

Maryland State School Health Council: Executive Board Meeting

MEETING INFORMATION

Date: 11/17/2021

Attendees: Erin Hager, Jason Semanoff, Dawn Berkowitz, Nancy Lever, Brooke Torton, Arielle Juberg, Denise Garman, Nick Thompson, Leslie Sessom- Parks, Ann Kuhn, Jamie Perry, Louise Fink, Alicia Mezu, Beth Marshall, Lisa Lachenmayr, Karen Siska-Creel

Time: 2:30pm-4:00pm

Join Zoom Meeting:



AGENDA

- I. **Introductions (5 minutes)**
- II. **Update on Youth Pandemic Behavior Survey (Board Member: Arielle Juberg, 10 minutes)**
 1. Discussion: should we structure our Executive Board Meetings and Webinars around YPBS priority areas?
 2. Possible webinar: How to use YRBS/YPBS data (~workshop)?
 - Arielle sharing new infographic.
 - YRBS is currently underway.
 - Sharing infographics as they come available.
 - For the detailed report, you can contact arielle.juberg@maryland.gov
- III. **Networking and Communications (20 minutes)**
 1. **Webinar Plans for 2021-2022**
 - i. November 30th 2:00pm: Trauma-Informed Schools from a Holistic View
 1. Sharing MSDE Report (Terrell Sample)
 2. Highlighting Carroll and Caroline Counties
 3. Distribute 3rd annual Alan Lake Award
 - ii. Off-Cycle: how to structure? n=4 for the year?
 1. January, March, May -OR-
 2. February, April, June
 - Thank you Leslie for organizing our upcoming Webinar!
 - Our webinars are slightly off cycle. Plans for structure of our upcoming webinars.
 - Quality over quantity.
 - We will be in touch through legislative tracker emails and can always do a brief Legislative session overview.
 - Deciding on topic areas
 - Topics for upcoming webinars (around YRBS topics?)
 - November: Trauma
 - Nikardi could cover the statewide data
 - Sharing data then find a resource to compliment the discussion
 - CDC: <https://www.cdc.gov/violenceprevention/aces/fundedresearch.html>
 - <https://www.cdc.gov/violenceprevention/aces/index.html>
 2. **SHIP Conference:**

- i. Revisit 2020 topic and agenda (health and academics)?
3. **Discussion: Increasing Social Media Presence**
 - Can schedule tweets in advance to send out.
 - Leslie has a social media person that might be able to help us learn.
 - Should consider our audience – Which is the best platform for us?
 - Systems and schools are our primary audience.
 - Perhaps look at school system’s websites and integrate that way.

4. **Discussion: Executive Board Growth**

- i. LSHCs and Youth
 - Send directed email to school systems that are not represented.
 - Mental health coordinator and food services should be on the LSHC.
 - We should have representation from all or most school systems.
 - Arielle – youth representation, perhaps young adults who are studying Physical Education

IV. Planning for 2022 Legislative Session (10 minutes)

1. Updates from Brooke Torton
2. LEA Priorities related to health?
3. Discussion: Ways for MSSHC to support health policies
 - Session will be virtual again this year. All virtual hearings through Zoom. You have to sign up two days in advance of the hearing. Times will not be as consistent. There is no guarantee that you will get to speak on the senate side.
 - With the house, there is an unlimited number of speakers that can speak.
 - Legal Resource Center will begin bi-weekly update calls in January.
 - Reach out to Brooke if you would like to receive the updates; btorton@law.umaryland.edu
 - Discussion between School Systems:
 - Per Jason: I think we are going to see a recess grant bill and the PE minutes bill again

V. Other Updates (5 minutes)

1. January 19th Executive Board Meeting: School Health and the Blueprint for Maryland’s Future
 - i. Dr. Jennifer Lynch, Blueprint Accountability Board
 - ii. MSDE Representative for Blueprint
2. Letter to State Superintendent: sent (need to follow-up)
 - i. To do: reach out to Secretary of Health?
 - In the Blueprint pertaining to Health Education other than that Health Education and Physical Education should continue as normal. There is a spot in the blueprint to increase planning time, perhaps this could be a spot for increased PE/PA .
 - <https://www.mabe.org/wp-content/uploads/2021/11/Blueprint-for-Marylands-Future-Overview-and-Updates-10-21-.pdf>
 - <https://www.mabe.org/adequacy-funding/>

VI. Open Mic (5 minutes)

2021-2022 Webinars

| Month/Date | Webinar Topic | Speaker ideas/ comments |
|------------------------------------|---------------|-------------------------|
| October <i>Date TBD</i> | | |
| December <i>Date TBD</i> | | |
| February <i>Date TBD</i> | | |
| April <i>Date TBD</i> | | |
| June <i>Date TBD</i> | | |

2021-2022 MSSHC Executive Board Calendar

| Month/Date | In-Person Meetings (general topics) | Webinar Topic | Speaker ideas/ comments |
|---|---|---------------|-------------------------|
| September 15th 2:30-4:00pm | Recap/ set goals for 2021-2022 | | |
| November 17th 2:30-4:00pm | | | |
| January 19th 2:30-4:00pm | | | |
| March 16th 2:30-4:00pm | | | |
| May 18th 2:30-4:00pm | | | |
| July | No meeting | | |
| August | ----- <i>State-Wide Meeting at SHIP</i> ----- | | |