

10-26-05

**MARYLAND STATE SCHOOL HEALTH COUNCIL**  
**EXECUTIVE BOARD MEETING**  
**MINUTES: October 26, 2005**

**Welcome and Introductions:** The meeting was called to order by Council Chair, Michele Prumo, R.N., M.S., at 1:00 p.m., at the Greenwood Office – Baltimore County Public Schools, Board Room A. All present were welcomed and invited to introduce themselves.

**Minutes:** The Minutes of the Executive Board Meeting of September 21, 2005, were accepted with the corrections of “Website *has* been updated,...” p.1 and “(Vicki Taliaferro reporting for *DHMH.*)” p.3.

**Treasurer’s Report:** Marge Hoffmaster.

The Treasurer’s Report as of October 26, 2005, reflecting a balance of \$11,805.77, was accepted.

**Maryland Healthy Schools Coalition Report:** Sherry McCammon, Co-Chair.  
(Report shared by Betsy Gallun)

The Maryland Healthy Schools Coalition had their Fall General Meeting October 14, 2005, 10:00 a.m.– 12:00 noon at the American Cancer Society in White Marsh.

The meeting was very informative and productive with a lot of wonderful information shared about what is happening in Maryland in the area of school health. The Coalition was also able to accomplish filling out a strategy chart for advocating for increasing Physical Education.

The Coalition currently has 6 member organizations: American Academy of Pediatrics, MD Chapter; American Cancer Society; American Heart Association; Johns Hopkins Center for Adolescent Health; Maryland Action for Healthy Kids; Maryland Healthy Eating and Active Lifestyles Coalition; and Maryland Public Health Association.

The Coalition’s next steps are:

- Follow up on the status of the YRBS data.
- Follow up on the survey of the MSDE Nutrition Guidelines.
- Disseminate Strategy Chart and assign responsibility for tactics.
- Prepare for upcoming session.

Our next meeting will be in early December.

For more information, visit [www.mdhealthyschools.org](http://www.mdhealthyschools.org).

**OLD BUSINESS:**

**Fall Program** will be November 16, 2005, at The Great Room at the Old Savage Mill, Savage, MD. Elizabeth S. Revell, PH.D. will be the speaker.

Eric Fine, Chair of the Committee for Public Relations / Awards, announced that the committee would be meeting November 2, 2005, to select award winners. Awards will be presented during the lunch time at the Fall Program.

**NEW BUSINESS:**

**Restructuring MSSHC Committees:**

Chair, Michele Prumo, distributed "Restructuring Proposal" and "Comments from Teresa Albright Re: Restructuring Proposal". Both are filed with these Minutes. There was a discussion concerning various possibilities for restructuring, however the available time was brief because we were expecting guests who arrived as we were discussing restructuring proposals. This item of New Business will be continued at our December meeting.

**Presentation by Dr. Nancy Grasmick and Ms. Kendel Ehrlich  
on Dr. James Gordon's Center for Mind-Body Connection:**

The Council welcomed guests who presented information concerning the Center for Mind-Body Medicine, "a non-profit educational organization dedicated to reviving the spirit and transforming the practice of medicine".

Dr. Joe Hairston, Superintendent of Baltimore County Public Schools, spoke about the importance of education to do what is right for our bodies. He then introduced Dr. Nancy Grasmick, Maryland Superintendent, who thanked Michele for her leadership and said that Dr. Hairston was doing a great job in Baltimore County. After inviting all present to introduce themselves, she introduced Maryland First Lady, Kendel Ehrlich, who after speaking about her commitment to health issues in Maryland and the U.S., introduced Dr. James S Gordon, the founder and director of the Center.

Dr. Gordon said that he was a traditional physician and a research psychologist looking for better ways. After introducing several staff members who accompanied him and distributing folders of information about the Center, he used a PowerPoint presentation, "Maryland School Wellness Initiative - Center for Mind-Body Medicine" to describe aspects of his program which emphasize the best of traditional medicine and the world's healing traditions. (A printout is in the folder.)

Dr. Grasmick said that this could be used in Maryland. She suggested that Michele Prumo explore the planning of a model that could work in Baltimore County, with ideas that could be shared by the first of the year.

Dr. Gordon was invited to make a brief presentation of his program at our Fall Program on November 16, 2005.

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The meeting was adjourned at 3:10 p.m.

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Attendance 10-26-05, as signed in prior to arrival of program guests:

Teresa M. Albright	Ginny Popalek	Pat Balducci	Sue Reiman
Cheryl DePinto	Eric M. Fine, MD	Helen Monk	Marge Hoffmaster
TaMonica Wright	Donna Mazyck	Marsha Freed	Robin Ziegler
Stewart Eidel	Barbara Sullivan	Dale R. Rauenzahn	Karen Heinrich
Christie Fuhrer (for L. Fink)	Donna Behrens	Travea Ghee	Joan Stine
Michele Prumo	Betsy Gallun	Deborah Frye	Carole Pinckney
Sharon Doughty, RN	Havalah Neboschick	Deitra Wengert	JoAnne Carter

Respectfully submitted,  
*Teresa M. Albright*  
Teresa M. Albright, B.S., M.Ed., Secretary

**MARYLAND STATE SCHOOL HEALTH COUNCIL  
EXECUTIVE BOARD MEETING**

ATTENDANCE: Date: 10-26-05

Please print!

NAME

ORGANIZATION you represent  
on the Executive Board

TERESA M. ALBRIGHT	Maryland State Teachers Association
Ginny Poprak	HCPS - Supreme Health PE
Pat Balducci	NCHD
Sue Reiman	HCPS.
Cheryl DePinto	DHMH
ERIC M FINE, MD	MARCHI/BCDH
Helen Mark	Western MD Region
MARGE HOFFMASTER	CENTRAL REGION/TREASURER
TAMONICA WRIGHT	MSDE
Donna Mazyck	MSDE
Marsha Freed	MASHAC
Robin ZIEGLER	MSDE
STEWART EIDOL	MSDE
BARBARA SULLIVAN	HEALTH ED COMMITTEE / BCPS
Dale R. Lauerzahn	Balt County Public Schs.
Karen Heinrich	BCPS
Mary Keene	MACD
Christhe Fuhrer for Louise Fink	Balto City Public Schools
Donna Behrens	MARYLAND ASSEMBLY on SCHOOL-BASE HEALTH CARE

Please print!

