

# Maryland State School Health Council State-Wide School Wellness Meeting

*Making Wellness Work: The Value of System-Level School Health Councils*

August 6<sup>th</sup>, 2019

## Speaker Contact List

### **Introduction and School Council Health 101:**

Erin Hager, PhD  
*Chair, Maryland State School Health Council*  
*Associate Professor, University of Maryland School of Medicine*  
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### **Advancing Population Health: The Role of Schools:**

Cheryl De Pinto, MD, MPH, FAAP  
*Director, office of Population Health Improvement*  
*Maryland Department of Health*  
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### **Physical Activity Break:**

Perri Carroll, MPH and Joy Lloyd-Montgomery, MPH  
*Wellness Specialists, Wellness Champions for Change*  
*University of Maryland School of Medicine*  
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### **Panel #1: Creative Strategies for Funding Wellness Champions in Schools**

Adrian B. Talley, Ed.D.  
*Director of Community Schools*  
*Prince George's County Public Schools*  
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Tamara J. Mills  
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Moderator: Lea Jaspers, M.A.  
*Health Education Specialist*  
*Maryland State Department of Education*  
*Vice President, Maryland State School Health Council*  
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## **Panel #2: Best Practices for Engaging Administrators, Teachers, and Staff to promote Health and Wellness**

Brian Griffith, M.Ed.

*Specialist for Secondary Health Education and Physical Education*

*Frederick County Public Schools*

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Marla Caplon, R.D., L.D.

*Wellness Coordinator*

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Maureen Grizio

*Health Education Resource Teacher*

*Health, Physical Education, & Dance*

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Stacy Mazcko, R.D.

*Food Service Specialist*

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Moderator: Tina Backe, M.A.

*Health Policy Analyst*

*Maryland Department of Health*

*Vice President, Maryland State School Health Council*

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## **Maryland's Legislative Process and Local Involvement**

Brooke Torton, JD

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Kerri Lowrey, JD

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## Gallery Walk

	Topic	Moderator/Speaker
1	Advocating for More Physical Education Time for Students	Nick Thompson <i>Supervisor of Physical Education, Health, and Family &amp; Consumer Sciences</i> <i>Wicomico County Public Schools</i> <a href="mailto:nthompso@wcboe.org">nthompso@wcboe.org</a>
2	Alternative Discipline and Restorative Practices	Kimberly A. Buckheit, M.Ed. <i>Specialist, School Completion and Alternative Programs</i> <i>Maryland State Department of Education</i> <a href="mailto:kimberly.buckheit@maryland.gov">kimberly.buckheit@maryland.gov</a>
3	Condom Distribution in Schools	Kerrie Wagaman RN, MSN, BSN, NCSN <i>Coordinator of Health Services</i> <i>Howard County Public Schools System</i> <a href="mailto:Kerrie_Wagaman@hcpss.org">Kerrie_Wagaman@hcpss.org</a>
4	Family Engagement for School System Wellness Promotion	Megan Lopes, MPH <i>Staff Specialist</i> <i>Maryland State Department of Education</i> <a href="mailto:megan.sweatlopes@maryland.gov">megan.sweatlopes@maryland.gov</a>
5	Supporting Schools to Successfully Engage Parents as Wellness Partners	Brittany Ledford <i>Mid-Atlantic State Coordinator</i> <i>Action for Healthy Kids</i> <a href="mailto:bledford@actionforhealthykids.org">bledford@actionforhealthykids.org</a>
6	Skills-based Health Education & Health Literacy	Brian Griffith <i>Specialist for Secondary Health Education and Physical Education</i> <i>Frederick County Public Schools</i> <a href="mailto:Brian.griffith@fcps.org">Brian.griffith@fcps.org</a>
7	Staff Resilience	Michelle Caruso, MPH, RD <i>Healthy Schools Program Manager, Mid-Atlantic Alliance for a Healthier Generation</i> <a href="mailto:michelle.caruso@healthiergeneration.org">michelle.caruso@healthiergeneration.org</a>
8	Wellness Awards	Maneka Monk <i>Senior Manager of Communications</i> <i>Anne Arundel County Public Schools</i> <a href="mailto:mmonk@AACPS.org">mmonk@AACPS.org</a>

## Group Activity/ Action Planning

Facilitator: Megan Lopes, MPH  
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