MARYLAND STATE SCHOOL HEALTH COUNCIL

EXECUTIVE BOARD MEETING MINUTES: December 15, 1999

WELCOME AND CALL TO ORDER: The meeting was called to order by Council Chair, Eric M. Fine, M.D., at 1:00 p.m., at the Greenwood Office - Baltimore County Public Schools, Board Room A.

MINUTES: The minutes of the Executive Board Meeting of November 17, 1999, were approved as distributed.

TREASURER'S REPORT: Carol Dunlavey. The balance sheet as of November 29, 1999, showing a balance of \$9318.98 was accepted.

COMMITTEE REPORTS:

1. Family & Community Partners. Maria Schaeffer, Chair. (No report.)

"Read to Children" was distributed; this brochure encourages participation as parents, caregivers and community members.

2. Food & Nutrition Programs. Ellen Green, Chair.

There was a Food Safety Exhibit at the MD School Food Service Assn. annual meeting. MSDE and DHMH cosponsored a poster session, "Making Partnerships Happen - 5 A Day and Team Nutrition", presented at American Dietetic Assn. annual meeting.

Trained 48 sponsors of child nutrition programs in Creative Training Techniques to enable them to train their food service employees.

Team Nutrition Two-year Training Grant completed. All 24 school systems were involved and signed up Team Nutrition schools; 63,700 people were reached, with 57% of them being students.

Represented at the MD Healthy Schools Coalition meeting in November.

Represented at the MSSHC Fall 1999 Conference.

Upcoming Events:

Nutrition Connection for Teachers will be distributed January 2000; copies will be provided at January MSSHC meeting.

Nutrition Expo, sponsored by MD Nutrition Education Coalition, planned for Mar. 21, at The Meeting House in Columbia, MD, 10 am - 3 p.m.

Workshop addressing issue of childhood obesity and other weight issues planned for spring Workshop sponsored by MSDE and DHMH in connection with MAPHRED; teams from all school systems will be invited. Goal is to have participants representing variety of school areas - health education, physical education, school nurses, school food service, and staff.

3. Health Education. Lynne Weise, Chair.

YRBS questions going to superintendents and local health officers.

School Health Education profile to be implemented in Spring 2000.

HIV Adolescent Behavioral Health Issues Conference cosponsored [MSDE] with DHMH Apr. 19-20. On sites with student services to reflect Health Education Bylaws in formal reporting process.

- 4. Health Services. Vicki Taliaferro, Chair.
- Guidelines: First four drafts of revised guidelines are out to school health supervisors for final review. CNA / Medication training: MSDE / DHMH working to develop medication training that is approved by the Bd. of Nursing. State school nurse consultant will provide trainer-of-trainer sessions for both public and nonpublic school RNs.
- Curriculum for CNA training is being finalized by MSDE and DHMH; it is based on statewide committee recommendations and has been preliminarily approved by Bd. of Nursing.
- Legislation for a nurse in every school is being introduced by Sen. Hollinger. Vicki Taliaferro and Donna Mazyck met with her on Dec. 13, 1999, regarding school nursing issues. Consultant requests that MSSHC write in support of legislation and that Healthy Schools Coalition act on this issue.
- School Nurse Institute Program will be held at the Towson Sheraton during the week of July 31, 2000.
- Center for School Health Mental Assessment / U.MD is a new partner this year. Focus wll be on mental health and traditional assessment workshops, reaching out to invite our other colleagues. Continued MSSHC support is encouraged.
- School Nurse Certification process is still in progress. Most recently presented information to school health supervisors on Dec. 7, 1999.
- * MSSHC New Business Item: A motion was made by Jim Dryden, seconded by Philip Benzil, and passed unanimously, that Dr. Fine write a letter to Sen. Hollinger expressing the MSSHC support for the passage of legislation that would provide a nurse in every school every day.
- 5. Local School Health Councils. Pat Balducci, Chair.
- Training for LSHCs could be held during a MSSHC pre-conference session on Apr. 26, 2000; Tina Hoyle is invited to address the implementation of the eight components using LSHCs.
- LSHC composition for each jurisdiction will be available after information comes to MSDE; these lists will be used by MSSHC to offer technical assistance to LSHCs, working on a regional basis, building grassroots support.
- 6. <u>Physical Education</u>. Betsy Gallun, Chair. Physical Education Study Group Report is now at the Assistant Superintendent's level for approval before it goes to Dr. Grasmick and the Board of Education for approval.
- 7. Program. Donna Behrens, Chair. The Fall Conference was held on December 3, 1999.
 The Spring Conference wil be held at the Sheraton, Ocean City, on April 27 28, 2000, with a pre-conference day on April 26. Focus areas will be "Staff Wellness" and "Family and Community Involvement". An extended awards banquet with program and entertainment is planned. Flyers will be available in January.
- 8. <u>Public Relations / Awards. Dan Levy, M.D., Chair.</u> (No report.) The forms for Annual Awards [nominations] are in the meeting packet. (Reminder: MSSHC Executive Board members are not eligible.)
- 9. <u>School Environment</u>. <u>Katherine W. Mansberger</u>, <u>Chair</u>. The "Fact Sheets" are on the Coalition web site, marlandhealthyschools.org. Dr. Fine expressed appreciation for the work done and thanked the Coalition for their support.
- 10. Staff Wellness. Dinesh P. Sinha, M.D., Chair. (No report.)
- 11. Student Services. John T. McGinnis, Chair. (No report.)

Maryland Healthy Schools Coalition: The Coalition met on Nov. 18, 1999, and discussed the Physical Education for Progress Act and how to use e-mail to show PEP Act support (contacting legislators). The next meeting will be January 13, 2000. There is a focus on "a licensed health professional"; organizational support is important. Appreciation was expressed to Lynne Weiss for her incredible support and expertise in computer work.

OLD BUSINESS:

School Health Issues List: A Joint Meeting of Local Health Officers and Superintendents of Schools was held on September 10, 1999. The Briefing Summary of 17 issues is included in the meeting packet.

Health Care for All -Endorsement: On November 23, 1999, Dr. Fine sent a letter, along with the MSSHC endorsement of the "Declaration of Health Care Independence: Health Care for All", to Maryland Citizen's Health Initiative (included in meeting packet).

NEW BUSINESS:

(See New Business item handled earlier: "*" on page 2.)

General Body - Executive Board Vacancy: At the General Body Meeting of December 3, 1999, Genevieve Saderholm was elected to be one of the representatives from the General Body.

Executive Board Meeting Schedule - Regional Sites: The locations for some of the meetings may be away from the Towson area. Tentative plans are: February: Carroll Co., and March: Harford Co. Locations will be announced.

Children's Gun Violence Prevention: A motion was made by Joan Stine, seconded by Pam Putman, and unanimously passed, that Dr. Fine, on behalf of the MSSHC, write a letter of support of Marylanders Against Handgun Abuse's 2000 Legislative Agenda - Children's Gun Violence Prevention Initiative. A letter from MAHA and a Pledge of Support form are in the meeting packet.

Governor's Pesticide Council: Gordon Mella, M.D., will be serving on the Council. (There was a discussion concerning providing all students with a free breakfast and how this would impact on integrated pest management.)

Dr. Fine expressed appreciation to Donna Behrens for her work in planning and coordinating the Fall Conference and to Vicki Taliaferro for her work connected with the school nurse certification meeting.

Best wishes for a Happy Holiday and a Happy New Year were extended to all.

The meeting was adjourned by the Chair.

Attendance 12-15-99:	Nancy Hudson	Vicki Taliaferro	Joan Stine
Teresa M. Albright	Lynne Weise	Katherine W. Mansberger	Maura Rossman
Linda T. Stanton	Jim Dryden	Pat Balducci	Carol Costante
Betsy Gallun	Barb Sullivan	P.S. Benzil	Donna Behrens
Eric Fine	Pat Putman	Gordon Mella	Dennis Duda

Respectfully submitted,

Ieresa M. Albright
Teresa M. Albright, B.S., M.Ed., Secretary

MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 11/29/99

DATE	MEMO	ACCOUNTS	INCOME	ACCOUNTS	EXPENSES	ASSETS
POSTED		RECEIVABLE		PAYABLE		BALANCE
5/19/99	Donna Behrens conference Supplies ck 200				\$88.41	\$24,294.54
5/19/99	Conterence Registrations (dep 4/26/99)		\$4,825.00			\$29,119.54
5/19/99	Mary Pabst conf speaker ck 201	2 1			\$100.00	\$29,019.54
5/19/99	Peggy Alexander, conf speaker ck 202				\$149.00	\$28,870.54
5/19/99	Eric Fine, Cameras				\$18.88	\$28,851.66
5/19/99	conference Registrations		\$736.12			\$29,587.78
5/19/99	AA Co Pub Sch/John McGinnis, conf bags ck204				\$1,202.75	\$28,385.03
6/2/99	NASW, CEU's for social wkrs				\$68.00	\$28,317.0
6/3/99	Deposit CEU for S.W.		\$68.00			\$28,385.0
6/3/99	Deposit, dinner fee Sp Conf		\$25.00			\$28,410.0
6/4/99	Conference Registration		\$75.00			\$28,485.0
6/22/99	Leo Frangipane, MD/conf tapes ck 206			\$1,000.00		\$27,485.0
6/22/99	Holiday Inn Select-Conference Expense ck 207				\$15,053.62	\$12,431.4
6/30/99	Brenda Sigall Honorarium ck 208				\$100.00	\$12,331.4
6/30/99	Judith Lombardi/Baltimore Cares honorarium/exp	enses ck 209			\$258.50	\$12,072.9
6/30/99	Bernard Cohen speaker expenses sp conf ck 210				\$146.02	\$11,926.8
6/30/99	Kenneth Kellerman speaker honorarium ck 211	-			\$200.00	\$11,726.8
6/30/99	Mark Baumel, MD speaker expense ck 212				\$104.18	\$11,622.7
7/1/99	Opening Balance 1999-2000					\$11,622.7
8/3/99	Conf Registrations	, K	\$375.00			\$11,997.7
8/3/99	Conference funds-Nat1 Assemb/Sch-Based Health	Ctr	\$4,512.25			\$16,509.9
8/17/99	Deposit		\$615.00			\$17,124.9
8/23/99	Holiday in Select ck 214				\$4,191.95	\$12,933.0
9/13/99	Conference Regiatration		\$90.00			\$13,023.0
9/13/99	Radisson Hotel ck 215				\$500.00	\$12,523.0
9/14/99	Nat Assem on S-B Hith Cre sp/conf		\$2,095.97			\$14,618.9
10/18/99	Franklin G. Haering Env Fact Shts ck 216				\$250.00	\$14,368.9
10/18/99	Med Chi Bicentennial Ad ck 217				\$50.00	\$14,318.9
11/15/99	Sheraton Fountainebleu-Sp Conf Deposit ck 218				\$5,000,00	\$9,318.

Respectfully Submitted,

MARYLAND STATE SCHOOL HEALTH COUNCIL EXECUTIVE BOARD MEETING

MINUTES: November 17, 1999

11-17-99

WELCOME AND CALL TO ORDER: The meeting was called to order by Council Chair, Eric M. Fine, M.D., at 1:15 p.m., at the Talbot County Public Schools-Education Center, Easton, MD.

MINUTES: The minutes of the Executive Board Meeting of October 20, 1999, were approved as distributed. Teresa Albright thanked Donna Mazyck for taking the minutes in her absence.

TREASURER'S REPORT Carol Dunlavey. The balance sheet as of November 15, 1999, showing a balance of \$9318.91, was accepted.