**MARYLAND STATE SCHOOL HEALTH COUNCIL  
EXECUTIVE BOARD MEETING**

ATTENDANCE: Date: 10-26-05

Please print.

NAME	ORGANIZATION you represent on the Executive Board.	
Travea Cyhee	Maryland	Assembly on School Based Health Care
JOAN STINE	DHMH	
Michelle Russo	BCPS	Baltimore Co. School
Petsy Gallun	PGCPS	
Deborah Gye	FCHD	MVA
Carole Pinkney	PGCPS	So Md Co.
Sharon Doughty	PG Co. H.D.	SO MD COUNTIES
HAVALAH NEBOCHICV	GOVERNOR'S OFFICE	NOT ON BOARD
DETRA WENGER	MAHPSA	SCHOOL HEALTH COMMISSION TOWSON UNIVERSITY
Johnnie Carter	MSDE	
Chark Butler	MIDP	

Please print!

Maryland State School Health Council  
Treasurer's Report  
October 26, 2005

Beginning Balance -	\$11,805.77
Deposits -	
Void Check #802 - American Cancer Society	\$272.52
Expenses	
American Cancer Society - Check # 835 (replacement for # 802)	\$272.52
Balance	\$11805.77

Respectfully submitted

Margaret Hoffmaster

**MARYLAND STATE SCHOOL HEALTH COUNCIL**  
**EXECUTIVE BOARD MEETING**  
**MINUTES: September 21, 2005**

9-21-05

**Welcome and Call to Order:** The meeting was called to order by Council Chair, Michele Prumo, R.N., M.S., at 1:10 p.m., at the Greenwood Office – Baltimore County Public Schools, Board Room A. All present were welcomed and invited to introduce themselves. Stewart Eidel (MSDE) was welcomed as the new chair for the Food and Nutrition Programs Committee.

**Minutes:** The Minutes of the Executive Board Meeting of May 18, 2005, were approved as distributed. (There was no June meeting.)

**Treasurer's Report:** Marge Hoffmaster.

The Treasurer's Report as of September 21, 2005, reflecting a balance of \$11,805.77, was accepted.

**Maryland Healthy Schools Coalition Report:** Sherry McCammon, Co-Chair.

Last [legislative] session the coalition had two successes: Senate Bill 233 passed with amendments, creating a full-time Physical Education Staff Specialist position at MSDE. Senate Bill 473 passed with amendments, requiring all schools to have timers on vending machines by September 2006.

The coalition had a successful Silent Auction raising \$463.00. Budget for this school year will be created.

During our Summer Board Planning Meeting, the board prioritized issues from our Spring Meeting and identified our goals for this school year:

- Follow up on status of YRBS and when data will be released,
- Monitor MSDE Nutrition Guidelines (MOM#12), and
- Advocate for a Quality Physical Education Program that meets national standards.

Fall Meeting is scheduled for October 14, 2005, 10:00 a.m. – 12:00 noon at the American Cancer Society in White Marsh. Flyers were distributed; see filed Minutes.

Website has been updated, thanks to Brian Griffith, our Web Novice. Minutes will be posted on the website as well as our recruitment form so individuals can join on-line.

New Member Organization Form to recruit organizations to officially join MHSC. Organization's names will be added to our Fact Sheet and will have links on our website.

**OLD BUSINESS:**

**Fall Program** will be held November 16, 2005, 9:00 a.m. – 3:00 p.m., at the Great Room, Savage Mill, MD. Mary Keene reported that everything is planned. Information / registration forms were mailed out several weeks ago. Pat Balducci and Sue Reiman are putting together the brochure. The Fall Program is advertised on our website.

**NEW BUSINESS:**

**Report from Joint meeting with State Secretaries. Michele Prumo.**

The Joint Meeting was held July 7, 2005, with Dr. Grasmick (MSDE) and Secretary McCann (DHMH); Michele reported that they were gracious and supportive.

Included in our meeting packet is a copy of the letters from Michele which were later sent to Dr. Grasmick and Sec. McCann reflecting the topics which were discussed at the meeting:

- Ensure representation of Local School Health Councils on each school system's Wellness Plan Committee.
- Have a MSSHC representative on the State committees for Youth Suicide Prevention and the School Health Committee.
- Increase a broader representation from the State on the MSSHC, especially on the Executive Board.
- Remain focused on the following school health issues: obesity / physical activity, asthma, and youth suicide.
- Involve the Department of Juvenile Services in the MSSHC to address the transition of students from DJS facilities to schools.

So far, Secretary of Juvenile Services, Kenneth C. Montague, Jr., has been contacted.

Mary Keene (V.Chair), Maura Rossman (Past Chair), and Michele Prumo met during the summer to construct a Restructuring Proposal for the Council. Copies were distributed; one is filed with these Minutes. The proposal includes the following:

**\*Revamp committees**

- Youth Suicide
- Current Health Trends
  - To delineate current health trends that are affecting students
  - Discuss strategies that MSSHC may help
- Legislative
  - To keep council informed of relevant legislation
  - To keep council informed of MSDE and DHMH's positions

**\*Full Executive Board would meet every other month with committees meeting on the off months at the same time and place, if convenient.**

**\*Personal invitations to LSHC's Chairs to meet prior to start of Fall Conference.**

**\*Invitation to LSHC Chairs to attend the Executive Board meetings.**

**\*Incentive grants to LSHC's**

The following suggestions were made by those present:

- Charge LSHC Chairs \$20. (instead of the regular \$35.) to attend the Fall Conference.
- Focus on one or two issues for "current health trends".
- Consider including the following committees: Nominating, LSHCs, Awards, Bylaws, Website.
- Consider "comprehensive" approach.

Robin Ziegler will relate our concerns to MSDE.

Michele will email the Restructuring Proposal (distributed) to us for our comments. We will vote at our next meeting.

**Executive Board Meeting Schedule** for FY 05 – 06 was distributed. Note that our October meeting will be on the 4<sup>th</sup> Wednesday, October 26.

**October 26 Meeting** - Vicki Taliaferro. We will begin at the regular time, 1:00 p.m. At 1:30 p.m., Dr. Nancy Grasmick and Maryland First Lady Kendel Ehrlich will join us. Their topics for concern include “Children and Their Health” and “Center for Mind-Body Medicine” (Dr. James Gordon, Director). For additional information check website: [www.cmbm.org](http://www.cmbm.org).

