

Maryland State School Health Council: Executive Board Meeting

MEETING INFORMATION

Date: 9/15/2021

Attendees: Ann Kuhn, Kerri Lowrey, Lisa Lachenmayr, Nick Thompson, Nana Donkor, Arielle Juberg, Dawn Berkowitz, Erin Hager, Leslie Parks, Kristi Corona, Erin Hysom, Jason Semanoff, Lea Jaspers, Nancy Lever

Time: 2:30pm-4:00pm

Join Zoom Meeting:

AGENDA



I. Introductions (5 minutes)

II. Recap of 2020-2021 School Year (Erin; 15 minutes)

1. Goals

- i. Grow membership in the Executive Council of Local School Health Council members
- ii. Promote WSCC components during pandemic-schooling (in-person or online)

2. Accomplishments

Action planning:

- Set a goal to develop an academic product.
- Distributed 2nd Annual Alan Lake Award to Lisa Lachenmayr
- Communication strategy – webinars
- Networking:
 - Networking goal: SHIP 2021 Webinar around manuscript
 - Kristi will send out link to YouTube channel and post individual segments.
 - Collaboration
- Legislation – continued partnership with UMSOL
- Discussed webinars 2020-2021

III. Planning for 2021-2022 School Year (Erin; 35 minutes)

1. Updates

- New Vice Chairs:
 - Dawn Berkowitz – Maryland Medical Cannabis Commission, MDH
 - Leslie Sessom-Parks – Office of School and Nutrition Programs, MSDE
 - Thank you, Lea and Tina!
- Letter to State Superintendent
- Lake Award Nominations – *still open! Please consider nominating someone.*

2. Status of 2020-2021 goals

- Promote the WSCC Components during pandemic-schooling – met this goal through webinars and SHIP Conference segment
- Grow membership of executive board – should continue to focus on this goal in 2021-2022

3. Possible 2021 – 2022 goals

- Dawn Berkowitz presents on Substance Use During the Pandemic with 2021 YPBS-21 (Youth Pandemic Behavior Survey) data.
- Breakout Room #1: Structure Executive Council Meetings and Webinars around YRBS content areas in order to _____

- Discussion: to do what? How?
 - Substance Use (alcohol, tobacco, other drugs)
 - Mental Health
 - ACES
 - Risky sexual behaviors
 - Healthy Eating & Physical Activity
- Dawn's list:
 - Physical Health
 - Safety
 - Substance Use
 - Mental Health
 - Food Insecurity
 - ACES
 - COVID-19
- Discussion: complete list? Others?

Breakout Room #1: Erin Hysom, Jason, Lea, Nancy

- Using categories for health education framework standards: Look for disparities in all sections
 - Mental health and emotional health
 - Substance abuse prevention
 - Family life and human sexuality
 - Safety and violence prevention
 - Healthy eating
 - Disease prevention and control

Breakout Room #2: Arielle, Dawn, Erin Hager, Leslie

- What could the different webinars look like?
 - MSDE Resource – build webinar out around it with ACES framework around it
 - Substance Abuse – we can use our webinars with breakout rooms and small group discussions – translate framework into concrete goal
 - Use time in breakout rooms to come up with what school systems need around this framework.

Breakout Room #3: Ann, Kerri, Lisa, Nick

- Framing of the structure - looking at YRBS Data – how to use it
 - Teenagers
 - People being able to use it
 - Mental health
 - Employee health
 - Parent mental health

IV. Other New Business/ Open Mic (5 minutes)

- Let us know who we should invite from LSHC.
- We should reach out to LSHC to update list.
- SHAPE Conference is November 13th
- Involving youth on Executive Board in future

2021-2022 Webinars

Month/Date	Webinar Topic	Speaker ideas/ comments
October <i>Date TBD</i>		
December <i>Date TBD</i>		
February <i>Date TBD</i>		
April <i>Date TBD</i>		
June <i>Date TBD</i>		

2021-2022 MSSHC Executive Board Calendar

Month/Date	In-Person Meetings (general topics)	Webinar Topic	Speaker ideas/ comments
September 15th 2:30-4:00pm	Recap/ set goals for 2021-2022		
November 17th 2:30-4:00pm			
January 19th 2:30-4:00pm			
March 16th 2:30-4:00pm			
May 18th 2:30-4:00pm			
July	No meeting		
August	----- <i>State-Wide Meeting at SHIP</i> -----		