## Advisory Council on Health and Physical Education - Fall 2022

**Monday, October 17th, 11 AM – 1 PM**  
15 West Gude Drive, Rockville, MD – 3rd Floor Hoffman Room  
[meet.google.com/fms-iavs-zgs](meet.google.com/fms-iavs-zgs)

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| 9:00 - 10:30 AM | **School Visit – Optional**  
Julius West Middle School  
- Health and physical education classes |
| 11:00 AM      | **Greetings and Introductions**  
Cara Grant and Christiana Walsh, Co-Chairs  
- Welcome  
- Roll call and member introductions  
- Review and approve Spring 2022 minutes |
| 11:15 AM      | **Maryland State Department of Education Update**  
Jason Semanoff, Physical Education Specialist |
| 11:30 AM      | **SHAPE Maryland & SHAPE America Update**  
Brian Griffith, Executive Director  
- Professional development opportunities – [SHAPE Maryland Convention](#) |
| 11:40 AM      | **Local Education Agency Highlight – Wicomico County Public Schools**  
Nicholas Thompson, Supervisor of Instruction  
- Success story - Physical Education professional development  
- Opportunities to expand outdoor education |
| 11:50 PM      | **Advocates for Youth**  
Nora Gelperin, Director of Sexuality Education & Training  
- Best Practices when responding to community concerns  
- [Maryland 3Rs lessons](#) |
| 12:05 PM      | **Maryland Department of Health Update**  
Kristi Pier, Director Center for Chronic Disease Prevention and Control Prevention and Health Promotion Administration  
- [YRBS Data](#) |
| 12:15 PM      | **Council Business**  
Dr. Cara Grant and Christiana Walsh, Co-Chairs  
- Health education discussion  
  - Religious exemptions  
- Physical education discussion  
  - No waivers, substitutions, and/or exemptions  
  - Assessments and grading  
  - Best practices  
- Seeking nominations for Council leadership in May  
- Review action items for meeting with MSDE leadership |
| 12:45 PM      | **All Member Update** |
| 12:50 PM      | **Public Comment** |
| 12:55 PM      | **Closing Remarks**  
Dr. Cara Grant and Christiana Walsh, Co-Chairs  
- Next meeting – Hybrid – Monday, May 12th from 11-1 PM |