**Scoliosis Screening** - Michele Prumo sharing information for Maura Rossman. Consideration is being given to discontinuing scoliosis screening because it appears to be ineffective and effects COMAR.

**Announcements:**

**Lead poisoning** is affecting children ages 14 – 19 at an astounding rate. (Vicki Taliaferro reporting information from DHMH)

**HIV Prevention Project** is being planned by the American Academy of Pediatrics. They may be contacting us concerning this initiative.

**SHIP Planning Committee** would welcome a volunteer from MSSHC.

**YRBS** is completed. There is now weighted data that can be compared in the national arena.

The meeting was adjourned at 2:30 p.m.

Attendance 9-21-05:

Teresa M. Albright  
Yvonne S. DeLoatch  
Stewart Eidel  
Sue Reiman  
Louise Fink  
Mary Keene  
Helen Monk

Sherry McCammon  
Penny Bramlett  
Betsy Gallun  
Vicki Taliaferro  
Karen Heinrich  
Joan Stine  
Michele Prumo

Eric M. Fine, MD  
Marge Hoffmaster  
Pat Balducci  
Marsha Freed  
Sharon Doughty  
Robin Ziegler

Respectfully submitted,  
*Teresa M. Albright*  
Teresa M. Albright, B.S., M.Ed., Secretary

MARYLAND STATE SCHOOL HEALTH COUNCIL  
EXECUTIVE BOARD MEETING

ATTENDANCE: Date: September 21, 2005

Please print!

NAME

ORGANIZATION you represent  
on the Executive Board

TERESA M. ALBRIGHT	Maryland State Teachers Assn.
Sherry McCammon	Maryland Healthy Schools Coalition
ERIC M. FINE, MD	MED-CAI
Yvonne S. DeLoatch	MD Local Environmental Health Dir
Lenny Bramlett	Carroll County Health Dept.
MARGE SOFFMASTER	CCPS
STEWART O'DR	MSDE
Betsy Gallun	MSDE & PGCPs
Pat Baldwin	Hagerston Co. Health Dept.
Sue Reiman	Harpur Co. Public Schools
Vicki Shapiro	MSDE
Marsha Freed	MASHN
Louise Fink	BCPSS
Karen Heinrich	BCPS
Sharon Doughty	P.G. County - Southern Regional Rep.
Mary Keene	MACIO
Joan Steve	DHMH
Robi Ziegler	MSDE
Helen Monk	FCPS

Please print!

Maryland State School Health Council  
Treasurer's Report  
September 21, 2005

Beginning Balance - \$12890.65

Deposits - none

Expenses

Marge Hoffmaster (Drinks and Paper Products - Regional Meeting (#827)	27.68
Carroll County Career and Tech – Food Regional Mtg (# 828)	107.20
Web Master (Darby Ashmore) May Web site (#829)	100.00
Web Master (Darby Ashmore) June Web site (#830)	100.00
Putting on the Ritz – Deposit – Fall Conference (#831)	400.00
Park Avenue Café – Food MSDE (# 832)	150.00
Web Master (Darby Ashmore) July Web site (#833)	100.00
Web Master (Darby Ashmore) Aug Web site (#834)	100.00

Balance \$11805.77

Check # 802 – American Cancer Society (3/17/04) - \$272.52 - Still Outstanding

Respectfully submitted

Margaret Hoffmaster



**MARYLAND STATE SCHOOL HEALTH COUNCIL**  
**EXECUTIVE BOARD MEETING**  
Minutes: May 18, 2005

**Call to Order:** The meeting was called to order by Council Chair, Michele Prumo, R.J. 5-18-05  
at 1:30 p.m., at the Carroll County Health Department, Westminster, MD, following the  
Regional Meeting.

**Minutes:** The Minutes of the Executive Board Meeting of April 20, 2005, were approved as distributed.

**Treasurer's Report:** Marge Hoffmaster.

The Treasurer's Report as of May 18, 2005, reflecting a balance of \$12,890.65, was accepted.

A Proposed Budget for Fiscal Year 2006 was presented and reviewed. A copy is filed with these Minutes.

Sue Reiman, Pat Balcucci and Mary Keene will meet to determine an "exact" cost for the Fall Meeting.

Add: Paper and Postage - \$500.

Adjust: Fall Meeting Speaker - \$1,000.

**Maryland Healthy Schools Coalition Report:** Report prepared by Sherry McCammon, Co-Chair,  
presented by Betsy Gallun.

This Year the coalition had two successes. SB233 passed with amendments that will create a full-time PE Staff Specialist position at MSDE, and SB473 passed with amendments which will require all schools to have timers on vending machines by September 2006.

On May 12, Coalition had Board and General meeting. Board of Officers elected at Board meeting: Co-Chairs are Patricia Brownlee and Sherry McCammon, Treasurer is Joe Leake, Secretary is Beth Marshall.

During General meeting, awards were given to Sen. Britt, Del. Stern and Sen. Pinsky. Pamela Shurkin accepted award on behalf of Sen. Pinsky. Pictures were taken, and a press release will be sent, thanks to Dawn Ward, Communications Marketing Director for the American Cancer Society. Del. Stern, Sen. Britt, Ms. Shurkin and Coalition members exchanged wonderful dialogue about pertinent issues that impact children. We also discussed partnerships, funding and recruitment of additional members. If you have any addition information that you would like to contribute about those issues, please let the Coalition know.

Our updated website was also unveiled and will be on-line shortly thanks to Brian Griffith, our Web Novice. Minutes and our recruitment form will be posted on the website. Please continue to recruit new members.

Coalition has sponsored a session at SHIP Conference: Session WS5 pm Tues. Aug.2, "Marketing and How it Influences What Children Eat." Coalition membership forms will be included in ALL participant packets. Coalition will also be hosting a Silent Auction to raise money. If you have any items to donate, call Pat Brownlee 410-396-8811.

Coalition will work over the summer. Next General meeting will be in October.

**OLD BUSINESS:**

**Fall Program** will be held November 16, 2005, 9:00 – 3:00 p.m., at the Great Room, Savage Mill, MD. A copy of the flyer will be on our website. A mock-up of the brochure with directions, cost, agenda, etc. will be available at our September meeting.

We discussed how best to use the LSHC team time.

Betsy Gallun will lead a 30-minute team-building motivational activity.

**Local School Health Council Surveys** were mailed two weeks ago and are due the end of May. A response has been received from Harford County.

