

Maryland State School Health Council: Executive Committee Meeting

MEETING INFORMATION

Date: 10/17/18

Attendees: Alicia Mezu, Brooke Torton, Caroline Green, Erin Hager, Katie Campbell, Kristi Corona, Lea Jaspers, Lisa Lachenmayr, Marl Caplon, Rachel Deitch, Megan Lopes, Nick Thompson, Donna Balado, Tina Backe

Time: 2pm-3pm

Location: 1st Floor Conference Room
737 West Lombard Street
Baltimore, MD 21201

Call-in Information: 1-866-453-8413
Code: 1880729



*ACTION ITEMS

AGENDA

I. Introductions (5 minutes)

II. Follow-up from last meeting's action items (5 minutes)

1. Tina to follow up with Tonia Ferguson about joining the MSSHC. **Tina followed up with Tonia. The group decided not to continue to pursue that connection.**
2. Lea will reach out to Lynn Muller – MSDE (Student Services).
3. Proposed changes to the Bylaws were sent out and we received a majority vote in favor of the changes.
4. *Save the Date* for Online Meeting was sent out to DL on 10/1. **Formal invite email was sent out 10/18.**
5. Sally will reach out to her contact that we can use as a resource for the Healthy Schools Award.

III. Presentation by Donna Balado, Environmental Literacy Specialist, Science, Green Ribbon Schools Program (Donna; 10 minutes)

- This process was initiated by US Dept of Education. Each state manages their own application process, reviews applications then submits to USDE to determine if it qualifies to be a US Green ribbon school.
- Applications are on MSDE Website's environmental page. Apps are prepared and then she supplies a deadline that will give her plenty of time to meet the USDE deadline.
- People of expertise review each segment, with at least 3 reviews per application.
- The reviewers send back rubric with their scores then it's a matter of numbers. There are no site visits for the evaluation.
- USDE only allows 5 applications. – Limit number of nominations/applications per county if we were to do a Healthy School Award?
- Green school is certification, Green Ribbon is recognition.
- Tips / things to think about:
 - i. Key is to give enough lead time for deadlines.
 - ii. What's in it for them? What value will this bring out schools?
 - iii. Connect to academic achievement?
 - iv. Find reviewers through connections and definitely need a champion for this program.
 - v. Should we tap into a national program (Once schools are Maryland Green Ribbon, they are then eligible to become National Green Ribbon)

IV. Healthy Schools Award (10 minutes)

1. Create plan- what information do we need?
 - i. Generate list of specific action items
2. Possible state funding
3. Anne Arundel's model: <https://www.aacps.org/Page/1284>
 - Survey members to see the need.
 - Need to determine motivators for schools to participate in program.
 - Is there a national award we could tap into?
 - What resources are available? With Maryland Green Ribbon Schools, they have the US Green Ribbon Schools Program/USDE as a resource.
 - MDH have anything similar?
 - Need to revisit this and keep as a standing agenda item.

V. Webinar Planning (15 minutes) *

1. October
 - i. Finalize Agenda
2. December *
 - i. Finalize topic: previously discussed "Employee Wellness"
 - ii. Identify potential speakers
 - iii. Choose date (8am) - Tuesday December 18, 3:30 PM – 4:30 PM
- Wicomico County -
 - i. Hired outside group to handle Employee Wellness incentives and emails sent out. The agency also works with HR since it relates directly to Health Insurance.
 - ii. Offer incentive to employees for participating in different events.
 - iii. Talk about evolution of their program and difficulties that they faced.
 - iv. Have a utilization fund with the idea that if they create an employee wellness program it will lower the cost of health insurance.
- Caroline county model (unique initiative)- funding insurance themselves and keep cost of insurance down by staying healthy.
- These programs are often driven from health insurance motivator but also look at as a change agent to have them be advocates for health and wellness initiatives and policies if they are healthier themselves.
- What is the message we want listeners to take away.
- Link between employee wellness and student wellness.
- Prince George's County?
- Be sure to show how these webinars are relating to MSSHC? Support and grow the capacity of local school health councils.

VI. Website (5 minutes) - * Need to have discussions about this – perhaps offline since we did not get to it during the meeting.

1. Need to figure out where the MSSHC website should be housed if not within UMB.

VII. Standing Agenda Items (10 minutes)

1. Building the Executive Committee and the broader MSSHC membership
2. Update on Secretary meeting
3. 2019 SHIP conference planning
4. Spending MSSHC budget in 2018-2019 (\$5000)

VIII. Other New Business/ Open Mic

To Discuss in November (11/21, 2-3pm)

1. Planning 2018-2019 Listening Sessions

- a. System-level supervisor meetings: Counsellors? Nurses? Food Service Directors?

2. Website content