COMMITTEE REPORTS:

- Family & Community Partners. Maria Schaeffer, Chair. A school needs profile is being developed.
 The Family Reading Plan offers structure to assist families in developing activities to increase and improve reading abilities; program materials will be posted on the MSDE web site, www.msde.state.md.us. Information concerning diabetes is available in Spanish: "Una Vida Saludable con Diabetes". "Counting to Ten" and "Family Reading Plan" are publications to assist families.
- 2. Food & Nutrition Programs. Ellen Green, Chair. (No report.) Dr. Fine reported that the use of free and reduced tickets for breakfast and/or lunch is being studied.
- 3. Health Education. Lynne Weise, Chair. (No report.)
- 4. Health Services. Vicki Taliaferro, Chair. (Donna Mazyck, reporting.) The Guidelines Committee is working on "Private Duty Nurses", "Sun Protection" (skin cancer prevention), "Communicable Disease", and "Facilities" (school health rooms). Guidelines sent to school health supervisors for final review are: "Medication Administration", "Role of the School Nurse", Documentation", and "Diabetes". State School Nurse Consultants continue to work with the Board of Nursing regarding the sixteen-hour medication assistant training. MSDE and DHMH, teamed with the Center for Mental Health Assessment at Univ. of MD, will cosponsor the School Nurse Institute Program during the first week in August 2000. The program will include an interdisciplinary focus as well as offerings specifically for school nurses. MSSHC Council support is anticipated.
- 5. Local School Health Councils. Pat Balducci, Chair. (No report.)
- 6. Physical Education. Betsy Gallun, Chair. (No report.)
- 7. Program. Donna Behrens, Chair. (Glenda Harris, reporting.) The Fall Meeting Agenda for December 3, 1999, was distributed. The Spring Conference will spotlight the eight components; it will be held April 27 28, 2000, at the Sheraton Fountainbleu, Ocean City, MD. April 26 may be a pre-conference day. The MD Assembly on School-Based Health Care will cosponsor the conference. Our committee chairs will be contacted concerning the program.

- 8. <u>Public Relations / Awards. Dan Levy, M.D., Chair.</u> (No report.) Dr. Fine said that the forms for award nominations will be mailed out.
- 9. <u>School Environment</u>. <u>Katherine W. Mansberger</u>, <u>Chair</u>. (No report.) Dr. Fine affirmed that the Fact Sheets are being reproduced and distributed. They are available on the Coalition web site.
- 10. Staff Wellness. Dinesh P. Sinha, M.D., Chair. (No report.)
- 11. Student Services. John T. McGinnis, Chair. (No report.)

Maryland Healthy Schools Coalition: The Fall General Membership Meeting will be held November 18, 1999, at the Meeting House in Columbia; the announcement is in the meeting packet. A letter was received from Robert D. Jones, DDS, Co-chair of the Coalition Advocacy Committee; he addressed the methods for facilitating appropriate and responsible action through the Coalition.

Showcasing Talbot County: An informative array of health-related facts concerning the health of Talbot County children, as reflected in available data, was shared by John Ryan, M.D. (Health Officer for the Talbot Co. Health Dept. and member of the MSSHC Executive Committee, representing the MD Assn. of County Health Officers). Judy Lewis from the Talbot Co. Health Dept. shared information concerning the county school health program. Graphs, fact sheets, and articles detailing many specific points of information were distributed. The Council appreciates being invited to Talbot County and having the opportunity to learn more about the health needs of the county.

OLD BUSINESS:

The Declaration of Health Care Independence (included in the meeting packet) was endorsed by the Council. The motion was made by Jim Dryden, seconded by Mardel Knight, and passed.

The Youth Risk Behavior Survey is a self-reporting, anonymous survey; it would be used with a sample of schools. The Health Officers want to move ahead with this effort, and copies of the survey have been circulated to the Superintendents and Health Officers so that they can review the questions. Responses are expected in January, 2000; it would be sent to CDC in November, 2000, and scheduled for administrating in 2001. Results would be available in Summer, 2002. Howard County will use it to develop their own.

The Maryland State Medical Society is celebrating their 200th Anniversary. MSSHC sent a [\$50.] congratulatory message to be published in the Med Chi Special Issue; the printed message was circulated.

Local School Health Councils: The Board discussed various ways that MSSHC could best provide technical assistance to the school health councils. One strategy was to divide the state into various districts.

NEW BUSINESS:

General Body Vacancy: Due to the retirement of John Nussear, there is a vacancy on the Executive Board in the category of "Representing the General Body"; there should be a total of five people representing the General Body. That election will take place at the Fall Meeting on December 3, 1999.

Executive Board Meeting Schedule: The updated schedule is in the meeting packet. Several of the meetings will be held at LEA/LHD sites: to be announced.

MAESP Letter in Support of School Nurses: The Council received a letter from Linda T. Stanton, Maryland Association of Elementary School Principals, in support of placing certified nurses in all Maryland elementary schools. Interest was expressed in the best procedure to follow to work with MSSHC toward the accomplishment of this objective.

The meeting was adjourned by the Chair at 3:10 P.M.

Attendance 11-17-99:

Teresa M. Albright

Carol Dunlavey
Judy Lewis (Talbot Co. H.D.)

Donna Mazyck

Glenda Harris (for Donna Behrens)

Carol Costante

Jane Barker

Mardel E. Knight

Eric M. Fine

Jim Dryden (MAESP)

John Ryan

Maria Schaeffer

Donna C. Becker (for Pam Putman)

Respectfully Submitted,

Deresa M. albright

Teresa M. Albright, B.S., M.Ed., Secretary

MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 11/15/99

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6/22/99	Leo Frangipane, MD/conf tapes ck 206			\$1,000.00		\$27,485.C3
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6/30/99	Mark Baume, MD speaker expense ck 212				\$104.18	\$11,622.71
7/1/99	Opening Balance 1999-2000					\$11,622.71
8/3/99	Conf Registrations		\$375.00			\$11,997.71
8/3/99	Conference funds-Nat'l Assemb/Sch-Based Health	Ctr	\$4,512.25			\$16,509.93
8/17/99	Deposit		\$615,00			\$17,124.93
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Respectfully Submitted,

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MARYLAND STATE SCHOOL HEALTH COUL

EXECUTIVE BOARD MEETING

MINUTES: September 15, 1999

WELCOME AND CALL TO ORDER: The meeting was called to order by Co Eric M. Fine, M.D., at 1:10 p.m., at the Greenwood Office - Baltimore County Pu Board Room A.

9-15-99

MINUTES: The minutes of the Executive Board Meeting of June 16, 1999, were approved as distributed.

TREASURER'S REPORT: Carol Dunlavey. The Report as of September 14, 1999, showing a balance of \$18,607.52, was accepted.

Appointments: Council Chair proposed names of chairs for two committees: Pat Balducci for Local School Health Councils, and Dan Levy, M.D., for Public Relations/Awards. These were seconded by Teresa Albright and accepted.

COMMITTEE REPORTS:

- 1. Family & Community Partners, Maria Schaeffer, Chair.
- 2. Food & Nutrition Programs, Ellen Green, Chair. (Deborah Rhoades reporting.) The Food Guide Pyramid for Young Children is available. There will be nutrition training programs for school nurses.
- 3. Health Education, Lynne Weise, Chair.
- 4. Health Services, Vicki Taliaferro, Chair. Work continues on school health guidelines. SNIP was cancelled this past year. Work continues on school nurse certification; a statewide committee will meet on September 21, 1999. It is planned that five school health services programs will be visited; reports will be requested concerning each jurisdiction's school health council. As a result of SB445, work is in process with MD Board of Nursing concerning nursing assistant certification. Work continues with Board of Pharmacy concerning field trip medications. Only LPNs and RNs can package field trip meds.
- 5. Local School Health Councils, Pat Balducci, Chair. Dr. Fine described the involvement of LSHCs. As we visit the various counties for MSSHC meetings, their LSHC will be showcased.
- 6. Physical Activity, Mary Etta Reedy, Chair.
- 7. Program, Donna Behrens, Chair. (Glenda Harris reporting.) Fall Meeting and Conference will be on December 3, 1999, at The Radisson Hotel Annapolis (formerly Holiday Inn).

Keynote: Mike Greenwell, "How to Use Data in a Positive Way".

Workshop I: Dr. Susan Russell Walters, "Avoiding the Pitfalls of Data Interpretation".

Workshop 2: Pub.Info.Os/Com.Dir.OCYF, DHMH, MSDE, DHR, DJuv.Jus., "How Public Information Specialists Gather Information and Compose Press Releases".

Workshop 3: Patti Flowers-Coulson: "Media Advocacy and Teen Pregnancy".

Afternoon Panel: Experts from Baltimore Co., Allegany Co. and Dorchester Co., "Working with the Media: Stories from the Front Line".

Spring Conference will focus on the eight components and will be coordinated with MD Assembly on School-based Health. (page 1 of 2)

- 8. Public Relations / Awards, Dan Levy, M.D., Chair. Collaboration in the state will be highlighted. Efforts will be made to create more of a village atmosphere.
- 9. School Environment, Katherine W. Mansberger, Chair. The Environmental Fact Sheets are going to the printer; printing date: September, 1999. Courtesy copies will be sent to Dr. Benjamin and Dr. Grasmick; initial recipients listed in May Minutes. EFSs will be available on the Coalition's website.
- 10. Staff Wellness, Dinesh Sinha, M.D., Chair. School-site health promotion for staff will be encouraged, with efforts made to sustain interest. Dennis Duda suggested "Waves of Wellness".

11. Student Services, John McGinnis, Chair.

Maryland Healthy Schools Coalition: Barbara Sullivan, Co-chair. Board met on September 14, 1999. Committee structure should reflect the eight components. Structure: Have executive director, person to lead volunteers, and people to advocate in the communities concerning school health. Statewide General Membership Meeting on November 18, 1999, at the Interfaith Center in Columbia, 3 - 6 p.m., will focus on Obesity and Inactivity in Young People: How the eight components can work together to address this issue. Barbara Sullivan attended the National School Health Leadership Institute.

OLD BUSINESS:

Health Officers / Superintendents Meeting was held on September 10, 1999; agenda and summary are included in meeting packet. Needs assessment information will be useful to support grant proposals. Maryland has a critical need for better access to preventive and corrective dental health services. Robert Jones, D.D.S., requested that a letter be sent from MSSHC to DHMH. A motion was made by Philip Benzil, D.D.S., seconded by Barbarta Sullivan, and passed, that the Council approves of a letter to Dr. Benjamin of DHMH, citing the inaccessibility of many of Maryland's students to dental care.

NEW BUSINESS:

American School Health Association letter was received (see packet) announcing their 5-year CDC grant and describing their ability to assist in programming for HIV prevention education and/or coordinated school health programs.

Cancer / Tobacco Task Force Hearings: Announcement of hearings planned for various locations throughout the state during September; (listing in packet). We are urged to go to sites and testify.

200th Anniversary of MedChi, the Maryland State Medical Society: A motion was made by Katherine W. Mansberger, seconded by Deitra Wengert, and passed, that MSSHC send a congratulatory message to be published in the MedChi Special Issue, Dr. Fine to write "a \$50. message".

The meeting was adjourned by the Chair.