**Parenting Education:** Teresa Albright was asked to begin work on a fact sheet for our website.

#### **NEW BUSINESS:**

**Website:** Our webmaster suggested that we use a new host and shorten our name over the next two years. These ideas were confirmed by general consensus.

**Joint Meeting** with Dr. Grasmick and Sec. McCann will be held July 7, 2005, 10:30 a.m., at the MSDE 8<sup>th</sup> Floor. Topics will include: Results of the survey and use of our funds.

#### **COMMITTEE REPORTS:**

1. **Family and Community Partners.** (New Chair to be appointed.)

2. **Food and Nutrition Programs.** Elaine Smith, Chair.

The "MOM 12" (Management and Operations Memorandum Number 012) is not a law; it is a report and is available on the MSDE website.

3. **Health Education.** Barbara Sullivan, Chair.

4. **Health Services.** Vicki Taliaferro, Chair.

**School Health Services Guidelines:** The committee continues to develop and review guidelines. This year the guidelines we are addressing include: *Diabetes (Rev.)*, *Hemophilia (Rev.)*, *Body Fluids (Rev.)*, *Role of the SN in 504/IDEA (new)*, *Medication Technician Training for School Staff (Rev.)*, *Overexposure to the Sun (Rev.)*, and *Mandated Screening Guidelines (new)*.

Due to the passage of HB 143, the asthma guideline will be reviewed to assure compliance with this legislation on self-administration of asthma inhalers and other emergency drugs for asthma.

The process for development, review, and dissemination of guidelines is being revamped.

Superintendents will now review the guidelines and will offer comments, if they wish. The nine guidelines presented to superintendents at their April 1<sup>st</sup> meeting include:

*Emergency Management of Students in Schools with Known History of Severe Allergic Reactions (Rev.)*,  
*Delegation of Nursing Functions to Unlicensed Direct Care Providers in a School Setting (new)*,  
*Management of Students with Diabetes Mellitus in Schools (Rev.)*,  
*Model Policy – Management of DNR Orders in Maryland Schools (Rev.)*,  
*Documentation of School Health Records (Rev.)*, *Emergency Planning for School Nurses (new)*,  
*Administration of Medication in Schools (Rev.)*, *Guidelines for the Retention of SHS Records (new)*, &  
*Role of Health Services Staff in Schools (Rev.)*.

They have until June 1<sup>st</sup> to return comments. A focus group of superintendents will meet on June 10<sup>th</sup> to review the guidelines and the new process. One superintendent will represent PSSAAM and meet with the specialists from MSDE and DHMH twice a year to review and approve all guidelines.

**Legislation:** Charts showing a summary of pertinent legislation and its status were distributed; a copy is filed with these Minutes.

**5. Local School Health Councils.** Maura Rossman, Chair.

Our next Regional meeting will be held in the Southern Region. Sue Reiman suggested that we invite all LSHC chairs to all Regional meetings.

Michele Prumo thanked Maura for organizing the Regional meetings.

**6. Physical Education.** Linda Coons, Chair.

**7. Program.** Mary Keene, Chair.

See "Fall Program" above under OLD BUSINESS.

**8. Public Relations / Awards.** Eric Fine, Chair.

The Nomination Form for MSSHC Awards will be emailed to Maura Rossman; it will be included on our website.

**9. School Environment.** (Chair to be appointed.)

**10. Staff Wellness.** Karen Heinrich, Chair.

A representative from the American Cancer Society can come to the Fall Meeting for thirty minutes.

**11. Student Services.** Louise Fink, Chair.

**12. Nominating.** Joan Stine, Chair.

**Announcements:**

**Summer Institute for Instructional and Support Staff** was announced by Helen Monk. It will be held at no cost in Frederick County, August 9 – 10. For more information and registration: FCPS.org.

**Our June Meeting** will be omitted: agreement by consensus.

**Calendar:**

Meetings will be held on the third Wednesdays.

Executive Board will meet at Greenwood in Baltimore County, unless otherwise stated.

Regional Meetings for 2006 are scheduled for Southern Region in March and for Western Region in May.

The Chair thanked everyone for their support and adjourned the meeting at 3:00 p.m.

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**Attendance 4-18-05:**

Teresa M. Albright  
Helen Monk  
Vicki Taliaferro  
Michele Prumo  
Maura Rossman

Susan Reiman  
Elaine Smith  
Sharon Doughty  
Marge Hoffmaster  
Donna Behrens

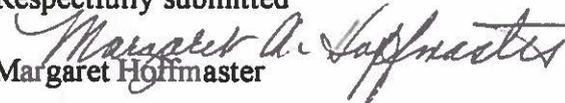
Pat Balducci  
Betsy Gallun  
Eric Fine  
Karen Heinrich  
Penny Bramlett

Respectfully submitted,  
*Teresa M. Albright*  
Teresa M. Albright, B.S., M.Ed., Secretary

Maryland State School Health Council  
Treasurer's Report  
May 18, 2005

Beginning Balance -	\$7990.65
Deposit	
DHMH Support - 4/27/05	5000.00
Expenses	
Web Master (Darby Ashmore) 5/11/05 (check #826)	100.00
Balance	12890.65
Check # 802 – American Cancer Society (3/17/04) - \$272.52 - Still Outstanding	

Respectfully submitted

  
Margaret Hoffmaster

Vendor	Asset	Expense	Total Assets	Total Expenses
MSDE	\$5,000		\$5,000	
DHMH	\$5,000		\$5,000	
OCYF	\$3,500		( \$3,500 ) ?	
Caterers (Regional meetings)		\$450/each		\$1,350
Awards		\$475		\$475
Webmaster		\$100/month		\$1,200
Fall Meeting - Site		\$1,500		\$1,500
Fall Meeting - Speaker		\$1,500 ?		\$1,500
Fall Meeting - Caterer		\$1,000		\$1,000
Fall Meeting - Registration Fee	\$25/person		\$2,500	
Standing Committee Expenses		\$100/each		\$900
SHIP Sponsorship		\$7,500		\$7,500
Web Site Maintenance		\$250		\$250
<b>TOTALS</b>			<b>\$16,000</b>	<b>\$15,675</b>

