# THE ADVISORY COUNCIL ON HEALTH AND PHYSICAL EDUCATION

Christiana Walsh
Co-Chair
Carly Colman

Co-Chair

## **AGENDA:**

# Thursday, November 9th, 11 AM - 1 PM

In-Person | Arundel High School – Room F012 1001 Annapolis Rd. Gambrills, MD 21054

## **Greetings and Introductions**

Christiana Walsh and Carly Colman, Co-Chairs

- Meeting was called to order at 11:02 AM
- Roll call and member introductions
- Members broke off into small groups and, using Comchi cards, described an image or question that spoke to them.
- Reviewed the Spring 2023 minutes
  - Motion to approve Amy
  - Second Kilo Mack
  - Vote Approved
- Reviewed the Council's existing mission statement.
- Shared group "AEIOU" norms
- Modified the agenda due to a scheduling conflict The school visits were postponed to take place later in the meeting.

# **Maryland State Department of Education Update**

Jason Semanoff, Director of Comprehensive Health and Physical Education

- The health and physical education branch is now fully staffed with a director, a comprehensive health education coordinator, a standards-based physical education coordinator, and an operations coordinator.
- MSDE will host roundtables this summer to discuss the new health and PE standards and decide if and how to move forward
- Shared a draft version of the FAQ Document requested by the council and discussed the next steps.
  - MDAAP Does the State's opt-out policy (COMAR 13A.04.18.01D(2)(e)) contradict Maryland's Consent Laws, where a minor (i.e., a person under the age of 18) has the same capacity as an adult to consent to advice about venereal diseases, pregnancy, and contraception other than sterilization (Md. Code Ann., Health-Gen. II § 20-102(c)(1)-(5)).
    - Jason will seek clarification and will report his findings to the Council.

## **SHAPE Maryland & SHAPE America Update**

Brian Griffith, Executive Director

- Updating the Health and Physical Education National Standards Maryland has representation on both task forces. SHAPE America intends to publish the revisions at the National Convention in March.
- SHAPE Maryland and their awards committee honored many people at last month's banquet.
- Future fundraisers for the organization include a golf tournament on election day and encouraging teachers to host a Health.Moves.Minds or OneLove event at their school.
- Please encourage your teachers to submit a proposal for the 2025 national convention and seek assistance from SHAPE Maryland to strengthen it.

#### **Council Business**

Christiana Walsh and Carly Colman, Co-Chairs

• Council members broke off into small groups to discuss the previous years' goals and decide if they have been met and/or should be renewed or revised for the upcoming year.

# **All Member Update**

- MDH safe routes to school; YRBS data collection for Fall 2024.
- MSSHC Upcoming webinars and meetings

## **Public Comment**

None

### **Remarks**

Christiana Walsh and Carly Colman, Co-Chairs

- Survey/Evaluation
- Next meeting Friday, May 10, at Easton Middle School

## School Visit - Arundel High School

Christiana Walsh, Coordinator of Health, Physical Education, and Dance

- Health A and B
- Stretch Your Wellness, Strength and Conditioning, and Fitness for Life
- Group Discussion/Reflection