Members present 9-15-99:	Dennis Duda Glenda Harris(for D. Behrens)				
Teresa M. Albright	Jane Barker	Maria Schaeffer	Deitra Wengert		
Kathy W. Mansberger	Maura Rossman	Dan Levy	Deborah Rhoades		
Vicki Taliaferro	Pam Putman	Carol Costante	Dr. Philip S. Benzil		
Dinesh P. Sinha	Diane Gordy	Carol Dunlavey	Barb Sullivan		
Tina G. Henry	Donna Mazyck	Linda Stanton	Dr. Bob Jones		

Respectfully submitted,

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Teresa M. Albright, B.S., M.Ed., Secretary

MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 9/14/99

DATE	MEMO	ACCOUNTS	INCOME	ACCOUNTS	EXPENSES	ASSETS
POSTED		RECEIVABLE		PAYABLE		BALANCE
7/1/99	Opening Balance					\$11,534.30
8/3/99	Conf Registrations		\$375.00			\$11,909.30
8/3/99	Conference funds-Nat'l Assemb/Sch-Based Health	Ctr	\$4,512.25			\$16,421.55
9/13/99	Conference Regiatration		\$90.00			\$16,511.55
9/14/99	Nat Assem on S-B Hith Cre sp/conf		\$2,095.97			\$18,607.52
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Respectfully Submitted,

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# MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 9/13/99

DATE	MEMO	ACCOUNTS	INCOME	ACCOUNTS	EXPENSES	ASSETS
POSTED		RECEIVABLE		PAYABLE		BALANCE
7/1/99	Opening Balance					\$11,534.30
8/3/9 <del>9</del>	Conf Registrations		\$375.00			\$11,909.30
8/3/99	Conference funds-Nat'l Assemb/Sch-Based Health	Ctr	\$4,512.25			\$16,421.55
9/13/99	Conference Regiatration		\$90.00	1		\$16,511.55
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Respectfully Submitted,

Carol & Dealowey

# JOINT MEETING

of

# LOCAL HEALTH OFFICERS AND SUPERINTENDENTS OF SCHOOLS September 10, 1999

# SCHOOL HEALTH ISSUES BRIEFING SUMMARY

- Assessment: (YRBSS/MAS) The U.S. Public Health Service conducts a biennial national sample survey (YRBSS) of adolescents to track health risk behaviors and plan preventive programs. Maryland conducts a similar survey targeted to adolescent drug behaviors (MAS). There is strong sentiment for Maryland to participate in the 2001 YRBSS. Four possible options for Maryland will be presented for your consideration.
- 2. Health Assistant Training SB 445, Nursing Assistant Certification was enacted in 1998. The bill requires persons who perform delegated nursing functions (i.e. administer medication, manage health rooms, or perform non-personal care procedures for special needs students) to be trained and certified by the Maryland Board of Nursing as Certified Nursing Assistants (CNAs) or registered as Medication Assistants. The impact of this law on school health will be reviewed.
- 3. School Health Nurse Certification A committee of state and local health and education nursing professionals is examining the pros and cons of establishing statewide certification for school health nurses. Some of the issues include funding, educational preparation, recruitment, salary parity and agency affiliation. A preliminary report is expected in six months.
- 4. Private Duty Nurses/ Cedar Rapids Decision The Supreme Court ruled in early 1999, that school systems are responsible for providing (funding) private duty nursing services for children with disabilities when appropriate. Guidance for compliance has been provided to local Directors of Special Education. It is important that school nurses participate in the IEP/504 process to review the need for these services.
- 5. School-based Health Centers Currently there are 43 school-based health centers in Maryland. They provide a range of services that may include primary care, mental health services, and health education. Their purpose is to reduce health barriers to educational success. A statewide committee is examining existing programs with plans for possible expansion.
- Dental Health Services A recent survey of Maryland children revealed problems
  of access to preventive and corrective dental health services. The school health
  issues workgroup identified dental health services as critical to comprehensive,
  primary health care for future discussion.

- 7. Health Education Framework In June, 1998, the Maryland Board of Education approved the K-12 Health Education Framework for implementation by local school systems. Outstanding issues include: qualification of instructional staff, inclusion of health education items in MSPAP, and the possible requirement of health education competencies for high school graduation. Future discussion is planned.
- 8. Violence Prevention Maryland schools have implemented ongoing initiatives to increase awareness, educate staff, and develop crisis management plans. Local health departments and other agencies are needed as partners. This issue is part of a larger need for accessible school and community mental health services.
- 9. Availability of Mental Health Services Conservatively, ten percent of any school population has identifiable mental health service needs. Accessibility and availability of mental health services remains an issue. Partnerships with community resources need to be developed. The need for school mental health professionals, including, counselors, school psychologists, nurses, PPWs and social workers must be carefully addressed. An overview of state and local mental health initiatives will be presented.
- 10. Evaluation of Suspended Students A statewide task force has been established to examine this issue and alternatives to regular education settings. A report is due to the General Assembly January 2000.
- 11.School Environment- Physical facilities Schools are confronting a variety of environmental issues including indoor air quality, aging buildings, integrated pest management, water quality, preventive maintenance, and staffing. These issues are of great concern to parents and resolution depends upon close collaboration between local health and education agencies. The cost implications for localities necessitate state and federal resources. Future presentation to the group is planned.

## Items 12-17

Sixty percent of preventable morbidity and mortality is directly attributable to life style including diet, physical inactivity, intentional and unintentional injury, substance abuse, tobacco use, and unprotected sexual activity. The School Health Issues Workgroup identified the following items as priority life style issues for further attention:

12. Physical Education - The Physical Education Study Group Report will be presented to the State Superintendent of Schools. The Chair of the Study Group will present an overview of the report.

- 13.School Food and Nutrition School lunch and breakfast programs have clearly demonstrated improvement in student attention and attendance. Numerous studies support the role of diet in preventing cancer, heart disease, diabetes and related disorders. School food services provide many opportunities to educate children about healthy choices, balanced nutrition and mealtime socialization. This issue will be further explored in the future.
- 14.Substance abuse There is an unacceptably high rate of substance abuse among young people and it is increasing. This is both a severe health as well as a behavioral problem. An update of the Safe and Drug Free Schools program funding and application of the MAS data survey will be briefly presented.
- 15.Teen Smoking Use of tobacco products by teens is increasing and often is the first step in abusing other substances. Program funding may be available for localities in connection with the tobacco settlement. An overview will be presented of the goals of the Governor's Task Force on Smoking Prevention & Cessation and how superintendents and health officers might become involved with prevention programs.
- 16.Staff Wellness School staff are integral to the effective operation of the educational establishment. They must recognize that caring for their students includes placing priority on their own healthy lifestyles. School employees are the best models for student wellness. This component of school health is the most frequently overlooked and least often funded. Avenues to improve employee wellness will be explore in the future.
- 17.Teen Pregnancy/Reproductive Health Issues- Teen pregnancy is associated with numerous public health and societal issues including poor pregnancy outcomes, poor educational attainment, child abuse and neglect and poverty. The repercussions of teen pregnancy impact nearly every aspect of adolescent health. This issue will be further explored in the future.

# MARYLAND STATE SCHOOL HEALTH COUNCIL

EXECUTIVE BOARD MEETING MINUTES: June 16, 1999

WELCOME AND CALL TO ORDER: The meting was called to order by Council Chair, Eric M. Fine, M.D., at 1:05 p.m., at the Greenwood Office - Baltimore County Public Schools, Board Room A.

MINUTES: The minutes of the Executive Board Meeting of May 19, 1999, were approved with a page 2 adjustment in the last paragraph to omit the last sentence, "If the Bill...student safety.".

TREASURER'S REPORT: Carol Dunlavey. The Report as of June 4, 1999, showing a balance of \$28,396.62, was accepted.

Committee Collaboration with MHSC: The Maryland Healthy Schools Coalition (Co-Chairs Barbara Sullivan and Nancy Hudson) is asking MSSHC to consider a committee structure which would allow for sharing the committees for MSSHC and the Coalition. Their letter of June 10, 1999, and their proposal of the charges of the committees and the duties of the co-chairs is included our meeting packet. A motion was made by Genie Wessel, seconded by Carol Costante, and passed, that the discussion concerning the collaborative committee structure be tabled until September.

**BUSINESS: DISCUSSION OF FALL AND SPRING CONFERENCES** 

Extended Program Committee Report. Donna Behrens, Chair.

Fall 1999 Conference

Tentative date: December 3, 1999.

Location: Baltimore Area, location to be announced.

Topics to be considered are

Local School Health Councils: Development and needs, location of meetings.

The eight components of Comprehensive School Health.

Marketing materials.

"Using Meaningful Data in a Positive Way".

"Measuring School Health and Living to Talk About It".

Each of the eight components meet with others from around the state, perhaps meet at different places throughout the year.

Skill-building: Preparation of press releases, How do I use data effectively?

All are invited to participate on the Planning Committee.

Spring 2000 Conference

Tentative date: May 4 - 5, 2000.

Location being considered: Martins Crosswinds in Prince George's County.

Topics to be considered are

Pre-Conference Day to address psycho/social concerns of AIDS-infected students

(Dr. Linda Taylor and Dr. Howard Adelman)

All-day training: May 4: All together, May 5, MSSHC.

A motion was made by Carol Costante, seconded by Pam Putman, and passed, that we explore going forward with the original plan to collaborate with the MSPA for a program in coordinated school mental health programs.

(page 1 of 2)

The meeting was adjourned at 3:05 p.m.

# Members present 6-16-99:

Teresa M. Albright	Maura Rossman
Mardel Knight	John M. Ryan
Pam Putman	Eric Fine
Lynne Weise	Ellen Green
Carol Costante	Dennis Duda
Glenda Harris	Donna Behrens
Genie L. Wessel	Viki Taliaferro
Diane W. Gordy	Joan Stine

Respectfully submitted,

Jeresa M. Albright, B.S., M.Ed., Secretary

# MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 6/4/99

DATE	MEMO	ACCOUNTS	INCOME	ACCOUNTS	EXPENSES	ASSETS
POSTED		RECEIVABLE		PAYABLE		BALANCE
7/1/98	Opening Checking Balance					\$11,750.15
7/9/98	Pavsner Press RTF Conf postcards				\$657.00	\$11,093.15
7/14/98	Conference registrations-sp conf		\$300.00			\$11,393.15
7/21/98	Conference Registrations		\$50.00			\$11,443.15
8/10/98	U of MD ck 192 - Promptprint Guidelines to local SHC				\$795.00	\$10,648.15
8/31/98	Solomoms Beverage Supply- Sp Conf 99	i			\$2,000.00	\$8,648.15
9/8/98	Conf Reg Sp 98		\$25.00			\$8,673.15
9/14/98	Dr. Webster ck 194 sp conf speaker				\$407.25	\$8,265.90
10/23/98	Genie Wessel AS-IA Conf ck 195				\$1,146.35	\$7,119.55
3/1/99	MSDE GRANT		\$3,500.00			\$10,619.55
3/1/99	DHMH GRANT		\$3,500.00			\$14,119.55
3/1/99	Donna Berens Ritalin Task Force ck 196				\$22.01	\$14,097.54
3/16/99	Pavsner Press ccnf brochures ck 197				\$1,060.00	\$13,037.54
3/16/99	Heavner Plaza Deli MSSHC lunch ck 1998				\$112.50	\$12,925.04
3/16/99	Deposit BCBOE conference registrations		\$400.00			\$13,325.04
4/8/99	Conference Registrations		\$1,865.00			\$15,190.04
4/8/99	Conference Vendor		\$100.00			\$15,290.04
4/19/99	Conference Supplies			\$88.41		\$15,201.63
4/19/99	A+A Trophy - Awards ck 199(to Eric Fine)		0440 t 100 t 1	\$450.09		\$14,751.54
4/26/99	Conference Registrations		\$1,225.00			\$15,976.54
4/26/99	Conference Vendor Fee		\$100.00			\$16,076.54
4/26/99	OCYF Grant	1	\$3,500.00			\$19,576.54
5/6/99	Conference Registrations		\$4,718.00			\$24,294.54
5/19/99	Donna Behrens conference Supplies ck 200				\$88.41	\$24,206.13
5/19/99	Conference Registrations (dep 4/26/99)		\$4,825.00			\$29,031.13
5/19/99	Mary Pabst conf speaker ck 201	-			\$100.00	\$28,931.13
5/19/99	Peggy Alexander conf speaker ck 202				\$149.00	\$28,782.13

# MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 6/4/99

5/19/99	Eric Fine, Cameras		\$18.88	\$28,763.25
5/19/99	conference Registrations	\$736.12		\$29,499.37
5/19/99	AA Co Pub Sch/John McGinnis, conf bags ck204		\$1,202.75	\$28,296.62
6/2/99	NASW, CEU's for social wkrs		\$68.00	\$28,228.62
6/3/99	Deposit CEU for S.W.	\$68.00		\$28,296.62
6/3/99	Deposit, dinner fee Sp Conf	\$25.00		\$28,321.62
6/4/99	Conference Registration	\$75.00		\$28,396.62

Respectfully Submitted,

Treasurer

HCPS SPECIAL ED

Fax:4103136661

# MARYLAND STATE SCHOOL HEALTH COUNCIL

EXECUTIVE BOARD MEETING MINUTES: May 19, 1999

WELCOME AND CALL TO ORDER: The meeting was called to order by Council Eric M. Fine, M.D., at 1:15 p.m., at the Greenwood Office - Baltimore County Public S Board Room A.