$$\begin{array}{r} 3500 \text{ ?} \\ \hline 13500 \end{array}$$

<sup>2006</sup>  
**Proposed Budget for Fiscal year 2005**

*add paper costs + postage \$500 }*

## BILLS OF INTEREST TO SCHOOL HEALTH SERVICES/SBHCS

Summary: 2005

Bill Number	Companion Bill ("X") if yes	Title	Outcome
<b>HOUSE</b>			
HJR 5	X (SJR1)	Obesity Awareness	Died in Senate
HB 143		Asthma Drugs and Related Medicine	<b>PASSED</b>
HB 144		Use of Sunscreen	WD
HB 293	(222)	Executive Dept OCYF	Dropped
HB 310	X (307)	Payment of Overtime –Registered Nurses	Unfavorable
HB 327	X (263)	Definition of Abuse	<b>PASSED</b>
HB 407		Safe Schools Reporting Act of 2005	<b>PASSED</b>
HB 503		Requirement to Purchase Calcium Enriched Food and Beverages	Unfavorable
HB 521	X (609)	School Nutrition Program	Unfavorable
HB 525	(233)	PE Standards	<b>PASSED</b>
HB 549		School Health Services Program Coordinator	<b>PASSED HOUSE</b> Unfavorable Senate
HB 627	X (775)	Community Health Care Access and Safety Net of 2005	<b>PASSED</b>
HB 742		Public Health-Abortion-Parental Notice	Died in Committee
HB 900	X (764)	Records Access to Local Health Department (BC/DJS)	<b>PASSED</b>
HB 930		Youth Suicide Prevention School Program	<b>PASSED</b>
HB 932	(759)	Child Care OCYF Transfer to MSDE	<b>PASSED</b>
HB 1210		Immunizations – Exemptions from Requirements	Unfavorable
HB 1238		Audiologists and Speech Pathologist-Licensing Fee	Died in Committee
HB 1375	X (351)	Notice of Drinking Water Contamination	<b>PASSED</b>

h-#

**MARYLAND STATE SCHOOL HEALTH COUNCIL  
EXECUTIVE BOARD MEETING**

ATTENDANCE: Date: May 18, 2005

**NAME**

**ORGANIZATION You Represent  
on the Executive Board**

Please Print!

TERESA M. ALBRIGHT	Maryland State Teachers Assn.
Susan Reiman	H.C.P.S.
PAT BANDUCCI	HARFORD CO. Health De FCPS
Helen Monk	Western MD
ELAINE SMITH	MSDE
Betsy Gallun	MSDE
Vicki Taliaferro	MSDE
Sharon Doughty	P&C Co. H.D.
ERIC FINE	BALTO Co. H.D.
Michele Trumo	Balto Co. Public
MARGE HOFFMASTEK	CARROLL County P.S.
Karen Heinrich	BCPS
Maura Rossman	BCHD
Donna Behrens	Maryland Assembly on School-Box Health Care
Lenny Bramlett	Carroll County Health Dept.

Please Print!

**MARYLAND STATE SCHOOL HEALTH COUNCIL  
EXECUTIVE BOARD MEETING**

Minutes: April 20, 2005

4-20-05

**Welcome and Introductions:** The meeting was called to order by Council Chair, Michele Prumo, R.N., M.S., at 1:10 p.m., at the Greenwood Office – Baltimore County Public Schools, Board Room A. All present were welcomed and invited to introduce themselves.

**Minutes:** The Minutes of the Executive Board Meeting of March 16, 2005, were accepted as distributed.

**Treasurer's Report:** Margaret Hoffmaster.

The Treasurer's Report as of April 20, 2005, reflecting a balance of \$7,990.65, was accepted.

**Maryland Healthy Schools Coalition:**

The Coalition General Body Meeting will be held May 12, 2005, 10:00 a.m. – 12:00 noon at the office of the American Cancer Society in White Marsh.

**OLD BUSINESS:**

**The Central Maryland Regional Meeting** will be held May 18, 2005, at the Carroll County Department of Health, 290 South Center Street, Westminster, MD 11:00 a.m. – 3:00 p.m. Carroll, Howard, and Montgomery Counties will be presenting.

A caterer is being selected; lunch will be served at 12:30 p.m.

**The Fall Program** will be held November 16, 2005, 9:00 a.m. – 3:00 p.m. It will be followed by the Business Meeting of the General Body, 3:00 – 3:30 p.m. Following a discussion concerning the most appropriate location, a motion was made by Barbara Sullivan, seconded by Mardel Knight, and passed unanimously, that we meet at the Great Room, Savage Mill, MD.

MSSHHC will charge each attendee \$15. Labels will be printed, and "hold-the-date" fliers will be sent out before the end of the school year.

**Suggestions:** Provide attendees with announcements of Spring meetings. Include speaker's biography in the announcement of the Fall Program. Add to the Agenda: 3:00 – 3:30 p.m. for the Business Meeting of the General Body.

Louise Fink discussed possible parameters for a new type of MSSHHC award.

**Executive Board Membership Letters** sent out have yielded a reply from the Maryland Association of Secondary School Principals.

**NEW BUSINESS:**

**Role of MSSHHC in YRBS:** This survey will be given every two years. One report comes out; it was suggested that we include the report on our website.

**The Governor's Office for Children, Youth, and Families** no longer exists; references to that Office will be deleted from our Bylaws and listings.

The need for an increase of "Education for Parenting" was raised as a concern by Teresa Albright. It was noted that the need exists for parents of all ages of children.

Considerable discussion resulted in the following suggestions: Include this issue when meeting with the State Superintendent of MSDE and the State Secretary of DHMH. During our May meeting, discuss this with Cheryl DePinto who has been working with focus groups throughout Maryland discussing similar concerns. and Take the concerns to the local school health councils. It was decided that we would wait for the LSHC surveys to be returned, consult Cheryl DePinto, and consider having our Family and Community Partners Committee explore ideas.

## **COMMITTEE REPORTS:**

### **1. Family & Community Partners.** (New Chair to be appointed.)

#### **2. Food and Nutrition Programs.** Elaine Smith, Chair.

Betsy Gallun shared the "Proposal Summary" supplied by Stewart Eidell which describes the main points of the 2005 Team Nutrition Training Grant; a copy is filed with these Minutes.

MSSHC is one of the partners who will be targeting two TN behavior-focused strategies:

- (1) Nutrition education for children and their parents, and
- (2) Build school and community support.

The grant addresses three TN elements:

- (1) Assist LEAs to establish nutrition and physical activity policies.
- (2) Offer mini-grants to local schools and/or LEAs to conduct various nutrition education and physical activities that reinforce the TN messages.
- (3) Collaborate or partner with existing State and local agencies and organizations that have programs and initiatives addressing issues of child nutrition to promote healthy eating and physical activity.

