for Youth Ages 12- 24. Key topics covered in Ms. Wideman's presentation include:

- Student Assistance Program (SAP) Teams
- SAP team training
- Maryland Behavioral Health for Adolescents and Young Adults Project (MD BHAY)
- Community-Based Medication Assisted Treatment (MAT)
- Adolescent Recovery Clubhouses

# <u>Curriculum and Instruction presented by Kirsten Roller, Health Education Specialist, MSDE</u>

Kirsten Roller from the MSDE presented on the Drug Education Prevention Program in Maryland. Key topics from Ms. Roller's presentation include:

- The State framework and health standards for health education
- Senate Bill 1060
- Heroin and opiate health education expansion for grades elementary through high school
- Age appropriate standards and curriculum
- Professional development reform and initiatives for teachers
- Curriculum and standard overviews for elementary, middle, and high school health education

#### Discussion / Reviewing Programs and Services Data

Dr. Muller shared data from the survey that was previously sent to the workgroup members and their colleagues. Key data points shared by Dr. Muller include:

- Type of programs
- Services provided in the school setting
- List of local education agencies (LEAs) where programs are being implemented
- Evidence-based programming
- Potential programs for expansion
- Barriers to expansion

Dr. Muller asked the workgroup to split up into smaller groups to develop criteria for the expansion of programs. She instructed each small group to develop five criteria for consideration. The small groups discussed the questions for fifteen minutes and then reported out to the entire workgroup for further consideration. Key criteria identified from the small group activity include:

- Research-based or evidence-based programs
- Programs that offer a continuum of services in a tiered approach
- Sustainability
- Integrated and collaborative models that include school-based staff and community partners
- Programs that have outcomes to gauge their effectiveness
- Programs that can reach a large population of students
- Fidelity

#### **Public Comments**

Dr. Muller asked the members of the public if any one wished to comment. Izzy Kovach, Patty Winters, and Mike Bucci from the Phoenix Rising Recovery School shared suggestions, considerations and thanks to the workgroup.

#### Wrap Up / Next Steps

Dr. Muller thanked the group for their participation and explained that future correspondence would be sent regarding the next meeting.

# **Adjournment**

Dr. Muller officially dismissed the workgroup at 11:31 AM.

**Next Meeting:** Thursday, September 7, 2017, 9:00 a.m.-11:30 a.m. Maryland State Department of Education, 8<sup>th</sup> Floor, Conference Room 4 (Topic: Programs for Expansion)

Workgroup Contact: Lynne Muller, lynne.muller@maryland.gov (410) 767-3364

The Workgroup on Behavioral and Substance Abuse Programs and Services is pleased to receive oral public comment at each of its meetings. The total time allotted to public comment will generally be limited to thirty (30) minutes. Individuals seeking to speak to the Workgroup will be given three (3) minutes each. Persons desiring to speak are asked to call (410-767-3678) or email (carol.beck@maryland.gov) to register to speak. Registration will be accepted on a first come, first served basis. In order to make the limited time available most effective, speakers are urged to provide multiple written copies of their comments or other material amplifying their views.

Upon request, appropriate accommodations will be provided for individuals with disabilities. To allow time to arrange accommodations, five (5) business days notice prior to the meeting is requested. Please contact Carol Beck at (410) 767-3678 or <a href="mailto:carol.beck@maryland.gov">carol.beck@maryland.gov</a> if you wish to request accommodations or have questions regarding the meeting.

For copies of agendas, minutes, and resources, please refer to the website for the Workgroup for Behavioral and Substance Abuse Programs and Services <a href="http://marylandpublicschools.org/programs/Pages/BSASW/index.aspx">http://marylandpublicschools.org/programs/Pages/BSASW/index.aspx</a>.