5-19-99

MINUTES: The minutes of the Executive Board Meeting of March 17, 1999, were approved as distributed.

**TREASURER'S REPORT:** Carol Dunlavey. The Report as of May 17, 1999, showing a balance of \$24,194.54, was accepted.

Maryland Healthy Schools Coalition: The General Membership Meeting will be held on May 20, 1999, at the Meeting House, Oakland Mills, Columbia. All interested persons are invited. The Keynote Speaker will be Brenda Welburn, Executive Director, National Association of State Boards of Education (NASBE). An executive assistant has been hired to organize all of the membership information into a database. The Locals did not receive HIV grant money directly from Federal sources; it went to the State. The history of MSSHC and the Coalition was reviewed.

# **COMMITTEE REPORTS:**

<u>Program. Donna Behrens, Chair.</u> A report concerning the Spring Conference was given. The conference was well-received, with many "Excellent" and "Good" evaluations; a summary of evaluations is available. Our cost was \$7,000. The Maryland Assembly on School-Based Health Care made \$4,000 on the April 21, 1999, fund-raiser.

The next Spring Conference will be April 19 - 21, 2000; possible location: Rocky Gap. A motion was made by Ellen Green, seconded by Joan Stine, and passed, that we pursue options for the Spring Conference and consider mental health concerns.

Plans are being formulated for the Fall 1999 Meeting; the needs of Local School Health Councils will be addressed. Board members were invited to join the Planning Committee. We will consider the meeting times of other health-related organizations which occur near that time so that we can coordinate.

Health Services. Vicki Taliaferro, Chair. The revision of the State Guidelines continues; guidelines for field trips are being reviewed. The School Nurse Certification Committee is continuing their work. Carol Costante prepared a report concerning the certification of school nurses. A June 17, 1999, meeting is planned with Dr. Benjamin and Dr. Grasmick; Power-Point presentation can be shared with MSSHC.

Health Education. Mary Etta Reedy, Chair. (No report.)

Environment. Katherine Mansberger, Chair. Background information was given concerning the eleven Fact Sheets on Environmental Issues. A prototype of the report in a binder was displayed; it had been printed by the Baltimore County Board of Education. A motion was made by John Ryan, M.D., seconded by Carol Dunlavey, and passed, that 150 copies of the Fact Sheets report with binder be prepared, with initial copies presented to Dr. Benjamin and Dr. Grasmick. Vicki Taliaferro suggested that a line be added to show "Maryland State School Health Council" and the date. It was suggested that Environmental Health Directors, Local Superintendents, and Local Health Officers be sent one copy of papers with holes in a binder and also one copy without holes (for duplication).

<u>Public Relations / Awards. David Zauche, Chair.</u> Awards presentation will occur at the next Spring Conference. Presenting them immediately prior to the banquet appears to be a good idea. On June 3, 1999, MSSHC Chair, Eric M. Fine, M.D., will "re-present" the award which was presented by MSSHC to the Baltimore City Board of Education at the Spring Banquet.

<u>Local School Health Councils.</u> Genie Wessel, Chair. The LSHCs are encouraged to invite MSSHC to assist them in their work. The function of the committee was discussed.

# **OLD BUSINESS:**

Health Officers Superintendents Meeting - Update: This historic meeting is planned for May 14, 1999. Those attending include representatives from MSDE, DHMH, OCYF, and MSSHC, and Local Health Officers, and Local Superintendents. An additional meeting is planned for September 1999, when other issues will be addressed. Ellen Green suggested that Team Nutrition, "Train the Trainer" be added.

Bylaws: The proposed Bylaw changes, which were approved by the Executive Board, have been mailed to all MSSHC members; voting will take place at the General Body Meeting in April, 1999.

New Committees: a motion was made by Barbara Sullivan, seconded by Joan Stine, and passed, that the appointed chairs to the proposed committees be accepted, along with any changes needed.

Committee Reports: The MSSHC Secretary asked that each committee chair provide one written outline of their report for each Board and General Body meeting.

# **NEW BUSINESS:**

School Nurse Institute Program: A motion was made by Teresa Albright, seconded by Ellen Green, and passed, that MSSHC support the SNIP planned for this summer with a contribution of \$500.

Next Meeting: The June 16, 1999, meeting will focus on working with the Program Committee to plan the Fall 1999 Meeting and the Spring 2000 Conference. The possibility of a 12:30 p.m. time, to include lunch, was discussed.

Dinesh Sinha inquired about the availability of a list of Local School Health Council Chairs.

American School Food Service Association: Ellen Green discussed "Tuesday Morning", a dateline publication from Washington. "The Better Nutrition for School Children Act of 1999" is aimed at schools that give away bonus soda with the school lunch; the Bill (S998) promotes restrictive serving of sodas during the school day, therefore promoting good nutrition. The Task Force, chaired by Elaine Smith, has been working on this issue. If the Bill is enacted as introduced, unintended consequenses may be that some schools would drop out of the national school lunch program or students would go elsewhere for their food, thereby raising questions of student safety.

The meeting was adjourned at 3:20 p.m.

Members present 5-19-99:

Donna Behrens Dinesh P. Sinha Amy Evans Vicki Taliaferro Teresa M. Albright John M. Ryan Mary Keene Eric M. Fine, M.D. Joan Stine Carol Dunlavey Ellen Green Barb Sullivan Carol Costante Kathy Mansberger Jane Barker

John McGinnis Dennis Duda Pam Putman

Respectfully submitted, Julea M. albright

Teresa M. Albright, B.S., M.Ed., Secretary

# HCPS SPECIAL ED

# MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 5/17/99

DATE	MEMO	ACCOUNTS	INCOME	ACCOUNTS	EXPENSES	ASSETS
POSTED		RECEIVABLE		PAYABLE		BALANCE
7/1/98	Opening Checking Balance					\$11,750.15
7/9/98	Pavsner Press RTF Conf postcards				\$657.00	\$11,093.15
7/14/98	Conference registrations-sp conf		\$300.00			\$11,393.15
7/21/98	Conference Registrations		\$50.00			\$11,443.15
8/10/98	U of MD ck 192 - Promptprint Guidelines to local St	HC +	181	-	\$795.00	\$10,648.15
8/31/98	Solomons Beverage Supply- Sp Conf 99				\$2,000.00	\$8,648.15
9/8/98	Conf Reg Sp 98		\$25.00			\$8,673.15
9/14/98	Dr. Webster ck 194 sp conf speaker	1			\$407.25	\$8,265.90
10/23/98	Genie Wessel ASHA Conf ck 195				\$1,146.35	\$7,119.55
3/1/99	MSDE GRANT		\$3,500.00			\$10,619.55
3/1/99	DHMH GRANT		\$3,500.00			\$14,119.55
3/1/99	Donna Eerens Ritalin Task Force ck 196				\$22,01	\$14,097.54
3/16/99	Pavsner Press conf brochures ck 197				\$1,060.00	\$13,037.54
3/16/99	Heavner Plaza Deli MSSHC lunch ck 1989				\$112.50	\$12,925.04
3/16/99	Deposit BCBOE conference registrations		\$400.00			\$13,325.04
4/8/99	Conference Registrations		\$1,765.00			\$15,090.04
4/8/99	Conference Vendor		\$100.00			\$15,190.04
4/19/99	Conference Supplies			\$88.41		\$15,101.63
4/19/99	A+A Trophy - Awards			\$450.09		\$14,651.54
4/26/99	Conference Registrations		\$1,225.00			\$15,876.54
4/26/99	Conference Vendor Fee		\$100.00			\$15,976.54
4/26/99	OCYF Grant		\$3,500.00			\$19,476.54
5/6/99	Conference Registrations		\$4,718.00			\$24,194.54

Respectfully Submitted,

Carol & Decolory

# MARYLAND STATE SCHOOL HEALTH COUNCI

EXECUTIVE BOARD MEETING MINUTES: March 17, 1999

WELCOME AND CALL TO ORDER: The meeting was called to order by Counc Eric M. Fine, M.D., at 1:20 p.m., at the Greenwood Office - Baltimore County Public:

MINUTES: The minutes of the Executive Board Meeting of February 17 1999, were approved as distributed.

TREASURER'S REPORT: Carol Dunlavey. The Report as of March 16, 1999, showing a balance of \$13, 325.04, was accepted.

## **COMMITTEE REPORTS:**

Program. Donna Behrens, Chair. The Annual Spring Conference of MSSHC and MD Assembly on School-Based Health Care will be held April 22 - 23, 1999, at Holiday Inn Select, Solomons, MD; the focus will be "School Health: Putting the Pieces Together to Achieve Student Success". On April 21, there will be a Pre-Conference program; the focus will be "School Health Finance / Billing". A motion was made by Donna Behrens, seconded by Barb Sullivan, and passed, to order canvas bags to give to conference participants; the bags will be designed showing the Coordinated School Health Logo, MD colors, and will say "Maryland" somewhere on the bag.

Health Services. Vicki Taliaferro, Chair. The revision of state guidelines continues; four are in final revision. The next revision will be the first aid manual. If you are aware of anyone who has expertise in this area and who would be willing to work with the committee or be a reviewer, please let Vicki Taliaferro know at 410-767-0305. The School Nurse Certification Committee continues to examine the possibility of school nurse certification; a status report will go to Dr. Wasserman and Dr. Grasmick sometime this summer. There is still a great deal of work to be done before a consensus is reached among school nursing leadership and before the completion of the very involved process to see certification as a reality.

Health Education. Mary Etta Reedy, Chair. (Barb Sullivan, reporting). The Maryland Association for Health, Physical Education and Dance will meet on March 19, 1999; they will be working on the "assessment bank" for the high school level to be used for piloting. It was noted that we still need to promote student health and pupil services as an important part of high school student success.

Environment. Katherine Mansberger, Chair. (No report.)

<u>Public Relations / Awards. David Zauche, Chair.</u> The committee will be meeting on March 18, 1999, to review the nominations for the "Leadership", "Achievement", and "Program" categories; awards will be presented at the Spring Conference Banquet on April 23, 1999.

Joint Resolution support: Twenty have signed-on so far; an additional thirty more are anticipated.

Local School Health Councils. Genie Wessel, Chair. (Eric Fine, M.D., reporting.) At the March 25, 1999, meeting of Health Education Supervisors, he will explain the process of building local school health councils. We should ask who the contact person is for each county and send brochures to them. At the MSSHC Fall Conference, we will provide time for some basic information to be given concerning the formation and function of local councils.



Maryland Healthy Schools Coalition: Nancy Hudson and Barbara Sullivan, Co-Chairs. An executive assistant has been hired through August for the purpose of developing a data base. Work is being done on the infrastructure. The grant was not received for the executive director position. Legislation will be monitored by working through other groups. The new date for the General Membership Meeting is May 21, 1999, 3 - 6 p.m. A keynote speaker from NASBE will address the topic of why *coordinated* school health is important.

#### **OLD BUSINESS:**

MSSHC Bylaw Amendments: The proposed amendments, approved by the Executive Board, were mailed to the General Body Membership and will be voted on at the Spring Meeting. It was noted that appointed committee chairs do not have to members of the Executive Board.