The 2005 TN Grant partners will work with the Summit teams and local school health councils to assist in the design, development, implementation, and evaluation of their school wellness policy as mandated by the Child Nutrition and WIC Reauthorization Act of 2004.

TN partners will

- (1) conduct four regional workshops for the Summit teams and LSHC members to teach them how to design and develop wellness policies;
- (2) provide mini-grants and technical assistance to Summit teams partnered with LSHCs to design local activities that support local needs for implementation and evaluation of their wellness policies; and
- (3) conduct a one-day statewide *Best Practices* conference, *Making Wellness Work!*, to showcase lessons that Summit teams and LSHCs learned from the mini-grant activities.

#### **3. Health Education.** Barbara Sullivan, Chair.

The Health Education Praxis Test has been approved by the Maryland State Board of education as a requirement for hiring new health teachers.

The Health Education Supervisors Briefing will be held April 25 at the Carver Center in Anne Arundel County. During that meeting the status of the Health Education Voluntary State Curriculum (VSC) will be reviewed, the Health Education Assessment Program online course and other web- and text-based instructional opportunities will be explored, the Health Education Survey (SHEP) report will be given, and an update on the revision of the National Health Education Standards will be provided.

The K-8 VSC is online for review at <http://mdk12.org>. The high school VSC is being reviewed by health education supervisors.

**4. Health Services.** Vicki Taliaferro, Chair.

**5. Local School Health Councils.** Maura Rossman, Chair.

The "Maryland Local School Health Council Annual Survey 2005" forms will be sent to the LSHCs in each jurisdiction.

Using the form distributed in March, Prince Georges County has turned in their Report.

Suggestions were made concerning the forms which were distributed at our March meeting for discussion at our meeting today: A hard copy should be sent to each LSHC Chair with the option to complete it electronically from the website (without lines), email it, or fax it to Michele Prumo. and Ask each jurisdiction to attach a current membership list.

**6. Physical Education.** Linda Coons, Chair.

The State Physical Education Meeting will be Tuesday, April 26, 2005.

**7. Program.** Mary Keene, Chair.

See "The Fall Program" above under OLD BUSINESS.

**8. Public Relations / Awards.** Eric Fine, Chair.

**9. School Environment.** (Chair to be appointed.)

**10. Staff Wellness.** Karen Heinrich, Chair.

There are good role models participating in the Active for Life program in Harford County.

Karen suggested that representative from the American Cancer Society be invited to address the LSHC representatives during our November 16, 2005 Fall Meeting; this could be included with the team-building activities 2:00 – 2:45 p.m.

**11. Student Services.** Louise Fink, Chair.

**12. Nominating.** Joan Stine, Chair.

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The meeting was adjourned at 2:50 p.m.

**Attendance 4-20-05:**

Teresa M. Albright  
Barb Sullivan  
Sharon L. Doughty  
Michele Prumo  
Louise L. Fink

Mardel E. Knight  
Betsy Gallun  
Helen L. Monk  
Penny Bramlett  
Sue Reiman

Karen Heinrich  
Carole Pinckney  
Mary Keene  
Maura Rossman

Respectfully submitted,  
*Teresa M. Albright*  
Teresa M. Albright, B.S., M.Ed., Secretary

**MARYLAND STATE SCHOOL HEALTH COUNCIL  
EXECUTIVE BOARD MEETING**

ATTENDANCE: Date: April 20, 2005

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NAME	ORGANIZATION You Represent	
TERESA M. ALBRIGHT	Maryland State Teachers Association	
Mardel E. Knight	Maryland Department of the <sup>ENVIRONMENT</sup>	
Karen Heinrich	BCPS	
<del>BARB</del> SULLIVAN	BCPS - HEALTH ED.	
Betsy Gallon	MSDE	
CAROLE PINCKNEY	PGCPS	So. Region
Sharon L Doughty	Prince Georges Co. H.D.	So. Region
Helen L. Mank	Frederick Co Public Schools	FCPS & Western MD region
Mary Keene	Maryland Association of Counseling and Development	
Anshula Dumeo	BCPS	
Perry Bramlett	CCHD	
Nauna Fossman	BCHD	
Dawni A. Tub	BCPS	
Sue Reiman	H. C. P. S.	Metro Region

**Maryland State School Health Council  
Treasurer's Report  
April 20, 2005**

Beginning Balance - -	\$8090.65
Expenses	
Web Master (Darby Ashmore) 3/16/05	100.00
Replacement Check for 2/03/04	
Web Master (Darby Ashmore) 4/11/05	100.00
Re entered amount uncashed check #797	100.00
Balance	\$7,990.65

Check # 802 -- American Cancer Society (3/17/04) - \$272.52 - Still Outstanding

Respectfully submitted

Margaret Hoffmaster

### Proposal Summary

The Maryland State Department of Education's (MSDE) 2005 Team Nutrition (TN) Training Grant proposal supports the promotion of healthy eating and physical activity for children while it builds upon the activities from the MSDE 2003 TN Training Grant. In that 2003 TN grant, the School and Community Nutrition Programs Branch (SCNPB) of MSDE partnered with Maryland Action for Healthy Kids (MAFHK) and built 24 teams during a 2-day *Motivate, Educate, Activate* Summit. Subsequently, the Summit teams created and implemented action plans designed to enhance the healthy school environment.

To continue the support of the original Summit teams, the 2005 TN Grant continues the partnership with MSDE's SCNPB and Division of Instruction, MAFHK, the Maryland Department of Health and Mental Hygiene (MDHMH), and the Maryland State School Health Council (MSSHC) in creating and implementing local wellness policies. The partners will target the following two TN behavior-focused strategies:

- nutrition education for children and their parents, and
- build school and community support.

The grant will address three TN elements:

- assist Local Educational Agencies (LEA) to establish nutrition and physical activity policies;
- offer mini-grants to local schools and/or LEAs to conduct various nutrition education and physical activities that reinforce the TN messages; and
- collaborate or partner with existing State and local agencies and organizations that have programs and initiatives addressing issues of child nutrition to promote healthy eating and physical activity.

