Maryland State School Health Council: Executive Board Meeting

MEETING INFORMATION
Date: 9/15/2021
Time: 2:30pm-4:00pm
Join Zoom Meeting:

AGENDA

I. Introductions (5 minutes)

II. Recap of 2020-2021 School Year (Erin; 15 minutes)
   1. Goals
      i. Grow membership in the Executive Council of Local School Health Council members
      ii. Promote WSCC components during pandemic-schooling (in-person or online)
   2. Accomplishments
      Action planning:
      • Set a goal to develop an academic product.
      • Distributed 2nd Annual Alan Lake Award to Lisa Lachenmayr
      • Communication strategy – webinars
      • Networking:
        o Networking goal: SHIP 2021 Webinar around manuscript
          ▪ Kristi will send out link to YouTube channel and post individual segments.
        o Collaboration
      • Legislation – continued partnership with UMSOL
      • Discussed webinars 2020-2021

III. Planning for 2021-2022 School Year (Erin; 35 minutes)
   1. Updates
      • New Vice Chairs:
        o Dawn Berkowitz – Maryland Medical Cannabis Commission, MDH
        o Leslie Sessom-Parks – Office of School and Nutrition Programs, MSDE
        o Thank you, Lea and Tina!
      • Letter to State Superintendent
      • Lake Award Nominations – still open! Please consider nominating someone.
   2. Status of 2020-2021 goals
      • Promote the WSCC Components during pandemic-schooling – met this goal through webinars and SHIP Conference segment
      • Grow membership of executive board – should continue to focus on this goal in 2021-2022
   3. Possible 2021 – 2022 goals
      • Dawn Berkowitz presents on Substance Use During the Pandemic with 2021 YPBS-21 (Youth Pandemic Behavior Survey) data.
      • Breakout Room #1: Structure Executive Council Meetings and Webinars around YRBS content areas in order to ________________
Discussion: to do what? How?

- Substance Use (alcohol, tobacco, other drugs)
- Mental Health
- ACES
- Risky sexual behaviors
- Healthy Eating & Physical Activity

Dawn’s list:

- Physical Health
- Safety
- Substance Use
- Mental Health
- Food Insecurity
- ACES
- COVID-19

Discussion: complete list? Others?

Breakout Room #1: Erin Hysom, Jason, Lea, Nancy

- Using categories for health education framework standards: Look for disparities in all sections
  - Mental health and emotional health
  - Substance abuse prevention
  - Family life and human sexuality
  - Safety and violence prevention
  - Healthy eating
  - Disease prevention and control

Breakout Room #2: Arielle, Dawn, Erin Hager, Leslie

- What could the different webinars look like?
  - MSDE Resource – build webinar out around it with ACES framework around it
  - Substance Abuse – we can use our webinars with breakout rooms and small group discussions – translate framework into concrete goal
  - Use time in breakout rooms to come up with what school systems need around this framework.

Breakout Room #3: Ann, Kerri, Lisa, Nick

- Framing of the structure - looking at YRBS Data – how to use it
  - Teenagers
  - People being able to use it
  - Mental health
  - Employee health
  - Parent mental health

IV. Other New Business/ Open Mic (5 minutes)

- Let us know who we should invite from LSHC.
- We should reach out to LSHC to update list.
- SHAPE Conference is November 13th
- Involving youth on Executive Board in future
## 2021-2022 Webinars

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<thead>
<tr>
<th>Month/Date</th>
<th>Webinar Topic</th>
<th>Speaker ideas/ comments</th>
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<tbody>
<tr>
<td>October</td>
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<td>December</td>
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## 2021-2022 MSSHC Executive Board Calendar

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<tr>
<th>Month/Date</th>
<th>In-Person Meetings (general topics)</th>
<th>Webinar Topic</th>
<th>Speaker ideas/ comments</th>
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<td>September 15th 2:30-4:00pm</td>
<td>Recap/ set goals for 2021-2022</td>
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<td>November 17th 2:30-4:00pm</td>
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<td>January 19th 2:30-4:00pm</td>
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<td>March 16th 2:30-4:00pm</td>
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<td>May 18th 2:30-4:00pm</td>
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<td>July</td>
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<td>August</td>
<td>------------------------State-Wide Meeting at SHIP------------------------</td>
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