Montgomery County Smoke Free Bill: Legislation to make all public eating and drinking establishments in Montgomery County smoke free in 1999 was passed there (Bills 2-99 and 3-99).

Health Officers / Superintendents Meeting will be held on May 14, 1999.

# **NEW BUSINESS:**

ASHA Midyear Report is being prepared to reflect MSSHC accomplishments from September 1998 to February 1999. Copies of the report will be in our Spring Conference packets.

Supreme Court Ruling - Cedar Rapids: On March 3, 1999, The Supreme Court ruled that public schools must provide a wide array of medical care for disabled children attending classes. The concerns include how much / what types of care are covered (in and/or out of school) as well as how costs may shift from Medicaid to schools, seriously straining the resources of many school districts.

The Report of The Task Force to Study the Use of Methylphenedate and Other Drugs on School Children is now available (March 1999 publication date).

Announcements: Elaine Smith and Linda Miller attended a reception at the Science Center to review exhibits concerning Women's Health.

The meeting was adjourned at 2:40 p.m.

# Members present 3-17-99:

Teresa M. Albright Barb Sullivan Donna Behrens
Vicki Taliaferro Elaine Smith Eric M Fine
Carol Dunlavey Jane Barker Pam Putman
John McGinnis Carol Costante Nancy Hudson

David Zauche

Respectfully submitted,

Leusa M. Albright
Teresa M. Albright, B.S., M.Ed., Secretary

# MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 3/16/99

DATE	MEMO	ACCOUNTS	INCOME	ACCOUNTS	EXPENSES	ASSETS
POSTED		RECEIVABLE		PAYABLE		BALANCE
7/1/98	Opening Checking Balance					\$11,750.15
7/9/98	Pavsner Press RTF Conf postcards				\$657.00	\$11,093.15
7/14/98	Conference registrations-sp conf		\$300.00			\$11,393.15
7/21/98	Conference Registrations		\$50.00			\$11,443.15
8/10/98	U of MD ck 192 - Promptprint Guidelines to loc	al SHC			\$795.00	\$10,648.15
8/31/98	Solomoms Beverage Supply- Sp Conf 99				\$2,000.00	\$8,648.15
9/8/98	Conf Reg Sp 98		\$25.00			\$8,673.15
9/14/98	Dr. Webster ck 194 sp conf speaker				\$407.25	\$8,265.90
10/23/98	Genie Wessel ASHA Conf ck 195				\$1,146.35	\$7,119.55
3/1/99	MSDE GRANT		\$3,500.00			\$10,619.55
3/1/99	DHMH GRANT		\$3,500.00			\$14,119.55
3/1/99	Donna Berens Ritalin Task Force ck 196				\$22.01	\$14,097.54
3/16/99	Pavsner Press conf brochures ck 197				\$1,060.00	\$13,037.54
3/16/99	Heavner Plaza Deli MSSHC lunch ck 1989				\$112.50	\$12,925.04
3/16/99	Deposit BCBOE conference registrations		\$400.00			\$13,325.04

Respectfully Submitted, Caraci & Denlower

# MARYLAND STATE SCHOOL HEALTH COUNC

EXECUTIVE BOARD MEETING MINUTES: February 17, 1999

2-17-99

WELCOME AND CALL TO ORDER: The meeting was called to order by Council Citall, Eric M. Fine, M.D., at 12:50 p.m., at the Greenwood Office - Baltimore County Public Schools, Board Room A.

MINUTES: The minutes of the Executive Board Meeting of January 20, 1999, were approved as distributed.

**TREASURER'S REPORT:** Carol Dunlavey. The Report as of February 12, 1999, showing a balance of \$7119.55, was accepted.

# **COMMITTEE REPORTS:**

Health Education. Mary Etta Reedy, Chair. Development of assessment items is underway. In Maryland elementary and middle schools, Health Education is infused [with other subjects] and seems to be disappearing. Money for "Health" is being put into consolidated plans, and we must guard what the outcomes will be. Physical Education teachers wrote Standards for P.E.; they donated their time and effort. It is recommended that we monitor the consolidation of 'Drug-free Schools' and 'Tobacco' money.

<u>Environment. Katherine Mansberger, Chair.</u> The committee met on February 10, 1999, to review the final draft of the eleven fact sheets to be used by the Board of Education. They are:

Asbestos

Chemicals

Emergency Response

Food Safety

Housekeeping *

Indoor Air Quality

Infectious Waste

Pest Control

Preventive Maintenance *

School Safety & Health

* = To be revised.

It is planned that Dr. Fine will show them to MSDE, DHMH, and MSSHC; then they will be printed (at no charge) and placed in a professional-looking folder. The information will also be available on a web site.

Health Services. Vicki Taliaferro, Chair. (Donna Mazyck reporting) School Health Guidelines will be disseminated in the Spring. A letter was sent to Dr. Laura Kann, CDC, to thank her for presenting the YRBS information at the joint meeting of superintendents and health officers.

<u>Public Relations / Awards. David Zauche, Chair.</u> There are three goals for: "Healthy Kids...Better Students": 1) Get staff from 8 components and meet for each local school system, 2) Work on health issues by local school improvement teams, and 3) Ensure that all 8 components exist and are institutionalized. The first target audiences are central administration and state agencies.

Maryland Healthy Schools Coalition: Nancy Hudson and Barbara Sullivan, Co-Chairs. Reports are coming in regarding whether or not Health Education Mandates are being met. There is a question concerning the definition of 'programs'. A funding grant was submitted to CDC; information is that money is already at MSDE and DHMH. It has been proposed that the Coalition structure reflect the 8 components of school health. The General Membership Meeting will be May 13, 1999, 3 - 6 p.m. There are no dues, and sign-up is available on the web.

(page 1 of 2)

# **OLD BUSINESS:**

Proposed Bylaw Changes. A motion was made by Dennis Duda, seconded by David Zauche, and passed, that the following proposed changes to the Bylaws be sent to the MSSHC membership and be presented for voting at the Spring Meeting in April, 1999. The proposed changes would read:

- 1) Art. V, Sec. 1, (5), s.: The Maryland Association of Pupil Personnel. (Due to name change.)
- 2) Art. V, Sec. 1, (5), w.: The Maryland State Medical Society. (Due to name change.)
- 3) Art. XI, Sec. 1.: (Committees are to be listed in alphabetical order.)

There shall be eleven standing committees:

- (1) Family and Community Partners (7) Program
- (2) Food and Nutrition Programs (8) Public Relations / Awards
- (3) Health Education (9) School Environment
- (4) Health Services (10) Staff Wellness (5) Local School Health Councils (11) Student Services
- (6) Physical Education

The composition of the committees can fluctuate depending on the project being considered.

Montgomery County Bill for Smoke-Free Restaurants: Information concerning support for the bill and a list of groups who have "signed on" is included in the meeting packet. MSSHC is listed in support.

## **NEW BUSINESS:**

American School Health Association Bylaws.: Included in the meeting packet is The Operating Code for the Mental and Social Health Professional Section.

American School Health Association Strategic Plan.: Included in the meeting packet is the plan dated 10-08-98, which was approved by the ASHA Board; the format and the language are in draft form and will be edited. This will be discussed at a later meeting.

The meeting was adjourned at 2:15 p.m.

# Members present 2-17-99:

Teresa M. Albright Eric M. Fine, M.D. Katherine W. Mansberger Barbara Sullivan Mary Etta Reedy David Zauche Suzanne Kuon Donna Behrens John McGinnis Donna Mazyck Pam Putman Carol Dunlavey Jane Barker John Ryan Elaine Smith

Dennis Duda

Respectfully submitted,

Teresa M. Albright, B.S., M.Ed., Secretary

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# MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 2/12/99

DATE	MEMO	ACCOUNTS	INCOME	ACCOUNTS	EXPENSES	ASSETS
POSTED		RECEIVABLE		PAYABLE		BALANCE
7/1/98	Opening Checking Balance					\$11,750.15
7/9/98	Paysner Press RTF Conf postcards				\$657.00	\$11,093.15
7/14/98	Conference registrations-sp conf		\$300.00			\$11,393.15
7/21/98	Conference Registrations		\$50.00			\$11,443.15
8/10/98	U of MD ck 192 - Promptprint Guidelines to local S	HC			\$795.00	\$10,648.15
8/31/98	Solomoms Beverage Supply- Sp Conf 99				\$2,000.00	\$8,648.15
9/8/98	Conf Reg Sp 98		\$25.00			\$8,673.15
9/14/98	Dr. Webster ck 194 sp conf speaker				\$407.25	\$8,265.90
10/23/98	Genie Wessel ASHA Conf				\$1,146.35	\$7,119.55

Respectfully Submitted,

# MARYLAND STATE SCHOOL HEALTH COUNC

EXECUTIVE BOARD MEETING MINUTES: January 20, 1999

WELCOME AND CALL TO ORDER: The meeting was called to order by Coun [-20-99] Eric M. Fine, M.D., at 1:00 p.m., at the Greenwood Office - Baltimore County Publi

MINUTES: The minutes of the Executive Board Meeting of December 16, 1998, were approved as distributed.

TREASURER'S REPORT: Carol Dunlavey. The Report as of January 12, 1999, showing a balance of \$7119.55, was accepted.

# **COMMITTEE REPORTS:**

Program. Donna Behrens, Chair. The Spring Conference will be April 22-23, 1999, at Solomons Island. Dr. James McGee has been secured as a second keynote speaker; he will focus on the identification of those causing school violence. A pre-conference program on April 21 will address billing for school-based health care. Also on that date there will be a "cruise to dinner" fund-raiser to benefit the Maryland Assembly on School-Based Health Care. Brochures should be available in two weeks. The MSSHC Spring Meeting will be held at the Conference site on April 22, from 9 a.m. - 10 a.m.

<u>Health Services. Vicki Taliaferro, Chair.</u> Efforts are underway to secure binders that will house all State guidelines regarding school health. The binders will be printed and easily recognizable; they will indicate that the guidelines are from DHMH, MSDE and supported by the MSSHC.

The subcommittee on school nurse certification has begun investigating the issue of school nurse certification. It is anticipated that the work will be accomplished with a report to Dr. Wasserman, Dr. Grasmick and MSSHC by the end of the school year.

<u>Environment</u>. Katherine Mansberger, Chair. A meeting is planned for the end of February; an honorarium and a letter of thanks will be presented to Dr. Haering for his work on the fact sheet packet.

<u>Public Relations / Awards. David Zauche, Chair.</u> Packets for nominations have been sent out. February 19, 1999, is the deadline for nominations.

Marketing: A February 2 meeting will address campaign issues such as What is the product (or benefit)? What is the competition? Who is the audience? Which are most important? Which mode (or media) is most appropriate? How can we prioritize or specialize? How can we evaluate the program? Vicki Taliaferro distributed copies of the brochure from the Colorado School Health Council, Inc.

Local School Health Councils. Genie Wessel, Chair. (No report.)

Maryland Healthy Schools Coalition: Nancy Hudson and Barbara Sullivan, Co-chairs.

An Administrative Coordinator is being sought to establish a data base targeting those interested in CSHP, to revise the brochure, and to advance the website. The position will extend from February through August, at \$20./hour, for 15 hours/month; it will be funded by a grant from the American Cancer Society. The telephone number for Nancy Hudson is 410-884-0055.

Legislative Action: Dr. Robert Jones reported concerning the Coalition website; they will invite information regarding health legislation items and also will publicize other health issues.

(page 1 of 2)

# **OLD BUSINESS:**

(MSSHC EX.BD 1-20-99, p.2 of 2)

Medication Administration in Schools: The Academy of Pediatrics has endorsed the State Guidelines requiring a physician's note. Chair, Eric Fine, M.D., talked to Barbara Newman, RN, MS, Director of Nursing Practice, Maryland Board of Nursing, concerning this matter. In the meeting packet is her letter of reply to an inquiry by Michele Prumo who is Coordinator of Health Services for Baltimore County Public Schools. The letter states that, "Therefore, when the question of over-the-counter medications is raised, the Board's response is, it is not within the scope of practice of a licensed nurse to independently recommend or administer an over-the-counter medication without a verbal or written order from an authorized prescriber."