The 2005 TN Grant partners will work with the Summit teams and local school health councils to assist in the design, development, implementation, and evaluation of their school wellness policy as mandated by the Child Nutrition and WIC Reauthorization Act of 2004. Team Nutrition Grant partners will use the following three activities to accomplish the TN elements listed above:

- conduct four regional workshops for the Summit teams and local school health council members to teach them how to design and develop wellness policies;
- provide mini-grants and technical assistance to Summit teams partnered with local school health councils to design local activities that support local needs for implementation and evaluation of their wellness policies; and
- conduct a one-day statewide *Best Practices* conference, *Making Wellness Work!*, to showcase lessons that Summit teams and local school health councils learned from the mini-grant activities.

**MARYLAND STATE SCHOOL HEALTH COUNCIL  
EXECUTIVE BOARD MEETING**

Minutes: March 16, 2005

3-16-05

**Welcome and Introductions:** The meeting was called to order by Council Chair, Michele Prumo, R.N., M.S., at 1:10 p.m., at the Greenwood Office – Baltimore County Public Schools, Board Room A. All present were welcomed and invited to introduce themselves.

It was announced that Elaine Smith would be taking Ellen Bosley's place on the Board.

**Minutes:** The Minutes of the Executive Board Meeting of February 16, 2005, were accepted as distributed. The Chair expressed appreciation for Karen Heinrich recording and preparing the Minutes due to the absence of the Secretary. The Secretary thanks Karen as well.

**Treasurer's Report:** Marge Hoffmaster.

The Treasurer's Report as of March 11, 2005, reflecting a balance of \$8,190.65, was accepted. The Board discussed expected expenses for the year.

**Maryland Healthy Schools Coalition Report:**

To date – Senate Bill 233, companion bill for HB 525 successfully passed the full Senate.

On March 8, SB 609 – the Senate companion bill for HB 521 and SB 473 – The Student Health Promotion Act of 2005, was heard in the Senate Education, Health and Environmental Affairs Committee.

On March 14, the Coalition had a conference call to discuss the upcoming Hearing for HB 521 – Nutrition Education Program and HB 525 – Physical Education Program Standards. Hearing is scheduled for both bills on March 17 at 1 p.m. in House Ways and Means Committee. HB 525 is Maryland Healthy Schools Coalition priority Bill this year. Patricia Brownlee will be testifying on behalf of the Coalition.

SB 233 – HB 525 – Requiring public schools to have a physical education program that meets specified minimum standards, requiring the State department of education to employ a full-time director of physical education, and requiring the director to assist the county boards of education in developing and implementing plans to meet the minimum requirements.

SB 609 / HB 521 – Establishing a School Nutrition Program; requiring local school systems to serve specified required foods that follow specified requirements regarding portion sizes, sodium content, and method of preparation; prohibiting specified beverages and unhealthy foods from being served in public schools between the hours of 12:01 a.m. and the end of the last lunch period.

SB 473: Requiring each county board of education to include the importance of physical activity as part of instruction in health education; requiring each county board to establish a nutrition policy on or before January 31, 2006, that applies to all foods and beverages made available to students during the school day; requiring the nutrition policy to be implemented by the start of the 2006-2007 school year; requiring all vending machines in public schools to have and use a timing device in accordance with the nutrition policy.

To find out more information about these bills, visit [www.mlis.state.md.us](http://www.mlis.state.md.us).

**Update – Website / Webmaster:** Our webmaster, Darby Ashmore, helped us to explore ideas concerning how we could best use our website. We are encouraged to check there for information and notices. Since one of our aims is to be of more use to our local school health councils, the website will include information regarding the Council Chairs. It was suggested that it might be useful for MSSHC to be a link on the ASHA website and that a link to the Maryland Healthy Schools Coalition website could be useful for accessing information about legislation.

Darby was invited to our June 15, 2005, meeting to continue the discussion.

### **OLD BUSINESS:**

**Letters to Executive Board Members:** In order to bring representation up-to-date, Michelle Prumo sent letters three weeks ago to organizations represented on the Executive Board if a global address was available; letters were sent to individuals as well.

**Review of Evaluations for February Regional Meeting:** Michele Prumo distributed summaries of the Baltimore Metro Regional Meeting held February 16, 2005. The evaluations reflected positive comments concerning the helpfulness of the regional meeting, and suggestions were made concerning future topics. A copy of the summary is filed with these Minutes.

**Fall Program November 16, 2005:** The program is being planned by Mary Keene, Chair; Pat Balducci, Michele Prumo and Sue Reiman. (Mary is unable to attend today because she is in California.) They will select a site for the meeting. A tentative agenda was distributed; after adjustments, it is as follows:

9:00 – 9:30 a.m.	Registration and Continental Breakfast
9:30 – 9:45 a.m.	Welcome and Introduction - Michelle Prumo
9:45 – 10:45 a.m.	Keynote Topic: Self-Mutilation -Dr. Elizabeth Revell
10:45 – 11:00 a.m.	Break
11:00 a.m. – 1:00 p.m.	Keynote (Continued)
1:00 – 2:00 p.m.	Lunch and Award Presentation
2:00 – 2:45 p.m.	Local Team-Building Activities
2:45 – 3:00 p.m.	Wrap-up Evaluation

The Local Team-Building time will allow for planning how the LSHCs can promote the topics. Sue will call the speaker to confirm, and Michele will call Mary on Tuesday. The Coalition would like to share their agenda during the Fall Meeting. A notice, including the schedule, will be on our Website. Large “save-the-date” postcards will be mailed.

### **NEW BUSINESS:**

**Board Meeting:** The next Executive Board Meeting will be April 20, 2005, at Greenwood.  
(Note change.)

**Regional Meeting:** The Central Maryland Regional Meeting - Carroll, Howard, and Montgomery Counties - will be May 18, 2005, (note change). Site possibilities will be explored.

**YRBS:** MSSHC will maintain a supportive role in YRBS.

**Announcements:**

**“Take 15 for the Family – For the Health of It”:** Eric Fine announced this program to be held March 24, 2005, at Hereford Middle School. Michele Prumo was invited but is unable to attend; Eric Fine will represent us.

**Hand Washing:** An email was received from Anne Arundel County regarding an inquiry about hand washing. Related information can be found at the website [www.cdc.com](http://www.cdc.com). Vicki Taliaferro will be asked to check into this.

**Harford County** is participating in Active for Life; 2000 of 5000 employees are involved. Many creative incentives are being incorporated.

