

# Maryland State School Health Council: Executive Committee Meeting

## MEETING INFORMATION

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**Date:** 9/18/19

**Attendees:** Alan Lake, Beth Marshall, Brian Griffith, Erin Hager, Jasmia Shropshire, Jason Semanoff, Kristi Corona, Laura Howard, Lea Jaspers, Leslie Sessom-Parks, Louise Fink, Marla Caplon, Megan Lopes, Melissa Beasley, Michelle Caruso, Nadja Agnew, Nancy Lever, Sally Nazelrod, Tina Backe

**Time:** 2:30pm-4:00pm

**Location:** President's Boardroom  
University of Maryland, Baltimore  
Saratoga Building, 14<sup>th</sup> Floor  
220 Arch Street

Baltimore, MD 21201

**Call-in Information:**

Via WebEx <https://umaryland.webex.com/umaryland/j.php?MTID=m69be7b2ca56422def5caab1c9eb32596>

Meeting number: 733 281 532 Password: MSSHC

Join by phone +1-415-655-0001, Access code: 733 281 532



## AGENDA

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### I. Introductions (5 minutes)

### II. WSCC Team Exercise (20 minutes)

1. Instructions (Erin)
2. Exercise (Everyone)

- **Group Exercise:**

- Two large WSCC Models were hung on the wall (one for each exercise).
- Exercise #1 MSSHC Board WSCC Representation: Attendees placed post-it with their name on the WSCC Components that they identify with/represent (1 Primary and 2-3 secondary).
- Exercise #2 School Health Issues in Maryland: Attendees placed post-it with what they believe to be school health issues in Maryland (1 Primary and 2 secondary).

### III. Recap of 2018-2019 School Year (Erin; 15 minutes)

1. Communication
  - i. Webinars
2. Networking
  - i. Meeting
  - ii. List of Leadership
3. Legislation
  - i. Partnership with UMSOL

- *PowerPoint presentation is attached.*

**IV. WSCC Team Exercise Wrap-up (Tina; 10 minutes)**

• Exercise Summary:

<b>WSCC Component</b>	<b>Board Representation weighted (primary = 2, secondary= 1)</b>	<b>Top health concern (pts) weighted (primary = 2, secondary = 1)</b>	<b>Top Health Concerns in Maryland</b>
Health Education	9	13	Health disparities, opioids(3), vaping, LGBTQ & health education, substance abuse(2), vaccines - HPV
Physical Education & Physical Activity	12	4	Lack of physical activity, obesity & related diseases (2), recess
Nutrition Environment & Services	13	2	Obesity, poor nutrition, food insecurity
Health Services	4	2	Chronic disease management
Counseling, Psychological, & Social Services	3	12	Access to mental health resources, equity SES/resources, improved referral mechanism, student mental health, poverty, collaboration
Social & Emotional Climate	7	10	LGBTQ, SEH violence “trauma”, safe & supportive spaces for young people, equity, mental health SEL (2), violence (all forms)
Physical Environment	1	4	Safety (2), facilities/lack of resources
Employee Wellness	3	2	Teacher stress, staff burnout/turnover & resilience
Family Engagement	1	2	Homelessness, integration of health into curriculum
Community Involvement	6	2	Social determinants that impact health outcomes and poverty, lack of implementation of wellness concepts
Overall	Not counted	4	Coordination of services, disparities

**V. Setting Goals for 2019-2020 (Tina; 15 minutes)**

- Jurisdictions not yet highlighted:
  - Alleghany, Baltimore City?, Calvert, Caroline, Carroll, Charles, Dorchester, Frederick, Garrett, St. Mary’s, Somerset, Talbot, Washington, Worcester
- Adding members/ special speakers to educate/ cover these areas?
  - Water – Baltimore County
  - Family Engagement Specialists (MSDE)
  - Early Childcare
  - Counseling, Psychological & Social Services (Nancy & Louise)
    - Montgomery County has an entire team with a SE & Mental health focus.
    - Louise has opioid video.
  - Vaping / Drugs health issues: Bring in a speaker for November Exec. Meeting to educate council on substance use prevention.
    - Focusing on the discipline component to vaping issue, but what are we doing for students with an addiction to these products?
    - Substance use prevention – opioids and vaping

Top 5 health concerns and our plans to cover it within the MSSHC:

1. Drugs – vaping, opioids
  - **Action Item:** speaker for November 20<sup>th</sup> meeting
2. Access to mental health resources
  - **Action Item:** Add to membership, wraparound social services
  - **Action Item:** See is Joanne would like to join MSSHC Executive Board.
3. Social/emotional learning, safe spaces.
  - Covered in 2018-2019 webinar series.
  - **Action Item:** *Possibly add onto one webinar.*
4. Physical Activity, Recess
  - Community involvement / Right to recess.
  - **Action Item:** Cover during October 30<sup>th</sup> webinar
5. Safety
  - **Action Item:** *to be discussed on a later date*

**VI. Plans for 2019-2020 (Erin; 20 minutes)**

1. Executive Board Meetings (see Table)
2. Webinars (see Table)
3. Subcommittees
  - i. Dr. Lake Award
  - ii. August Meeting
4. Additional plans to meet goals?

**VII. Other New Business/ Open Mic (5 minutes)**

## 2019-2020 MSSHC Executive Board Calendar

Month/Date	In-Person Meetings (general topics)	Webinar Topic	Speaker ideas/ comments
<b>September 18<sup>th</sup></b> 2:30-4:00pm	Recap/ set goals for 2019-2020		
<b>October 30<sup>th</sup></b> 3:30-4:30pm		<b><u>Community Involvement</u></b>	Erin is organizing <i>(Not confirmed)</i> - <b>Heidi Burke</b> (Chief Program Officer, Greater Rochester Health Foundation Rochester, NY - <b>Fredrick County Schools</b> -Add speaker to discuss right to recess. **Executive Board member to present?
<b>November 20<sup>th</sup></b> 2:30-4:00pm	Presentation from Voices for Healthy Kids and/or NY Well Campaign <i>Not confirmed</i>		-Speaker on substance abuse. -Overview of Senate Bill 1030
<b>December</b> <i>Date TBD</i>		<b><u>Counseling, Psychological and Social Services</u></b>	Lea/Alicia are organizing <b>UMSOL partners- legislative session preview</b> <b>Need Speakers</b>
<b>January 15<sup>th</sup></b> 2:30-4:00pm	Action Building Exercise: Part 1?		Idea: Spring activity- group model building with local school system partners
<b>February</b> <i>Date TBD</i>		<b><u>Physical Environment</u></b>	Erin is organizing <i>(Speaker Ideas... Not confirmed)</i> <b>Focus: Water Access</b> -CDC Water Access in Schools working group -Baltimore County Public Schools -UMSOL partners- legislative session update
<b>March 18<sup>th</sup></b> 2:30-4:00pm	MWPPP findings (Erin, Jasmia, others)		
<b>April</b> <i>Date TBD</i>		<b><u>Health Services</u></b>	Tina is organizing- School Health Services <b>UMSOL partners- legislative session update</b> <b>Presentation on school guidelines for children with health conditions?</b>
<b>May 20<sup>th</sup></b> 2:30-4:00pm	Action Building Exercise: Part 2?		
<b>June</b> <i>Date TBD</i>		<b><u>WSCC model</u></b>	Idea: how to incorporate the whole model into your local school health council or school
<b>July</b>	No meeting		
<b>August</b>	----- <i>State-Wide Meeting at SHIP</i> -----		