# **NEW BUSINESS:**

Montgomery County Smoke-Free Restaurants: A letter was received from the Montgomery County Community Partnership to invite endorsement of a County Bill for making all restaurants in Montgomery County 100 % smoke free in 1999. A motion of support was made by John Ryan and seconded by David Zauche; it was unanimously passed.

Committee Changes: Vicki Taliaferro had sent a memo to the Chair suggesting that we consider broadening the Executive Board standing committees to better align MSSHC with the comprehensive, coordinated healthy school concept. A motion was made by Teresa Albright, seconded by John Ryan, and unanimously passed that MSSHC revise the Executive Board standing committees to reflect the eight components of school health. The Chair appointed an ad hoc committee to write an amendment to the MSSHC Bylaws and present it to the Board at the February 17, 1999, meeting. The committee members are Vicki Taliaferro, Chair, and Teresa Albright, Eric Fine, John McGinnis, Joan Stine.

Support for National Association of State Boards of Education's Proposal to Centers for Disease Control and Prevention, Division of Adolescent and School Health: In a December 10, 1998, letter to Carols A. Vega-Matos, Project Director for HIV Prevention, Healthy Schools, Project, NASBE, from MSSHC Chair, Eric M. Fine, and others (see letter in meeting packet) support was expressed for the Proposal for funds to strengthen the capacity of national, state and local policy makers administrators, and schools in their efforts to prevent behaviors that place children and youth at risk for HIV infection, STDs, teenage pregnancy and other health problems.

Rally for Our Children: Sponsored by The Maryland Children's Initiative, the rally will be held in Annapolis on February 15, 1999, to support the increase in the cigarette tax of \$1.50 per pack. After the march to the State House, a rally will be held in Lawyer's Mall.

Award to MSSHC: The School Health Program of the Year Award from the American Cancer Society was presented to MSSHC for generating the "Joint Resolution on School Health". The award was presented by David Zauche, ACS, and was accepted by Eric M. Fine, M.D., for the Council. This award will be presented again at the Spring Meeting in April.

The meeting was adjourned at 3:00 p.m.

Members present 1-20-99: Teresa M. Albright

Maura J. Rossman Pam Putman

Carol Dunlavey Nancy Hudson Eric Fine

Joan Stine John McGinnis Jane Barker

John Ryan **Bob Jones** 

Donna Behrens

John Nussear **Elaine Smith** 

David Zauche

Dennis Duda

Carol Costante Vicki Taliaferro

Respectfully submitted

Illera M. albught Teresa M. Albright, B.S., M.Ed., Secretary

# MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 1/12/99

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9/14/98	Dr. Webster ck 194 sp conf speaker				\$407.25	\$8,265.90
10/23/98	Genie Wessel ASHA Conf				\$1,146.35	\$7,119.55

Respectfully Submitted,

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# MARYLAND STATE SCHOOL HEALTH COUNC

EXECUTIVE BOARD MEETING MINUTES: December 16, 1998

WELCOME AND CALL TO ORDER: The meeting was called to order by Cou Eric M. Fine, M.D., at 1:00 p.m., at the Greenwood Office - Baltimore County Pub Board Room A.

MINUTES: The minutes of the Executive Board Meeting of November 18, 1998, were approved with the following changes: Health Services: The committee is *looking into* the certification of school nurses; and Old Business: MSDE and DHMH will host.

**TREASURER'S REPORT:** Carol Dunlavey. The Report as of December 11, 1998, showing a balance of \$7119.55, was accepted.

# **COMMITTEE REPORTS:**

Program. Donna Behrens, Chair. Cassettes are available of the sessions of The Maryland Interdisciplinary Conference on Attention Deficit Hyperactivity Disorder held on November 13-14, 1998; order forms were distributed. The title of the Spring Conference will be, "Coordinated School Health Programs: Putting the Pieces Together". The conference will be April 22-23, 1999, at Solomons Island. Workshops will focus on each of the eight components of school health. The Maryland Assembly on School-Based Health Care will be joining us. A Dinner-Cruise is planned for Wednesday night.

<u>Health Services. Vicki Taliaferro, Chair.</u> The committee is working on the Guidelines which will be out in February or March. There will be a statewide meeting to look at school nurse certification.

Health Education. Mary Etta Reedy, Chair. Health Educ.: Locals are working on assessment and a test bank for a high school exit test. P.E. A study group is meeting with a graphic designer on January 14. Master teachers from across the state will design criteria for K-12 (in specific groups) concerning the application of scientific principles to individual physical activity.

Environment. Katherine Mansberger, Chair. Fact sheets, including references and sources, are being prepared on each of twelve environmental issues. The fact sheet packet researched by Dr. Haering, a retired Health educator, needs to be geared down to the appropriate grade level. MSSHC will review the material for readability. The fact sheets will be distributed to each school district; the information will also be available on the MD Healthy Schools Coalition web-site and can be printed from that source. There was a discussion about paying Dr. Haering for his research. A motion was made by Joan Stine, seconded by Donna Behrens and unanimously passed, that MSSHC give Dr. Haering a \$250. honorarium and a letter of thanks for his work.

<u>Public Relations / Awards.</u> David Zauche, Chair. Flyers have been sent concerning awards categories; more specific information and the official nomination forms will follow.

<u>Local School Health Councils.</u> Genie Wessel, Chair. Suggestions for getting representation from local school health councils and encouraging each other: Secure updated list of Chairs, survey them to see how MSSHC can support them and 'close the loop' and how they can encourage each other, use a newsletter to get information to them, plan regional meetings to include leadership training dovetailed with other training, and develop a web page for MSSHC.

Maryland Healthy Schools Coalition: Nancy Hudson and Barbara Sullivan, Co-chairs. Work is being done on the infrastructure: Asking American Cancer Society for funds for a database, and securing funds for a paid position. The Coalition Executive Board will meet January 7, 1999. The General Membership meeting is May 1999.

#### OLD BUSINESS

"Joint Resolution on Coordinated Comprehensive School Health Programs": A December 14, 1998, letter from MSSHC Chair and the form with the Resolution and an invitation to sign on are being sent out to organizations represented on MSSHC and to other interested groups. (Copy in packet.)

American School Health Association: On December 13, 1998, MSSHC Chair sent a letter to Susan F. Wooley, Ph.D., Executive Director of ASHA, to support their application for a five-year cooperative agreement with the Div. of Adolescent and School Health, Centers for Disease Control and Prevention concerning assessment and new strategies for preventing unintended pregnancy, HIV infection and STDs. It was suggested in the letter that Maryland participate as a target site for advocacy, community awareness, and multidisciplinary coordination. (Copy in packet.)

Meeting with Local Agency Heads: On December 4, 1998, Health Officers, Superintendents of Schools, MSSHC and DHMH met to affirm their commitment to ongoing dialogue. The MD Adolescent Survey and the Youth Risk Behavior Survey were discussed.

AMA Committee on Adolescents: Dr. Fine attended a meeting during which developmental assets of adolescents and their effect on choices made were discussed. Our meeting packet contains information concerning economic, service, and human development infrastructure as related to healthy communities for youth. Dr. Fine will pursue the information.

# **NEW BUSINESS**

Medication Administration in Schools: A physician's written order is needed for prescriptions or over-the-counter medications to be administered by the school. According to the Board of Nursing, it is not within the scope of practice for nurses to administer medications without that order. Nurses are independently licensed. Many people feel that o-t-c medications do not need to be given during the school day. We need a statement concerning this from the Academy of Pediactrics.

The meeting adjourned at 3:00 p.m.

Members present 12-16-98:

Teresa M. Albright Donna Behrens Mardel Knight
Katherine W. Mansberger Jane Barker John Ryan
Linda Stanton Pam Putman Elaine Smith
Vicki Taliaferro Eric Fine Donna Mazyck
Nancy Hudson Mary Etta Reedy Joan Stine

Respectfully submitted,

Jeresa M. Albright, B.S., M.Ed., Secretary

# MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 12/11/98

DATE	MEMO	ACCOUNTS	INCOME	ACCOUNTS	EXPENSES	ASSETS
POSTED		RECEIVABLE		PAYABLE		BALANCE
7/1/98	Opening Checking Balance					\$11,750.15
7/9/98	Pavsner Press RTF Conf postcards				\$657.00	\$11,093.15
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9/8/98	Cani Reg Sp 98		\$25.00			\$8,673.15
9/14/98	Dr. Webster ck 194 sp conf speaker				\$407.25	\$8,265.90
10/23/98	Genie Wessel ASHA Conf				\$1,146.35	\$7,119.55

Respectfully Submitted,

Cord & Dendo Treasurer

# MARYLAND STATE SCHOOL HEALTH COUNC

EXECUTIVE BOARD MEETING MINUTES: November 18, 1998

11-18-98

WELCOME AND CALL TO ORDER: The meeting was called to order by Council vice Donna Behrens, at 1:10 p.m., at the Greenwood Office - Baltimore County Public Schools, Board Room A.

MINUTES: The minutes of the Executive Board Meeting of October 21, 1998, were accepted as distributed. (The Council Secretary thanks Carol Dunlavey for taking the minutes.)

TREASURER'S REPORT: Carol Dunlavey. The Report as of November 11, 1998, showing a balance of \$7119.55 was accepted.

# **COMMITTEE REPORTS:**

Program. Donna Behrens, Chair. The Maryland Interdisciplinary Conference on Attention Deficit Hyperactivity Disorder held on November 13-14, 1998, was co-sponsored by The Task Force to Study the Uses of Methylphenidate and Other Drugs on School Children, The Department of Health and Mental Hygiene, The Maryland State Department of Education, The Governor's Office for Children, Youth and Families, The Maryland State School Health Council, and the University of Maryland School of Medicine Program of Continuing Education. The attendance was 400 on day one and 250 on day 2. Tapes of sessions and a prevalence report will be available at our next meeting.

The 1999 Spring Conference will be April 22-23, 1999, at Solomons Island. The Maryland Assembly on School Based Health Care will be joining us. The keynote speaker for day two will be Leo Franigione. Several suggestions were given for additional keynote speakers. Donna Behrens can be contacted at Mail at OCYF at State.US.

<u>Health Services. Vicki Taliaferro, Chair.</u> School nurses will be certified. There is a Supreme Court case concerning whether or not the school is responsible for private duty nurses for children if the health insurance company will not cover the cost.

Health Education. Mary Etta Reedy, Chair. There is a change in the physical education concept from "sport" to "health" and 'physical activity"; self-efficacy is more important than skill, stressing lifelong activity. CDC will measure physical education in coordinated school health. David Zauche announced "America in Motion", a conference for youth and adults, to be held in Baltimore March 23-25, 1999. The Healthy Schools Coalition is working on "Move it, Maryland"; Mary Etta Reedy is providing activities to activate teachers and students.

Environment. Katherine Mansberger, Chair. (No report.)

<u>Public Relations / Awards. David Zauche, Chair.</u> Awards will be given in various categories: career achievement, past-year achievement, and program. Nomination forms will include a cover sheet, a pre-made application form, and a resume. Forms will be sent out in January and will be due in by mid February. On December 16, there will be a meeting concerning the marketing campaign for "Healthy Kids: Better Schools". The Joint Resolution for Comprehensive School Health Programs endorsement forms will be available with a cover letter from the Council Chair, printed on Council letterhead.

<u>Local School Health Councils. Genie Wessel, Chair.</u> All Guidelines have been mailed. We need to consider which activities could link MSSHC to the local councils. There will be training concerning this at the Spring Meeting at Solomons in April. The MSSHC meeting location could rotate in the state.