**COMMITTEE REPORTS:**

**1. Family & Community Partners.** (New Chair to be appointed.)

**2. Food and Nutrition Programs.** Elaine Smith, Chair.

The State Board of Education and all the Superintendents have approved the Management and Operations Memorandum Number 012 (3/05) –“MOM 12” – that addresses foods of minimum nutritional value, vending machines, and other food choices in the public school food and nutrition programs. A copy was emailed to the MSSHC Secretary and is filed with these Minutes. Information may be found at website [www.eatsmartmaryland.org](http://www.eatsmartmaryland.org).

USDA has announced that all Local Educational Agencies will have a Wellness Policy established and in place by fall 2006.

MSDE has provided a grant to promote healthy eating and physical activity via public service announcements. This is a partnership with Maryland PTA, the MD Dietetic Association, MSDE, and First Lady Kendel Erlich.

**3. Health Education.** Barbara Sullivan, Chair.

**4. Health Services.** Vicki Taliaferro, Chair. Donna Mazyck reporting.

School Health Services Guidelines: The Committee continues to develop and review guidelines. This year the guidelines we are addressing include:

(Rev.): “Diabetes”, “Hemophilia”, “Body Fluids”, “Medication Technician Training for School Staff”, and “Overexposure to the Sun”.

(New): “Role of the SN in 504/IDEA”, “Mandated Screening Guidelines”.

The process for development, review, and dissemination of guidelines is being revamped.

Legislation: Several bills are noteworthy:

SB 222 / HB 293 – Governor’s Office of Children, Youth, and Families

SB 233 – Physical Education Standards

HB 143 – Asthma Inhalers in Schools

SB 473 – School Health Promotion

HB 144 – Sunscreen in Schools

SB 506 – Meningococcal Disease

HB 549 – School Health Services Program Coordinator

SB 609 – School Nutrition Program

HB 1210 – Immunizations – Exemptions from

SB 800 – Child Health Advisory Council

Requirements

**5. Local School Health Councils.** Maura Rossman, Chair.

The Central Maryland Regional Meeting will be in May.

Efforts are being made to receive more feedback from the local school health councils. Drafts of a letter to the LSHC Chairs and a Maryland LSHC Annual Survey 2005 form were distributed. These will be discussed at our April meeting.

A letter was received from Steward Eidell concerning Team Nutrition and local relevancy by using LSHCs. There will be a meeting at MSDE March 24, 2005, 1 – 4 p.m.

**6. Physical Education.** Linda Coons, Chair.

**7. Program.** Mary Keene, Chair.

See "Fall Program – November 16, 2005" above.

**8. Public Relations / Awards.** Eric Fine, Chair.

Letters inviting nominations for awards will be sent out in mid-September.

**9. School Environment.** (Chair to be appointed.)

**10. Staff Wellness.** Karen Heinrich, Chair.

**11. Student Services.** Louise Fink, Chair.

**12. Nominating.** Joan Stine, Chair.

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The meeting was adjourned at 3:00 p.m.

**Attendance:**

Teresa M. Albright

Sharon Doughty

Nancy Rozgony (MSDE Intern)

Darby Ashmore (Webmaster)

Maura Rossman

Donna Mazyck

Susan Reiman

Sherry McCammon

Elaine Smith

Helen Monk

Joan Stine

Cheryl DePinto

Pat Balducci

Deborah Frye

Marge Hoffmaster

Eric M. Fine, MD

Louise Fink

Michele Prumo

Respectfully submitted,  
*Teresa M. Albright*  
Teresa M. Albright, B.S., M.Ed., Secretary

**MARYLAND STATE SCHOOL HEALTH COUNCIL  
EXECUTIVE BOARD MEETING**

ATTENDANCE: Date: 3-16-05

Please print!

**NAME**

**ORGANIZATION**

*you represent on the Council*

TERESA M. ALBRIGHT	Maryland State Teachers Association
Susan Reiman	HCPs
RAT Baroneci	
Sharon Doughty	Pt Co. HD
Sherry McCammon	MD Healthy Schools Coalition
Deborah Frye	FCHD
Nancy Rozgony	MSDE - internal
ELAINE Smith	MSDE -
MIRRE HOFFHAUSER	CARROLL COUNTY P.S.
DARBY ASHMORE	CARROLL COUNTY PUBLIC SCHOOLS - WEB
Helen Monk	FAPS
ERIC M FINE, MD	BCDH / MED CHI
Maura Rossman	BCHD
JOAN STINE Joan Stine	DHMH
Arva & Funk	BCPSS
Donna Mazyck	MSDE
Cheryl DePinto	DHMH
Michele Prumo	

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# Maryland State School Health Council

Executive Board Meeting  
Minutes: February 16, 2005

12-16-05

**Call to Order:** The meeting was called to order by Michele Prumo, R.N., M.S., at 1:30, at Kennedy Krieger High School in Baltimore City.

**Minutes:** The Minutes of the Executive Board Meeting of December 15, 2004 were accepted as distributed. The January meeting was canceled due to snow.

**Treasurer's Report:** Betsey Gallun

Current balance \$15,691.15 before the SHIP payment of \$7500. Marge Hoffmaster took over as treasurer. Michele asked Marge to put together a proposed budget for annual expenses.

**Maryland Healthy School Coalition Report:** Sherry McCammon was not in attendance but sent a verbal report through Betsey Gallun. Sherry testified last week in favor of Bill 233. This bill is still in committee. She will bring more information to the next meeting.

**Old Business:**

Michele reported on a letter she wrote asking Nancy Grasmick and Mr. Sabatini to appoint health officers who will be active in the council.

Dr. Fine reported on a presentation he made at a round table meeting with Health Officers on January 12. He received some encouraging feedback from the Health Officers regarding appointments. Michele will follow up with an email to the Health Officers.

**New Business:**

Anne Arundel School Health Council meeting February 28. They asked that someone from the MSSHC attend to offer guidance. Michele will try to go if representatives from Harford County cannot attend.

Maura raised the question of local school health councils submitting an annual report with their yearly business. Options were discussed regarding specifics of this proposal. It was decided that reports should be submitted by May 1 from each county in order for Michele to report to the State in July. Maura will draft a letter to school health chairs asking them to submit a report. A draft will be brought to the next meeting.

**Fall Conference:**

Mary Keene updated on prices at Turf Valley for the Wednesday, November 16, 2005 fall conference. Much discussion took place regarding the direction we would like to go with the fall conference. Betsey Gallun would like to see the council go back to a larger conference with possible break out sessions and work sessions. Michele pointed out that it was decided in December that we would support SHIP in lieu of a large expensive conference of our own. A committee was formed in order to help Mary with this project.