Maryland Healthy Schools Coalition: Nancy Hudson / Barbara Sullivan, co-chairs. (David Zauche, reporting) New co-chairs, as noted. The web site is functional: MARYLAND HEALTHY SCHOOLS.Org. Possible funding through a grant from CDC would provide for a paid staff person.

#### OLD BUSINESS:

Meeting with Local Agency Heads on December 4, 1998: at the Anne Arrundel Board of Education, 12 - 3 p.m. DHMH will host a lunch to bring the groups together. The Youth Risk Behavior Survey will be discussed. Additional questions are needed concerning high-risk behaviors.

## **NEW BUSINESS:**

Medication Administration in School: More over-the-counter drugs are being given at school, and there is concern about the willingness of physicians to approve these medications.

Gordon Mella is chair of the School Health Subcommittee of the Academy of Pediatrics.

Appointment to AMA Adolescent Committee: Eric Fine has been appointed, representing MSSHC.

## Announcements:

Reading Conference May 13-14, 1999, Martins Crosswinds, in Prince Georges County. Brochures will be available at the next council meeting; see David Holdefer.

The meeting was adjourned at 3:00 p.m.

# Members present 11-18, 1998:

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Teresa M. Albright	Elaine Smith	Mardel Knight
John M. Ryan	Jane Barker	David Holdefer
Vicki Taliaferro	Amy Evans	Maura Rossman
Genie L. Wessel	Linda T. Stanton	Philip S. Benzil
David Zauche	Dennis Duda	Donna Behrens
Pam Putman	Mary Etta Reedy	Donna Mazyck

Respectfully submitted,

Deresam albright

Teresa M. Albright, B.S., M.Ed., Secretary

## MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 11/11/98

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9/14/98	Dr. Webster ck 194 sp conf speaker				\$407.25	\$8,265.90
10/23/98	Genie Wessel ASHA Conf				\$1,146.35	\$7,119.55

Respectfully Submitted, coros of De

### MARYLAND STATE SCHOOL HEALTH COUNC

EXECUTIVE BOARD MEETING MINUTES: SEPTEMBER 16, 1998

WELCOME AND CALL TO ORDER: The meeting was called to order by Cour Eric M. Fine, M.D., at 1:00 p.m., at the Greenwood Office - Baltimore County Published Property Pu

MINUTES: The minutes of the Executive Board Meeting of May 20, 1998, were accepted as distributed.

**TREASURER'S REPORT:** Carol Dunlavey. The Report as of September 14, 1998, showed a balance of \$8,265.90; this includes a contribution for the Fall Conference 98 and a deposit for the Spring Meeting 99. The report was accepted.

### **COMMITTEE REPORTS:**

Program. Donna Behrens, Chair. The 1998 Fall Meeting will be The Maryland Interdisciplinary Conference on Attention Deficit Hyperactivity Disorder, sponsored by MSSHC and DHMH, MSDE, and OCYF: Professional Pre-Conference on Nov. 13, Conference for Professionals and Parents on Nov. 14. The 1999 Spring Meeting will be a combined program with the Maryland Assembly on School-Based Health Care. Volunteers are invited for the planning committee.

<u>Health Services. Vicki Taliaferro, Chair.</u> By the end of 1998, all State guidelines will be in one place; updates will be mailed. Diabetes management is a new focus.

Health Education. Mary Etta Reedy, Chair. The Learning Outcomes and Indicators have been approved by the State Board of Education. P.E. / Health will be taught as a combined approach to self-management skills.

<u>Environment</u>. Kathy Mansberger, Chair. The Environmental Health position paper is completed. Fact sheets are available addressing ten environmental problems.

Public Relations / Awards. David Zauche, Chair. Categories for awards will be

- (l) Leadership (throughout their career, over the years),
- (2) Achievement (for that one year)
- (3) Program (to be awarded to a group for a particular program).

A draft of the form for nominations was circulated; a motion was made by Step Mika, seconded by Jim Dryden, and passed unanimously that the form be adopted.

Information will be disseminated concerning the 8 components of school health marketing and public relations campaign. Lynne Weise is in charge of the steering committee.

<u>Local School Health Councils.</u> Genie Wessel, Chair. Five hundred copies of <u>Guide to Development of Local School Health Councils</u> have been produced; the training is next.

Maryland Healthy Schools Coalition. Step Mika. Philip Benzel and Rose LaPlaca helped to put through the Learning Outcomes. Next meeting will be Nov. 10, 1998, 3 - 6 p.m., at the Meeting House in Columbia. Nancy Hudson and Barbara Sullivan have been nominated as Co-chairs. All position papers have been prepared. It is proposed that a wellness conference be planned which would represent all eight health components. (Page 1 of 3)

### **OLD BUSINESS:**

Children's Initiative: A motion was made by Philip Benzel, seconded by John Ryan, and passed unanimously that MSSHC endorse the Maryland Children's Initiative which increases the MD excise tax on cigarettes by \$1.50/pack and extends the tax to other tobacco products. The money raised to be used for a campaign to discourage children from using alcohol, tobacco and other drugs and to provide treatment for citizens already addicted;

a campaign to improve reading among MD's public school students, particularly in elem. grades, by methods such as significantly reducing class sizes;

high quality and affordable after-school programs for children throughout MD; and community-wide plans that focus on measurable results and increased opportunity for children. The plan also calls for informing organization members, the general public, the Governor, members of the General Assembly and the 1998 candidates for state and local offices concerning the endorsement of the Initiative.

Maryland Joint Resolution on Coordinated Comprehensive School Health Programs: This resolution signed June 23, 1998, by Nancy Grasmick for MSDE and Martin Wasserman for DHMH calls for a renewed commitment and concerted effort to improve the physical, social, emotional, spiritual and intellectual well-being of Maryland's children and families.

### **NEW BUSINESS:**

Annual Program Review: Eric Fine, M.D. met with Dr. Wasserman on July 29, 1998; report in packet.

Youth Risk Behavior Surveillance System: Developed to monitor selected health-risk behaviors. Collaboration is needed; heads of agencies need to meet.

State Medical Society Resolutions: (Included in meeting packet): MedChi supports
Reforming school schedules to allow for later start and end times for high school students,
Safer handguns, performance standards for personalized handguns, and request for adoption of
the federal Children's Gun Violence Prevention Act of 1998,

Passage of \$1.50 increase in MD tobacco tax, and The MD Children's Initiative,

Universal Newborn Hearing Screening in hospitals prior to discharge,

Ceasing production and eliminating existing stores of "Persistent Organic Pollutants", including related programs, and

A fair and just plan for relocating the Baltimoreans of Wagner's Point and Fairfield, areas in a zip code which has the highest cancer rate in MD (MD has second highest rate in US). The problem is due to the location of a major herbicide producer on the road which dead-ends at Wagner's Point.

Report to ASHA for 1997-1998: Dr. Fine sent a synopsis of MSSHC activity (in packet). Genie Wessel is our official representative to ASHA.

ADHD Statewide Survey Results: Vicki Taliaferro reported that the information will be published in a final report to be released at the November 13 - 14 Conference.

Medication Administration in Schools: There is evidence that many medications for students may not need to be administered during the school day; this will be investigated.

### **ANNOUNCEMENTS:**

Mary Etta Reedy reported that training programs for coaches is being reviewed in the State; she will bring the results to MSSHC.

"School Health Guidelines Project" from the American Academy of Pediatrics / National Association of School Nurses was distributed so that the various organizations represented at MSSHC can review it and support it if desired.

Safe Schools Conference: Jim Dryden reported that the conference will be at the Convention Center on September 25 - 26, 1998.

"Guide to Safe Schools: Early Warning - Timely Response" announced by Dennis Duda: http://www.air-dc.org/cecp/

The next meeting of the Executive Board will be October 21, 1998, at 1:00 p.m.

The meeting was adjourned at 3:00 p.m.

### Members present 9-16-98:

Amy Evans	Teresa Albright	Pamela Putman
Step Mika	John Ryan	Jim Dryden
Vicki Taliaferro	Philip Benzel	Kathy Mansberger
Eric Fine	Deitra Wengert	Carole Pinckney
Donna Behrens	Francine Childs	Genie Wessel
John Nussear	Donna Mazyck	Jane Barker
Carol Costante	David Zauche	Patricia Kelly
Mary Etta Reedy	Dennis Duda	Mark 18. Nobel 1995, Table ♥

Respectfully submitted,

Jeresa M. Albright, B.S., M.Ed., Secretary

# MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF %14/98

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9/14/98	Dr. Webster ck 194 sp conf speake	1 1			\$4U1.23	40,240.00

Respectfully Submitted,

### MARYLAND STATE SCHOOL HEALTH COUNG

EXECUTIVE BOARD MEETING MINUTES: MAY 20, 1998

WELCOME AND CALL TO ORDER: The meeting was called to order by Cou Eric M. Fine, M.D., at 1:10 p.m., at the Greenwood Office - Baltimore County Pub Board Room A.

MINUTES: The minutes of the Executive Board Meeting of March 18, 1998, were accepted as distributed.

**TREASURER'S REPORT:** Carol Dunlavey. The Report as of 5-12-98 was presented, showing a balance of \$19,885.37. The report was accepted.

### **COMMITTEE REPORTS:**

Environment. Katherine W. Mansberger, Chair. The position paper for the Coalition will be prepared by a volunteer. As part of President Clinton's initiative on safe food handling, a "Fight BAC" packet and commercial have been prepared. The packet will be distributed to every school system, and information will be available on the internet.

<u>Program. Donna Behrens, Chair.</u> The bill for the Spring Conference, 1998, is being negotiated with the Sheraton Hotel, Ocean City. The Fall Conference will be The Maryland Interdisciplinary Conference on ADHD, scheduled for November 13-14, 1998, at the Adult Education Center at the University of Maryland, College Park.

<u>Public Relations / Awards. David Zauche, Chair.</u> The committee will meet before the June meeting of the Executive Board. The marketing of the School Health Initiative has been coordinated with "Healthy Kids, Better Students".

<u>Local School Health Councils. Genie Wessel</u> The document, "Guide to Local School Health Council Development, Revised 1998" was distributed. It states that technical assistance is available from MSSHC. A motion was made by David Zauche, seconded by Genie Wessel, and unanimously passed, that the document be adopted for use by MSSHC and the committee when working with subdivisions.

Maryland Healthy Schools Coalition: David Zauche. Meeting is scheduled for May 12, 1998. The Maryland Joint Resolution on Coordinated Comprehensive School Health Programs is to be signed by Dr. Grasmick and Dr. Wasserman on June 23, 1998.

### **OLD BUSINESS:**

Annual Program Review: Eric M. Fine, M.D.: Agenda list for the 4-27-98 meeting with Agency Heads was presented; additional issues discussed include "violence" and the need for hiring more health professionals to serve in schools.

The Maryland Children's Health Program: Eric M. Fine, M.D. Program which begins 7-1-98, provides health insurance coverage for average to low-income children (to age 19) and pregnant women (any age); those eligible will be included in HealthChoice, an existing state-wide managed care program. Qualifications for the program are included in the meeting packet. Federal money is available for five years; Maryland will supply matching funds.

### **NEW BUSINESS:**

"School Schedules and Adolescent Health": Distributed report of the Systems Change Subcommittee of the Kids at Risk Committee, Howard County. It supports a later start and dismissal time for high school students because of their physiological development.

School Nurse Institute Program: Genie Wessel distributed booklets describing the 11th SNIP scheduled for 8-3 to 8-7-98.

Oral Health Legislation: Robert Jones, D.D.S., gave information about SB590 which addresses early-stage dental treatment for children; 15% of the children have 50% of the dental disease.

American School Health Association: Genie Wessel will serve as liaison from MSSHC to ASHA; her letter of acceptance is in the meeting packet.

The Executive Board will not meet on June 17, 1998.

The meeting was adjourned at 3:05 p.m.

### Members present 5-20-98:

Michibers present 3-20-30.	
Vicki Taliaferro	Carol Costante
Kathy Mansberger	David Zauche
Lynne Weise	Carol Dunlavey
Eric Fine	Teresa M. Albright
Gordon Mella	

Mardel Knight
Mary Pat Kahle
Robert Jones
Donna Behrens

Respectfully submitted,

Ilusa M. Albright

Teresa M. Albright, B.S., M.Ed., Secretary

### MARYLAND STATE SCHOOL HEALTH COUNCIL

TREASURER'S REPORT AS OF 5/12/98

DATE	MEMO	ACCOUNTS	INCOME	ACCOUNTS	EXPENSES	ASSETS
POSTED		RECEIVABLE		PAYABLE		BALANCE
7/1/97	Opening Checking Balance					\$10,438.81
7/30/97	Conference registrations		\$140,00			\$10,578.81
9/30/97	Holiday Inn- Fall Conf CK 166				\$200.00	\$10,378.81
10/2/97	Sheraton Fontainbleu ck 167				\$5,000.00	\$5,378.81
11/13/97	Conf Registrations		\$320.00			\$5,698.81
11/17/97	MD Chapt AAP Fall Conf Exhib ck168				\$150,00	\$5,548.81
11/17/97	Charlene Pasco Speaker Fall Conf ck 169				\$500.00	\$5,048.81
11/17/97	A+A Trophy Fall Conf ck170				\$608.23	\$4,440.58
11/17/97	ASHA Guidel for CSHP CK171				\$500.00	\$3,940.58
11/21/97	Conference Registrations		\$220.00			\$4,160.58
12/12/97	Holiday Inn - Fall Conf Ck173				\$2,342.34	\$1,818.24
12/12/97	John Ryan Refund ck 174				\$10.00	\$1,808.24
12/12/97	Jennie Glime Refund ck 175				\$10.00	\$1,798.24
12/12/97	Coleen Freeman Refund ck 176				\$10.00	\$1,788.24
12/12/97	Gail Vucci Refund ck 177				\$10.00	\$1,778.24
12/12/97	Debbie Somerville Printing ck 178				\$26.19	\$1,752.05
12/12/97	Deposit Conf Registrations		\$50.00			\$1,802.05
12/15/97	Eric Fine, MD ASHA conf ck 179				\$914.55	\$887.50
3/25/98	Conference Registrations		\$1,725.00			\$2,612.50
3/27/98	Conference Registrations		\$1,400.00			\$4,012.50
3/30/98	Conference Registrations		\$1,425.00			\$5,437.50
4/6/98	Conference Registrations		\$1,150.00			\$6,587.50
4/7/98	MSDE Grant		\$3,500.00			\$10,087.50
4/8/98	Conference Registrations		\$1,125.00			\$11,212.50
4/14/98	DHMH Grant	\$3,500.00				\$14,712.50
4/14/98	OCYF Grant	\$3,500.00				\$18,212.50

Balance amended to \$ 19.885,37

Respectfully Submitted,

## MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 5/12/98

4/20/98	Conference Registrations	\$900.00		\$19,112.50
4/27/98	Univ of MD SNIP ck 181		\$500.00	\$18,612.50
4/27/98	Eric Fine, MD ck 182		\$322.13	\$18,290.37
5/5/98	Conference Registrations	\$1,520,00		\$19,810.37
5/5/98	Vendor Fee	\$75.00		\$19,885.37

Respectfully Submitted,

### MARYLAND STATE SCHOOL HEALTH COUNC

### EXECUTIVE BOARD MEETING MINUTES: MARCH 18, 1998

3-18-98

WELCOME AND CALL TO ORDER: The meeting was called to order by Council Chair, Eric M. Fine, M.D., at 1:30 p.m., at the Greenwood Office - Baltimore County Public Schools, Upstairs board room.

MINUTES: The minutes of the Executive Board Meeting of February 18, 19998, were accepted as distributed.

**TREASURER'S REPORT:** Carol Dunlavey. The Report as of 3-11-98, was presented, showing a balance of \$887.50. The report was accepted.

**INTRODUCTIONS:** All present introduced themselves, including the group they represent.

### **COMMITTEE REPORTS:**

Program. Donna Behrens, Chair. Written report provided.

<u>Health Services. Jean Williamson, Chair.</u> (Carol Dunlavey, reporting) The role of the school nurse is being more clearly defined. The Guidelines information on medication will be reviewed.

Health Education. Mary Etta Reedy, Chair. Health Education Learning Outcomes and Performance Indicators for grade clusters K-3, 4-5, 6-8, and 9-12 were distributed; they are to be used by teachers in developing lessons. A motion was made by David Zauche, and seconded by Teresa Albright, that the State Board of Education adopt the document. The motion passed, with one abstention. The exemplars which show the application of the document to learning tasks, will be aired at the Spring Conference.

Environment. Katherine W. Mansberger, Chair. The committee will meet next Wednesday. A pamphlet was presented, and the list of areas covered was read. It was suggested that a student from the Johns Hopkins School of Public Health could develop the data and seek funding for distribution of information, and that this project be blended with the Resource Manual from Health Services. Information through the Internet was discussed. An author is being sought for the position paper for the Coalition.

<u>Public Relations / Awards. David Zauche, Chair.</u> Award nominations have been sent out; there is a March 27, 1998, deadline. The committee will meet on April 7. Marketing: There are collateral materials for the 8 components using the clipper ship; we need a plan to promote materials.

Maryland Healthy Schools Coalition: Carol Dadds. There will be a meeting of the General Body at the Meeting House in Columbia on May 12, 1998, 3 - 6 p.m. Three position papers are being prepared concerning Psychology, Community, and Health and Wellness. A school health web page on EROLS was discussed.

Office of Children, Youth and Families: A written report was submitted by Donna Behrens. Promotion continues for school-based health care.

(page 1 of 2)

### Legislative Update:

S.B. 729 and H.B. 1281: Reimbursement for nurse practitioners being considered today.

H.B. 222; Nurse practitioners and other practitioners to be covered: no action.

S.B. 532: March 11 hearing; no action in the Senate.

### **OLD BUSINESS:**

Governor's ADHD Task Force Update: The state has mandated a study of students with ADHD. We will collaborate in this conference on November 13-14 (our Fall conference); location will be determined. Aggregate data from elementary / middle / high schools will be used.

MSSHC Spring Conference Update: April 23-24, 1998, Ocean City, MD, at the Sheraton. <u>Health is Academic</u> will be marketed.

### **NEW BUSINESS:**

Report on the ASTHO/CCSSO meeting "Building Support for School Health Programs" March 9 - 11, 1998, Mary Etta Reedy and C. Duncan.

### Concerns:

The Coalition needs to have more key people in terms of delivery of health services (Bob Jones).

Genie Wessell asked that Pam Putman review the document, "Guide to Local School Health Council Development, Rev. 1998" and send comments to her by April 1, at the University of Maryland School of Nursing, 515 W. Lombard Street, Baltimore, MD 21201.

SNIP will meet in August.

The meeting was adjourned by the chair.

### Members present 3-18-98:

Teresa M. Albright John M. Ryan

Mardel Knight Carol Dunlavey Bob Jones
Philip S. Benzil John McGinnis Carol Dadds
Pam Putman Eric M., Fine David Zauche

Linda Miller Mary Etta Reedy Barbara Blandford

Joan Stine

Respectfully submitted,

Lusa M. Albright
Teresa M. Albright, B.S., M.Ed., Secretary

Katherine W. Mansberger

## MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 3/11/98

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12/12/97	Gail Vucci Refund ck 177				\$10.00	\$1,778.24
12/12/97	Debbie Somerville Printing ck 178				\$26.19	\$1,752.05
12/12/97	Deposit Conf Registrations		\$50.00			\$1,802.05
12/15/97	Eric Fine, MD ASHA conf ck 179				\$914.55	\$887.50

Respectfully Submitted,

Cerve & Dearlandy

### MARYLAND STATE SCHOOL HEALTH COUNT

EXECUTIVE BOARD MEETING MINUTES: JANUARY 21,1998

WELCOME AND CALL TO ORDER: The meeting was called to order by Boar Taliaferro, at 1:10 p.m., at the Greenwood Office - Baltimore County Public School All attendees introduced themselves. Vicki reviewed the fact that Council Chair, Eric M. Fine, M.D. was undergoing surgery. Positive thoughts for him were shared. Work responsibilities kept Vice Chair, Donna Behrens, from attending.

MINUTES: The minutes of the Executive Board Meeting of December 17, 1997, were accepted as distributed.

### **COMMITTEE REPORTS:**

<u>Program: Donna Behrens, Chair.</u> A printed report of the January 9, 1998, meeting of the committee was presented. The Spring conference will be April 23-24, 1998, at the Sheraton Fontainbleau Hotel in Ocean City, Maryland.

<u>Health Education: Mary Etta Reedy, Chair.</u> Health Education exemplars will be developed to promote health education learning outcomes.

<u>Environment: Katherine Mansberger, Chair.</u> A position paper is being developed. A subgroup is working on a packet of fact sheets for schools. The EPA Tools for Schools package for training for non-profit organizations is available; request on organization letterhead for one free pakage. A Radon Information kit is available from MD Dept. of the Environment. Problem-solving Wheels are available.

<u>Public Relations / Awards: David Zauche, Chair.</u> All materials produced through CDC marketing effort can be used. Forms for Council awards will go out in February.

Local School Health Councils: Genie Wessel, Chair. Draft will be available in April.

Maryland Healthy Schols Coalition Report: Carol Dadds. Meeting will be held January 22, 1998. Four position papers are ready. Work is being done on parent/community involvement. Names of persons preparing the position papers will be stated in our minutes so that the Coalition can become involved in various issues.

### **OLD BUSINESS:**

ADHD Task Force is planning a conference co-sponsored by MSSHC. It will be for a Friday-Saturday in the Fall and will be located in the Beltway area.

Letters have been sent to DHMH, MSDE and OCYF agency heads; annual meetings will be arranged.

Issues for School-Based Health Centers: Will nurse practitioners be accepted so that there can be billing for their services.

Rose La Placa's keynote speech at the Fall Conference, 1997, is in the meeting packet.

(page 1 of 2)

### **NEW BUSINESS:**

Genie Wessel announced a UMD-Nursing course for Spring Semester and Summer: Health Services for Schools: 3 credits, Graduate or Undergraduate (No need to enroll in UMD.) Course could also be offered by "distance learning" or as a concentrated 1-week course.

ASHA: We are entitled to a second delegate.

The Maryland Children's Initiative: concerning tobacco use by children; copy in packet. Discussed pros and cons of endorsing it as a Council.

Miss America is interested in "health" and is available as a guest speaker through ASHA. Call Mary McGinnis at 253-925-2585.

Linda Miller announced meetings concerning technical information about feeding children with special needs. Teams will be invited to the program of panels and resource sharing; Harriett Cloud will speak: March 30, Eastern Shore; March 31, Frederick; April 1, Columbia.

Gordon Mella, M.D. discussed the School Pediatric Health Committee which would meet at a local hospital and would encourage pediatricians to become involved in School Health

Linda Miller announced the volume, <u>Health is Academic</u>, defining the eight comprehensive areas of school health.

The meeting was adjourned.

### Members present 1-21-98:

Katherine W. Mansberger Carol Dadds Carole Pinckney Gordon Mella Mardel Knight David Zauche **Bob Jones** John Ryan Mary Keene Rick Lambertson Linda Miller Mary Pat Kahle Vicki Taliaferro Jane Barker Teresa M. Albright Genie L. Wessel Carol Costante Mary Etta Reedy John Nussear Diane Gordy

Respectfully submitted,

Olivera M. albright

Teresa M. Albright, B.S., M.Ed., Secretary

## MARYLAND STATE SCHOOL HEALTH COUNCIL TREASURER'S REPORT AS OF 2/17/98

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Respectfully Submitted,

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